

ANACLA NEWS



Sorry to say we didn't have enough of a spawn to share herring roe harvest this year. The Barkley Sound spawn was very light.

HAPPY Birthday



BARRY HALVORSON

MARCH 29

VIRTUAL RECOVERY GROUP

Date and time to be determined by consensus, and in-person virtual meeting to be discussed for a later date.

If interested in joining the group, please contact Rena Johnson at rena.j@huuayaht.org or call the Child and family Wellness office at 778-419-1013.



CARVINGS FOR SALE!

House #250 Mulsit Rd.

Bruce Nookemus

What's Happening?

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Adult Only Basketball 7:30 - 9:30 p.m at BCS Gym March 29	***Dave Zyrd, Howie Morris*** **BCSA Kids After School Club** 3 - 4:30 p.m.	**Virtual Cultural and History Night** Start at 6 p.m. **All-ages Basketball** 7:30 - 9:30 p.m at BCS Gym April 1, 2022		

Are you planning a fundraiser, event or have an announcement you would like shared in the Anacla News?

Send your fundraiser, event, or announcement to the Huu-ay-aht communications team. Please include; details such as the date, time, locations, and what it is about.



Deadline to submit details is every Tuesday for the following week

For Anacla News submissions please contact, Victoria Nookemus at 250-728-3414 ext. 214 or victoria.n@@huuayaht.org.

CRIME STOPPERS
CALL 713.222.TIPS

Crime threatens the well-being of our children, our families, and it tears apart our communities. Citizens can disrupt crime by sharing knowledge about criminal activities.

If you or someone else needs immediate police assistance, call 911.

- If you have information about criminal activity, and are not concerned about revealing your identity, call your local police non-emergency line

(Port Alberni and Anacla call 250-723-2424)

- If you have knowledge about a crime and want to remain anonymous, call Crime Stoppers at 1 (800) 222-8477.

By reporting crime, you are one of tens of thousands of people in BC who have helped to identify drug labs and dealers, catch wanted fugitives, solve arson, thefts, and robberies, and apprehend criminals wanted for violent assaults and murders. One missing piece of the puzzle can make a difference. Aside from being the right thing to do, you may also be eligible for a reward for your tip information.

Crimestoppers wants your information – not your name!
If you are concerned about something that is happening in the community, you can make an anonymous call. For more info see bccrimestoppers.com

Stay safe, keep your family safe, keep your community safe.

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ANACLA RESIDENCE ,

If you need Income Assistance, please make an appointment with Kristen Young no later than April 20th, 2022 to complete this month's application and renewal. You will need the following documents to complete your application.

- All adult applicants but have two pieces of ID one photo and one other i.e., birth certificate: and one piece of ID for each dependent child.
- 2021 tax assessments (if you need assistance filing your taxes please contact Kristen)
- Bank statements
- Most recent pay stub and or EI payment stub
- CCB statement
- Current rent receipt; rental or lease agreement
- Recent utility bills (hydro, phone, fuel, firewood)

Community members who need to apply for Income Assistance or renew as a client of the program have the following responsibilities (Section 1.3 of Income Assistance Policy)

- To conduct themselves in a prompt, courteous and respectful manner.
- To actively seek work and attend programs, training and sessions as directed.
- If employable, to actively seek work. Clients must be available for any job they are capable of.
- To have or promptly apply for a social insurance number and to provide the appropriate identification for themselves and other family members as required.
- To provide all necessary information to the Social Development Worker and sign the application form.
- To pursue any other income that they may be entitled to, for example, employment insurance benefits, workers compensation, family maintenance, or spousal support.

Office: Anacla Government Office, 170 Nookemus Road, Anacla, B.C., V0R 1B0
Phone: 1.888.644.4555 | 250.728.3414 | Fax: 250.728.1222
Mail: Port Alberni Government Office, 4644 Adelaide Street, Port Alberni, B.C., V9Y 6N4
Phone: 250.723.0100 | Fax: 250.723.4646

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- To first use any assets and income before seeking assistance from the Income Assistance Program.
- To take personal responsibility for becoming self-supporting.
- To be involved in the process of establishing eligibility for their benefits.
- To provide documentation to support their application when requested. All documentation is subject to verification. Clients providing false information will be subject to criminal charges.

Clients who meet any of the following criteria are not eligible for IA benefits: (Section 2.2 of Income Assistance Policy)

Healthy, employable, able-bodied persons between 19 and 55 years, who do not seek employment or accept available suitable employment, education, or training.

a. Persons who quit work, except with just cause.
b. Persons who are terminated from their job because they did not comply with reasonable job requirements (for example, by not showing up for work).
c. Persons who do not apply for Employment Insurance (EI) benefits, or who are disqualified from EI benefits because they failed to comply with program requirements.
d. Person who receives an unforeseen fortune or substantial monetary gain.
e. Persons who do not submit Monthly Renewal Forms as required.
f. Persons with monthly income or assets more than the allowable maximum (see 2.5, Income and Exemptions).

Note: Persons who meet criteria b, c, or d are not eligible for IA benefits for a 30-day period from the last day of work, although they may be eligible for hardship funds (see 2.6, Hardship). Whenever a decision is made to terminate a person's benefits, they have the right to appeal the decision.

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Huu-ay-aht First Nation Housing Update

The subdivision in Upper Anacla is nearing completion of the new CMHC funded units. These will be occupied over the next two months. There are some vacancies that have been created with current tenants moving into other units, and these are also being filled.

All current and new tenants have been notified and all have signed new rental agreements on March 21.

Currently, there are no units available, but this may change with some vacancies coming up as people move to other locations or other housing circumstances. A housing list has been created for those interested in moving to Upper Anacla. With the financial assistance of BC Housing, the Nation is planning the construction of eight new units in a fourplex and two duplexes on Nookemus Road.

In order to get on the housing list, you will need to complete a housing application which is available on the website (www.huuayaht.org) on the Housing page. Please note that these units will be filled on the basis of need and having the right match of the size of the unit and the number of occupants, not on a "first come" basis.

Inquiries can be made at rentalhousing@huuayaht.org.

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WORK WITH HUU-AY-AHT

Huu-ay-aht First Nation has new employment opportunities updated on their website!

These opportunities are an Administrative Assistant to Chief Councillor, West Coast Trail Guardian, and Communications Assistant

Check out the Huu-ay-aht website for further information and details on how to apply!

https://huuayaht.org/whats-happening/work-with-us/

NANANIIQSU MEMBERS

SOCIAL THEME: SHOW AND SHARE

WHEN
Tuesday, March 29, 2022
Start: 10 a.m.
(Lunch served at noon)

WHERE
Huu-ay-aht Port Alberni Government Office

If you have any questions, please contact Kristen Young at 250-728-3414 or kristen.y@huuayaht.org

COVID PROTOCOLS APPLY

COMMUNITY DINNER

DOOR PRIZES | CULTURAL SHARING | GATHER

WHEN
Monday, March 28, 2022
Start: 5:30 p.m.

WHERE
House of Huu-ay-aht

If you have any questions please contact, Kimberly Nookemus at 250-728-3414 ext. 208 or kimberly.n@huuayaht.org

COVID PROTOCOLS APPLY



Newsletter Deliverers Wanted!

The communications team are looking for local youth who are interested in delivering newsletters on Friday's. We are looking for both lower and upper Anacla newsletter deliverers.

(WHILE PRACTICING COVID SAFETY).

$10 Lower Anacla Delivery Honorarium
$10 Upper Anacla Delivery Honorarium

Those interested, please contact communications at communications@huuayaht.org or 250-728-3414 or 250-723-0100

INSPIRATION STATION

Things to remember:
Setbacks don't equal failure,
You are allowed to set boundaries,
You are more than an illness, It's okay to rest, Not everything you think is true



“Let your story go. Allow yourself to be present with who you are right now.” – Russ Kyle

“Emotional pain is not something that should be hidden away and never spoken about. There is truth in your pain, there is growth in your pain, but only if it’s first brought out into the open.” — Steven Aitchison



"I do not fix my problems.I fix my thinking. Then problems fix themselves." -Louise Hag

"Once you replace negative thoughts with positive ones, you'll start having positive results" - Willie Nelson

"Give yourself a break. Stop beating yourself up! Everyone makes mistakes, has set backs and failures. You don't come with a book on how to get it right all the time. You will fail sometimes, not because you planned to, but simply because you're human. Failure is apart of creating a great life". -Les Brown



"We need more help, positivity, encouragement, love, kindness of words and deeds, understanding, thoughtfulness for each other. Not negativity. Spread smiles everywhere you go!" - Herbs health Happiness

“Let your story go. Allow yourself to be present with who you are right now.” – Russ Kyle

Group Throw Back Pictures



Top Row: *Rosanne Young, Irene Williams, Karen Haugen, Ruby Burkholder, Connie Waddell, Steve Grey, Stella Peters, Ed Johnson Sr., Benny Clappis, and Trudy Warner.* ***Middle Row****: Dempsey Dennis, Robert Dennis Sr., Larry Johnson, Spencer Peters, and Richard Nookemus* ***Bottom Row****: Derek Peters, Stefan Ochman, Denny Duroucher,and Tom Happynook Sr.*

Top Row: *Theresa Peters, Michelle Nookemus, Amanda-Lee Cunningham, Annie Clappis, Violet Passmore, unknown, Marie Newfield, Pracilla, Pat Lecoy, and Deb Cook.* ***Bottom Row****: Rachel Young, Becki Nookemis, and Ron Hamilton*



NUU-CHAH-NULTH PRONUNCIATION

The Vowels

We have both long vowels and short vowels. Long vowels are written doubled and short vowels have a single symbol:
short vowel: a, i, and u. Long vowel aa, ii, uu.



For the most part, we use only these X vowels (in their long and short varieties), but some forms of our language also have distinctive vowel sounds that we write o, e, and a ('which is the u sound in nut').

Our vowels almost always have the same sound. In English, the same sound can be written in several ways; for instance, the 'o-sound' is written differently in each of these words: so, sew, blow, though, toe, oh, note, boat, chateau. In our writing system, vowels always have the same sound, with a few exceptions caused by the consonants around them.

Guide to Reading and pronunciation

Here are some examples of each of the vowel sounds with words that will allow you to hear their sounds. Remember that long vowels are both held a little longer and usually have a different sound than the short vowels:

a and aa Short a has the sound in English what. Long aa has the sound in the British pronunciation of father the first part of a sneeze, qh-choo!
Examples:
ʔaya - many ʔaama - loon y'am'a - salalherry paawac/paawic - nest

i and ii Short i has the sound in English ij
Long ii has the sound in English Pepsi or greed-
Examples:
ʔink - fire ʔiiḥ - big nism'a - land nučii - mountain

u and uu Short u has the sounds of English took or English note.
Long uu has the sounds of English boot or English road
Examples:
ʔunaak - to have ʔuuʔuuquk - nice weather n'upu - six
nuučaan'uł - we who live up against the mountains