ANACLA



POSTPONED

K - COMING TOGETHER

Community Engagement Sessions

A discussion about the recent Tribunal Hearing

CULTURAL SUPPORTS WILL BE AVAILABLE

Wednesday, July 6
Anacla
House of Huu-ay-aht

Tuesday, July 12
Nanaimo
The Coast Bastion
11 Bastion St.

Monday, July 11
Port Alberni
The Argyle Room
(5022 Argyle St. Unit A)

Thursday, July 21
Victoria
Songhees Wellness Centre
1100 Admirals Rd.

Friday, July 22
Vancouver
The Aboriginal Mother Centre
2019 Dundas St.

Doors open at 4:30 p.m.
Dinner served at 5 p.m.
Meeting 6 - 8 p.m.

CHILDMINDING WILL BE AVAILABLE

WHAT'S HAPPENING?

SUNDAY

MONDAY

TUESDAY

WEDNESDAY
NTC Nurses
Quu'asa Team
June 29

THURSDAY
Virtual Cultural and History Night
Start at 6 p.m.
BCS All-ages Basketball
7:30 - 9:30 p.m

FRIDAY
Office Closed
Canada Day

SATURDAY

HAPPY BIRTHDAY



Patsy Lecoy
June 28





Justin Nookemus
June 29



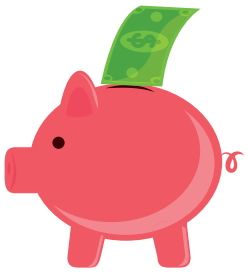


Wilfred Dennis
June 30



WE ARE LOOKING FOR

SOMEONE TO DELIVER THE ANACLA NEWSLETTER IN UPPER AND LOWER ANACLA ON FRIDAYS OF EVERY WEEK



$20 LOWER ANACLA
$20 UPPER ANACLA
DELIVERY HONORARIUM



IF YOU ARE INTERESTED, PLEASE CALL VICTORIA AT THE ANACLA OFFICE AT 250-728-3414

WEDNESDAY, JULY 6

Quu?asa Wellness Worker
Howard Morris

Quu?asa Clinical Counsellor
David Zryd

Home Care Nurse
Laurie Sinclair

If you would like to book an appointment, call 250-728-3414



ANACLA ROAD RESURFACING PROJECT HAS STARTED!

Be prepared to start experiencing time delays and to see workers on Bamfield Main Road.

If you have any questions please contact our communication team at communications@huuayaht.org or Communications Manager Amanda-Lee at 250-723-0100

Huu-ay-aht First Nations Child and Family Wellness Emergency After-hours: 250-731-6999

If you receive a call from a Child Protection Service Social Worker, or a Social Worker comes to your door after business hours or during office closures, please take the following steps:

1. **Immediately call the Child and Family Wellness After-Hours Phone at 250-731-6999 and leave a detailed message and a staff person will return your call as soon as possible.**
2. **Tell the Social Worker it's your inherent and legal right to have representation from Huu-ay-aht and that you have contacted**
3. **Huu-ay-aht staff.**
4. **Wait for a staff person to call back before discussing with Social Worker.**



CARVINGS FOR SALE!

PLEASE CONTACT BRUCE NOOKEMUS ON CLUTUS ROAD, IN LOWER ANACLA.

CANCELED

HUU-AY-AHT CITIZENS

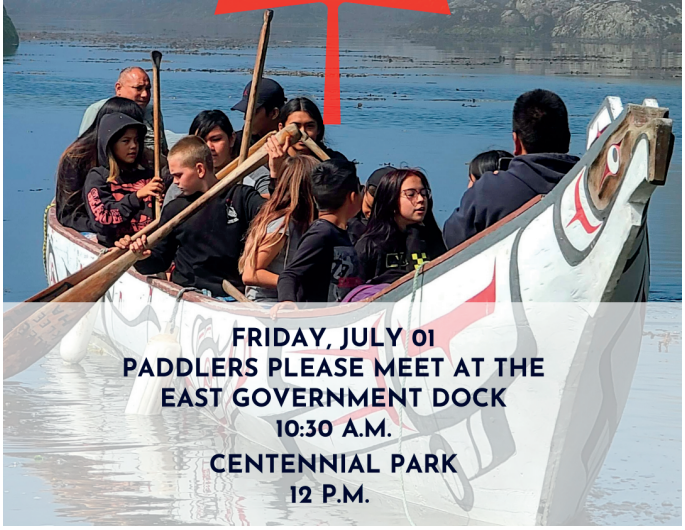
Family Swim

PLEASE NOTE, THERE WILL BE NO SWIM JUNE 25 AND JULY 02

PADDLERS NEEDED

BAMFIELD

HAPPY CANADA DAY BOAT PARADE



FRIDAY, JULY 01
PADDLERS PLEASE MEET AT THE EAST GOVERNMENT DOCK
10:30 A.M.
CENTENNIAL PARK
12 P.M.

Bamfield Community School Association

Calling all youth aged 15(ish) to 30 years old. WE NEED YOU!

Come for a pizza and salad feast, collect a $30 gift card for a local business and be put in a draw for a $250 Walmart gift card.

Why? As part of the Community Building Youth Futures program, we need to hear from our local youth on what it takes to build a healthy future. Is it a certain course, a program, event, or support of any kind?

Join us and stay for basketball! A ride to the event from Anacla will be provided if needed. Anyone needing support in transportation otherwise, contact us and we will help! Please rsvp bcsacoordinator@gmail.com so we can be sure to have enough supplies and be sure to assist in transportation costs. Questions? Call Sally at 250-728-1220

6pm June 30 at BCS



ADAPS Canada TAMARACK INSTITUTE ALBERNI CLAYOQUOT HEALTH NETWORK

Let's Talk About Teeth: Eating for Healthy Smiles

island health

Meals and Snacks

- Every time we eat, teeth are exposed to acid and there is a risk for developing tooth decay.
- Teeth need breaks between meals and snacks to recover from acid exposures.
- Less grazing throughout the day helps children build healthy smiles.



Healthy Snacks

- Offer a snack containing two food groups between meals.
- Vegetables, fruit, cheese, nut and seed butters and whole grains are some options.
- Check out Canada's Food Guide for more ideas.



Reduce risk of tooth decay.

- Limit sticky/sugary foods and sweet drinks (dried fruit, chips, crackers, candy, juice).
- Avoid using food as treats or rewards.
- Rinse with water after eating. Brush with fluoride toothpaste twice daily.



Positive Mealtimes

- The adult decides what foods to eat, when and where. Let the child decide whether to eat and how much.
- Sit down and eat with children as often as possible.
- Kids thrive on relaxed eating times and regular routines.



Public Health P-303-18-22

If we graze all day, the greater the risk for tooth decay!

HUU-AY-AHT
RECOVERING, COLLECTING AND SHARING OUR LANGUAGE



huu ay aht
ANCIENT SPIRIT, MODERN MIND

The Huu-ay-aht Social Services Project Evaluation 2020 highlighted "There is a keen interest by many in having more cultural events and programs, as well as better access to greater language and cultural education.

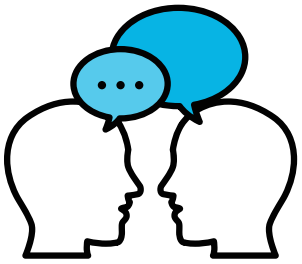
We are interested in connecting with language speakers, storytellers and knowledge keepers about Huu-ay-aht history, stories and language. Huu-ay-aht is partnering with First Nations Education Foundation to ensure our language is recovered and collected so we can share it with present and future generations.

We will be hosting Community Language Dinners in Port Alberni and Anacla to discuss this exciting project and how you can be involved.

Port Alberni
Lawn Bowling Club
(425 Wallace st.)
Monday, June 27
5 p.m.

Anacla
House of Huu-ay-aht
Wednesday, June 29
5 p.m.

For more information, please contact Shannon Zimmerman, Director of Child and Family Wellness, at 250-723-0100 extension 227 or shannon.z@huuayaht.org



Have you updated your address and contact details up to date with the nation?

If not, please contact 250-723-0100 or alexis.y@huuayaht.org

zoom
VIRTUAL RECOVERY SHARING CIRCLE

WITH RENA JOHNSON AND MEL EDWARDS

Wednesdays
Starting at 11 a.m.

Meeting ID:
858 2081 6084
Passcode:
965764

Parents who would like to attend, please contact Child and family wellness at 250-723-0100 for gas money

PARENTING IN THE PARK

Celebrate summer in an interactive parent-child, group environment, of respect and empathy

Every Tuesday, June 7- August 30, 2022

2:30pm-4:00pm Rain or Shine
Roger Creek Park

SNACKS AND SERVICES PROVIDED BY
CHILD AND YOUTH SERVICES, NTC

Huu-ay-aht First Nations

2022 SUMMER Culture Camp



July 20-24



LOCATION: DIANA ISLAND

Details:

- Children 9 years and older who are comfortable with being away from parents may attend without parents
- Children 8 years and under will require parents supervision and can join from July 22-24
- Parents and all Huu-ay-aht citizens are welcome to join from July 22-24

Registration will begin Monday, June 27 with Rachel Young at rachel_y@huuayaht.org or call 1-888-644-4555

Deadline to register: Wednesday, July 13

Ways to register:

Forms are available at the Anacla Government Office

or

Online: https://www.surveymonkey.com/r/HPQD5YH

REGISTRATION NOW OPEN!



HUU-AY-AHT CITIZENS ARE INVITED TO JOIN US IN HUU-AY-AHT ḤAHUUŁI (TERRITORY) TO CELEBRATE HUU-AY-AHT CULTURE

PACHENA BEACH
AUGUST 12-14

PLEASE REGISTER ONLINE AT WWW.HUUAYAHT.ORG OR PHONE SHEILA DURING OFFICE HOURS (8:30 A.M. - 4 P.M.) AT 250-731-5676

REGISTRATION DEADLINE JULY 8

THROW BACK PICTURES



Natalie and Katie Clappis



Huu-ay-aht Citizens Celebrating Canada Day

NUU-CHAH-NULTH PHRASE OF THE WEEK

čiic ʕaqƛ-maḥsamaḥ
cheets-uktl maḥ sa maḥ
I am a fisherman

