ANACLA NEWS

Volume 59

Receiving Anacla News

Would you like to receive Anacla News by email or pick up at Anacla office? Please tell us by filling out the online form (scan QR code) or call the Port Alberni Office at 250-723-0100 and ask for communications.

HUU-AY-AHT FIRST NATIONS

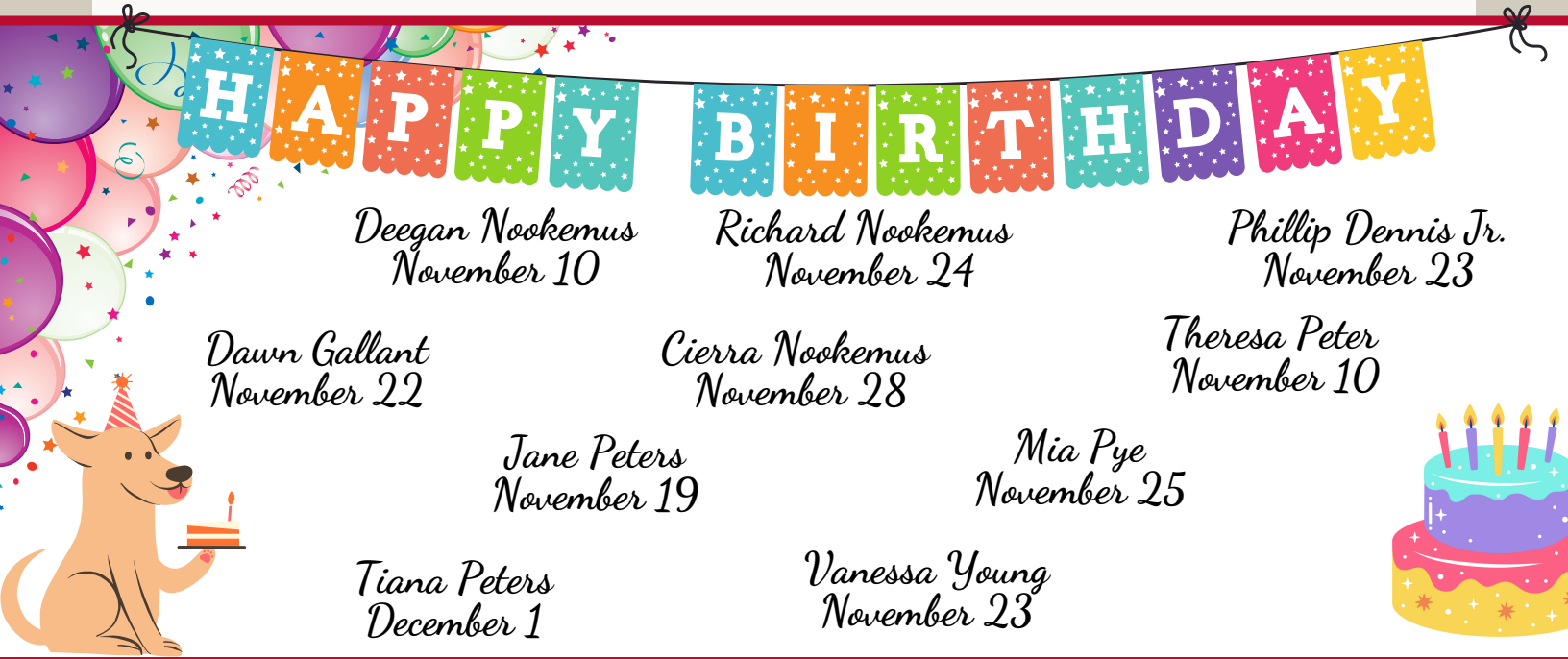
2023 Annual People's Assembly

SATURDAY, NOVEMBER 18

MATERIALS FOR THE PEOPLE'S ASSEMBLY HAVE BEEN MAILED OUT. IF YOU HAVE NOT RECIEVED IT, PLEASE PICK UP AT THE ANACLA OFFICE OR FIND IT ON OUR WEBSITE.

For questions, please contact Communications at 250-723-0100

Please note: registration is now closed as of November 1. 2023. If you plan to attend but have not registered, you are responsible to book your travel and accommodations and submit your receipts for reimbursement (travel & hotel only) following your attendance at the People's Assembly.



People’s Assembly Reminder!

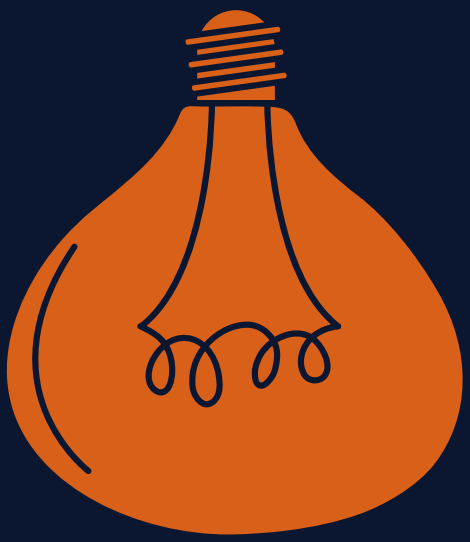


Questions about Accomidations?

During office hours please contact Jordan Young at 250-723-0100

After hours please contact Coraleah at 250-731-7246

BC HYDRO SCHEDULED POWER OUTAGE



WHEN:

Wednesday, November 20

10 A.M. - 4 P.M.

For more information please visit BC Hydro website at www.bchydro.com

ANACLA



FITNESS CENTRE NAMING

We are looking to name the Fitness Centre!

Do you have any suggestion?

If so, please fill online form by scanning QR Code or contact the office.

ANACLA EVENTS

Reporting wrongdoings and criminal behaviours must be made to the RCMP. Huu-ay-aht receives a monthly incident report from the RCMP.

It is important that if you experience or witness a crime, to report it. It will show that more services are needing in our community.

Non-emergency Line:
250-723-2424
Emergencies:
9-1-1

Anacla

Child and Family Wellness

will be in community every Tuesday from 10 a.m. to 2 p.m.





HUU-AY-AHT GATHERINGS

MONDAY
NOVEMBER 6, 2023

6 - 8 P.M.

HOUSE OF HUU-AY-AHT
ANACLA, BC

Warriors Program

Warriors will be held Monday nights from 4:30 – 7:30 pm in Anacla.

Please give Leonard Nookemis, Community Coordinator, a call at 250-918-4256 if you have any questions!

The Dental Hygienist is in Anacla

Thursday,
November 30, 2023

Call the office at
250- 728-3414 to schedule.

Need your questions answered? Here is the proper way to go about it

Fitness Centre

For the Fitness Centre questions or concerns please email: anaclafitness@huuayaht.org

Reminder: Before using the gym users are required to fill out the liability forms, which can be found on our website: www.huuayaht.org

Internet

For any internet questions or concerns, please email: anaclainternet@huuayaht.org

Reminder: There is a form which can be filled out or printed on our website.

What to include when sending an email

Emails to either of the email address above must including full name, contact information, and the question or concern.

Do not have an email? No worries!

If you do not have an email, ask a family member, friend or ask the Anacla Receptionist to email on your behalf

Please note:

Emailing the appropriate address is the only avenue to seek a response. Individuals will not get a response if they reach out to staff members directly either by emailing, using Facebook messenger, or texting or calling. Please use the emails provided.This is to help the department assist your needs efficiently.

FEBRUARY
4

FEBRUARY
14

THE JOURNEY TO WELLNESS: ADDRESSING OUR SEXUAL ABUSE, ABANDONMENT & SHAME

Contact: Kerry-Ann Collinge (250-723-0100) & Cory Howard Sr. (250-728-3414)

10-DAY HEALING WORKSHOP

Space available for a maximum of 8 participants.

Unresolved trauma and shame, due to sexual abuse, continues to have a devastating impact on Huu-ay-aht citizens.

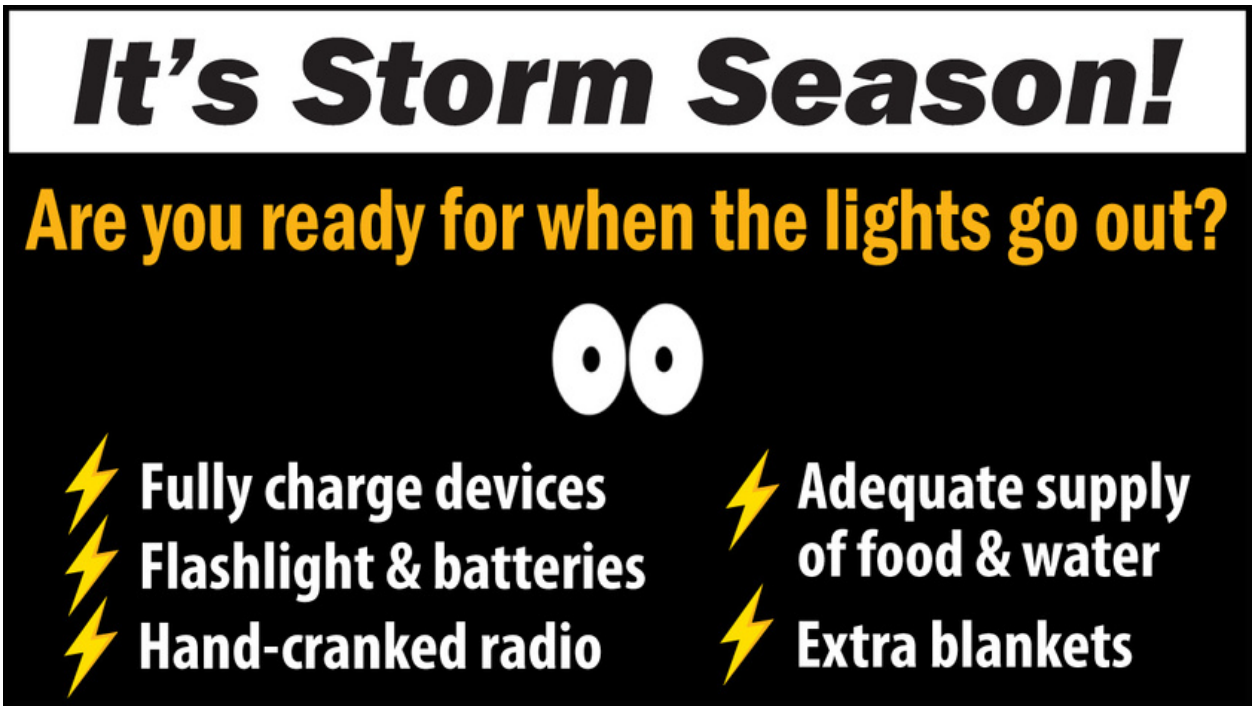
In a culturally sensitive and trauma-informed environment, facilitators will support women to look at the personal impacts of sexual abuse and trauma, abandonment, shame and unresolved grief. Through a series of exercises and participation in cultural ceremonies and traditions, participants will move towards healing.

Facilitators will put an emphasis on creating personal safety, trust, grief work and self-care as necessary components of the healing process. Participants will leave the workshop with a greater understanding of skills, tools, and resources to assist with ongoing healing steps that can be taken on the journey to wellness.

Who: Women 19 and older
When: February 4 - 14, 2024 (arriving Sunday, February 4, 2024 and group begins on Monday, February 5, 2024)
Where: Campbell River
Cost: No cost to citizens
Transportation: Will be provided or gas cards will be given
Additional Info: Intake appointments will be scheduled with interested participants, also women must make a commitment to attend all ten-days

huu ay aht
ANCIENT SPIRIT, MODERN MIND

BE PREPARED



EARTHQUAKE



TSUNAMI WARNING

GO TO HIGHER GROUND, STAY THERE

If Tsunami Warning Alarm sounds, make your way to the House of Huu-ay-aht in upper Anacla

OSTROM'S GAS BAR & MARINE FUEL DOCK

Hours of Operation

MONDAY	8:00A.M. - 5:00P.M.
TUESDAY	8:00A.M. - 5:00P.M.
WEDNESDAY	8:00A.M. - 5:00P.M.
THURSDAY	8:00A.M. - 5:00P.M.
FRIDAY	8:00A.M. - 5:00P.M.
SATURDAY	8:00A.M. - 5:00P.M.
SUNDAY	8:00A.M. - 5:00P.M.

CLOSED FOR LUNCH DAILY 1-2P.M.

Bamfield Pub is currently closed



The Market Hours

Monday	8A.M. – 7P.M.
Tuesday	8A.M. – 7P.M.
Wednesday	8A.M. – 7P.M.
Thursday	8A.M. – 8P.M.
Friday	8A.M. – 8P.M.
Saturday	8A.M. – 8P.M.
Sunday	8 A.M – 7 P.M.

Cafe Hours

Sunday, Tuesday, Wednesday CLOSED

Monday & Thursday - Saturday 11:30 A.M. - 7 P.M.

M.STONER