ANACLA NEWS

Volume 110 | January 9, 2026



huu ay aht
ANCIENT SPIRIT, MODERN MIND



*Based on Anacla Citizen data base list

Josephine Janson
January 1

Louella Dennis
January 8

Anne Robinson
January 27

Vince Howard
January 7

Phillip Dennis
January 15

Sandra Young
January 21

Richard Nookemus
January 7

Daniel Howard
January 14

Cultural Policies
Community Engagement Sessions

Come learn and share about the two Cultural Policies being shared by the Language Coordinator and the Emergency Program Coordinator.

Vancouver Tuesday, January 13 3:30 - 6 p.m. Vancouver Aboriginal Friendship Centre Society (1607 E Hastings St)	**Victoria** Wednesday, January 14 3:30 - 6 p.m. Songhees Wellness Centre (1100 Admirals Rd)
Port Alberni Tuesday, January 20 3:30 - 6 p.m. Best Western Plus Barclay Hotel (4277 Stamp Ave)	**Nanaimo** Wednesday, January 21 3:30 - 6 p.m. Vancouver Island Conference Centre (101 Gordon St)

Anacla
Thursday, January 22
3:30 - 6 p.m.
House of Huu-ay-aht

Questions? Please contact hinatinyis at hinatinyis@huuayaht.org

ENVISION THE FUTURE

Shape British Columbia's First Indigenous-led destination management organization (DMO). Join us for a key community engagement workshop to discuss a Huu-ay-aht First Nations led Destination Management Organization and new tourism development funding - Municipal Regional District Tax (MRDT). **Come learn about the process and contribute your ideas for maximizing social, economic, and cultural benefits.**



Residents and local businesses in Bamfield and Anacla are welcome

MONDAY, JANUARY 26, 2026

4 - 6:30 P.M.

BAMFIELD COMMUNITY SCHOOL
240 Nuthatch Rd, Bamfield

Snacks & Dinner Served

RSVP NOW
SCAN QR CODE

SCAN HERE

QUESTIONS?

piyush.p@huuayaht.org 250-723-0100

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4EVER STRATEGIES

Attention Huu-ay-aht & Maa-nulth-aht Fishers: Winter Chinook Me Too Fishery starts January 9, 2026.



Requirements:

- Registered vessel which meets marine safety requirements.
- Inshore or offshore fishing is allowed .
- Any gear type is permitted, use of plugs is not required.
- No gill net or seine net permitted.
- Non-retention of Fraser Pink Salmon.
- The fishery closes March 15, 2026 or when the allocation has been reached, whichever comes first.
- Fishers must obtain license and documentation from HFN Natural Resources Manager before fishing commences.

For more information or to sign up and get your license please contact:

Amelia Vos, Natural Resources Manager at 250-728-3414 or amelia.v@huuayaht.org



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Huu-ay-aht Schedule

January 2026

Sundays	Port Alberni: Culture Night	2:30 - 5 p.m.	3747 Church St. Port Alberni
Mondays	House of Huu-ay-aht Culture Night	7 - 9 p.m.	House of Huu-ay-aht
Saturday, January 10 & 24	Recovery Circle	12 - 1:30 p.m.	Soaring Eagle
Thursday, January 22	Cultural Policies, Community Engagement Session	3:30 - 6 p.m.	House of Huu-ay-aht
Monday, January 26	Envision the Future	4 - 6:30 p.m.	Bamfield Community School
January 19 - 30	Homemaker Training	9 a.m. - 4 p.m.	Anacla

Youth Program Schedule

With Jacquie Dennis

January 2026

Mondays	NTC After School Club	Youth 12 +	3:15 - 5:15 p.m.	Soaring Eagle House of Huu-ay-aht (after January 19)
	Anacla: Culture Night	All Ages	7 - 9 p.m.	House of Huu-ay-aht
Tuesdays, January 6 & 13	Taco Tuesday	Youth 12 +	2 - 6 p.m.	Soaring Eagle
Fridays, January 9 & 16	Fry Bread Friday	Youth 12 +	2 - 6 p.m.	Soaring Eagle
Saturdays January 10 & 17	Beach Walk	Youth 12 +	10 a.m. - 3 p.m.	Soaring Eagle

NTC Health Department in Anacla

January

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Mondays, January 12, 19, & 26	**Youth Group at Soaring Eagle**
Wednesday, January 14	• **Harm Reduction** • **Early Years Outreach Worker** • **Clinical Counsellor** • **Quu'asa**
Thursday, January 15	• **Community Health Nurse** • **Mothers Support Worker** • **Coordinator**
Wednesday, January 21	• **Harm Reduction** • **Quu'asa** • **Early Years Outreach Worker** • **Home Care**
Thursday, January 22	• **Community Health Nurse** • **Mothers Support Worker** • **Home Care**
Wednesday, January 28	• **Clinical Counsellor** • **Quu'asa** • **Early Years Outreach Worker**
Thursday, January 29	• **Community Health Nurse** • **Mothers Support Worker** • **Quu'asa**

Contact

If you have any questions regarding a service, please contact Kimberly Nookemus at 250-728-3414 or kimberly.n@huuayaht.org or Kristen Young at 250-728-3414 or kristen.y@huuayaht.org

JANUARY 2026 COMMUNITY CALENDAR

HAPPY NewYear

Bamfield Community School Association

SUN	MON	TUE	WED	THU	FRI	SAT
Calendar Notes: • Celebrate Family Literacy Week: January 25 – February 1 • Come check out the BCSA Community Library during Library Hour! We have an amazing selection of free books to borrow for all ages! • Friday Night Chill has been changed to 7:00-9:00pm!				1 Winter Vacation! No School!	2 Winter Vacation! No School!	3
4	5 School's Out Gr. 4-7 BCS ~ 3 - 4:30 pm	6 School's Out Gr. 1-3 BCS ~ 3 - 4:30 pm Adult Basketball HOH ~ 7:30 pm - late	7 School's Out Gr. 4-7 BCS ~ 3 - 4:30 pm	8 School's Out Gr. 1-3 BCS ~ 3 - 4:30 pm Adult Ball Hockey HOH ~ 7:30 pm - late	9	10
11	12 School's Out Gr. 4-7 BCS ~ 3 - 4:30 pm Adult Soccer BCS ~ 7 - 8:30 pm	13 School's Out Gr. 1-3 BCS ~ 3 - 4:30 pm Library Hour BCS ~ 4:30-6:00 Adult Basketball HOH ~ 7:30 pm - late	14 School's Out Gr. 4-7 BCS ~ 3 - 4:30 pm	15 School's Out Gr. 1-3 BCS ~ 3 - 4:30 pm Adult Ball Hockey HOH ~ 7:30 pm - late	16	17
18	19 Non-instructional day, No School Adult Volleyball BCS ~ 7 - 8:30 pm	20 School's Out Gr. 1-3 BCS ~ 3 - 4:30 pm Adult Basketball HOH ~ 7:30 pm - late	21 School's Out Gr. 4-7 BCS ~ 3 - 4:30 pm Community Lunch BCS ~ 12 - 1 pm	22 School's Out Gr. 1-3 BCS ~ 3 - 4:30 pm Adult Ball Hockey HOH ~ 7:30 pm - late	23 Youth Friday Night Chill BCS ~ 7 - 9 pm	24
25 Books & Brunch BCS ~ 10:30 - 12 pm	26 School's Out Gr. 4-7 BCS ~ 3 - 4:30 pm Adult Dodgeball BCS ~ 7 - 8:30 pm	27 School's Out Gr. 1-3 BCS ~ 3 - 4:30 pm Library Hour BCS ~ 4:30-6:00 Adult Basketball HOH ~ 7:30 pm - late	28 School's Out Gr. 4-7 BCS ~ 3 - 4:30 pm	29 School's Out Gr. 1-3 BCS ~ 3 - 4:30 pm Adult Ball Hockey HOH ~ 7:30 pm - late	30	31 Pickleball Academy BCS ~ 10 - 11:30 pm

NUU-CHAH-NULTH CHILD AND YOUTH SERVICES

YOUTH GROUP

Hang out

MONDAYS

Ages 12+

Soaring Eagle
on January 19: House of Huu-ay-aht

Art | Snacks| and other activities



Contact Youth Support Workers for more information
Tamiko Rampanen : tamiko.rampanen@nuuchahnulth.org
Ja'Ered Atleo : jaered.atleo@nuuchahnulth.org

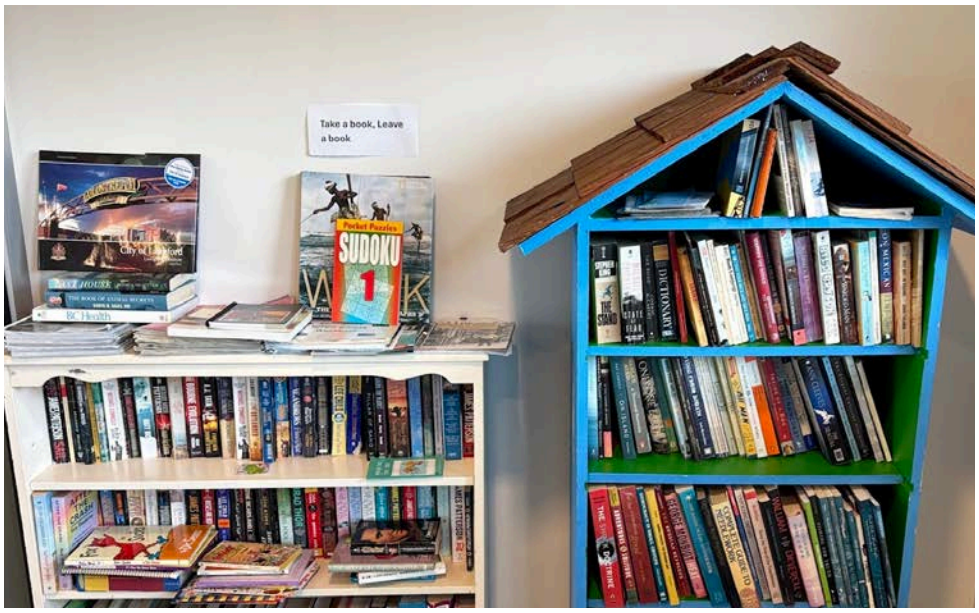
Anacla Little Library - Give a Book, Take a Book

Visit the community Book Exchange in Anacla!

The shelf is set up in the Anacla Office, between the entrance doors.

If you have gently used books you'd like to share, please bring them to the Anacla Office.

Everyone is welcome to give a book, take a book, and enjoy the exchange!



Huu-ay-aht Dance Practice

HOUSE OF HUU-AY-AHT

Mondays

7 - 9 p.m.

Bring your shawls and drums!



Community Safety Watch

Witwak are in the community to provide support, guidance, and to ensure safety in the community. They respond, report, and record incidents in the community.
They can be reached at 250-720-5275.
If it is an emergency, please dial 911, then notify Witwak.

We're Hiring!

- Strategic Initiatives Manager
- School Bus Driver
- Family Support Worker
- Outreach Worker
- Cultural Wellness Worker

Full details of these postings are available on our website: https://huuayaht.org/whats-happening/work-with-us/ or scan QR code

Dad Central

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Dad Central

Type of support:

- **Building stronger parent-child relationships**
- **Handling toddler meltdowns or teen pushback**
- **Navigating co-parenting and partner communication**
- **Managing your time, energy, and mental health**
- **Developing as a leader—in your family and beyond**

Huu-ay-aht First Nations Child and Family Wellness Team has partnered with Dad Central to connect Huu-ay-aht Fathers with programs and support made for you.
If interested, please book an appointment with Drew from Dad Central using the QR Code.
To learn more about the organization, please visit www.dadcentral.ca

2026 Seasonal Employment Opportunities
Bamfield Huu-ay-aht Group of Businesses

The Huu-ay-aht Group of Businesses (HGB) is now hiring seasonal team members for the upcoming season across our diverse operations in Bamfield. These positions offer an opportunity to work in a beautiful coastalenvironment while supporting Huu-ay-aht First Nations' economic development and creating unforgettable guest experiences across our hospitality businesses.

We have a varietyof seasonal opportunities ranging from 3–6 months, with start dates in April, May, and June. All positions conclude in September.
We offer competitive wages ($20.00–$30.00 per hour,depending on the position), seasonal retention bonuses, learning and development opportunities, and a fun, supportive work environment surrounded by breathtaking naturalbeauty. Limited employeehousing may be available.

Available Seasonal Positions

Pachena Bay Campground
·Campground Attendant (Guest Services)
·Campground Attendant (Custodial/Maintenance)
·Campground Host Accommodations

Lands
·General Labourer

Guest Services Clerk
·Housekeeper Gas Bar & Marina
·Gas / Marina Attendant Café
·Cook (Lead and Prep)
·Kitchen Helper Market
·Clerk
·Stock Person

For more information about specific roles and responsibilities, please refer to the job descriptions on our website - https://www.hfngroup.ca/careers/

What We're Looking For
·Strong customer service skills and a positive, team-oriented attitude
·Ability to work independently and collaboratively
·Willingness to take direction and adapt to changing priorities
·Availability to work weekends, evenings, and holidays, as required
·Previous experience is an asset but not required for many roles

Why Work With HGB
·Competitive seasonal wages
·A supportive and respectful workplace
·Opportunity to gain valuable hospitality and operations experience
·The chance to work in a stunning coastal environment

How to Apply
Please submit your application by January 20, 2026, including:
·A brief resume (or summary of work experience)
·The position(s) you are applying for
·Your availability
Applications can be emailed to: hradvisor@huuayaht.com

RUMOURS ARE NOT HARMLESS

They hurt people, our workplace, and our community



Rumours look like:

- “I heard that ___ about them…”
- Guessing why someone is off sick or on leave
- Talking about someone’s performance, discipline, pay, or personal life without facts

Rumours can:

- Damage reputations and careers
- Create stress, anxiety, and mistrust
- Become bullying or harassment under our policies

At Huu-ay-aht First Nations, our values say “Do not gossip; stop gossip when it occurs.”
Living ʔiisaak (respect) and ʔuʔaaɬuk (taking care of) means we speak to each other, not about each other. If you’re not sure something is true, don’t share it.

LEARN MORE - Scan QR codes to view resources

Guide: What is harassment and violence?

Huu-ay-aht First Nations Values and Guiding Principles.

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Nuu-chah-nulth Employment & Training Program

Unlock Your Potential with NETP
4090 8th Ave
Port Alberni, BC
NETP@nuuchahnulth.org

Homemaker Training Program

January 19-30, 2026
9AM-4PM
Anacla

Building Skills for Quality Home Support

The Homemaker Training Program equips participants with the knowledge and practical skills needed to provide safe, respectful, and client-centered home support services. Graduates will be prepared to deliver high-quality homemaking and companion care that promotes client well-being, safety, and comfort in the home environment.

Program Outcomes

- Safety & Compliance: Ability to follow workplace safety protocols and maintain confidentiality.
- Client-Centered Service: Skills to respect client preferences and provide personalized care.
- Practical Homemaking Skills: Competence in meal preparation, cleaning, and household organization.
- Professional Standards: Knowledge of documentation, time tracking, and ethical boundaries.

Value of Training

- Enhances employability in home care and support roles
- Builds confidence in delivering culturally safe and respectful services
- Provides certifications (Food Safe, WHMIS, First Aid Awareness)
- Prepares participants for real-world caregiving challenges



To Register
Connect with your assigned Case Manager or to register for NETP services contact our Intake Coordinator Gregory.Thomas@nuuchahnulth.org or 250-723-1331

Connect Today!

Unlock Your Potential with the Nuu-chah-nulth Employment & Training Program

SR: 250-723-1331

Office Location
4090 8TH AVE
Port Alberni, BC

Funding provided in part by the Government of Canada

Canada

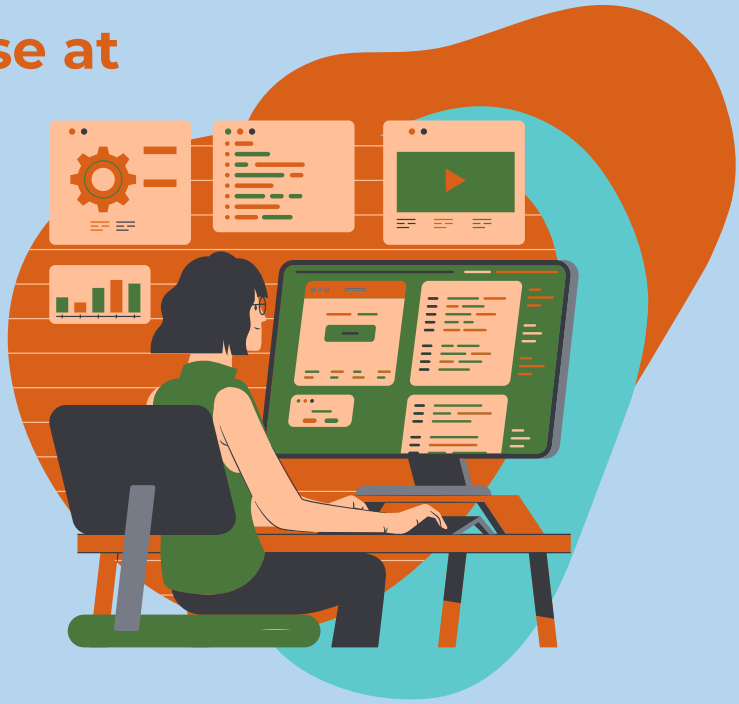
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NEW COMPUTER EQUIPMENT

Available for community use at Soaring Eagle when open.

An opportunity for Citizens to learn digital skills!

- 6 new desktop computers
- 6 monitors
- 6 keyboards
- 6 mice
- 1 printer



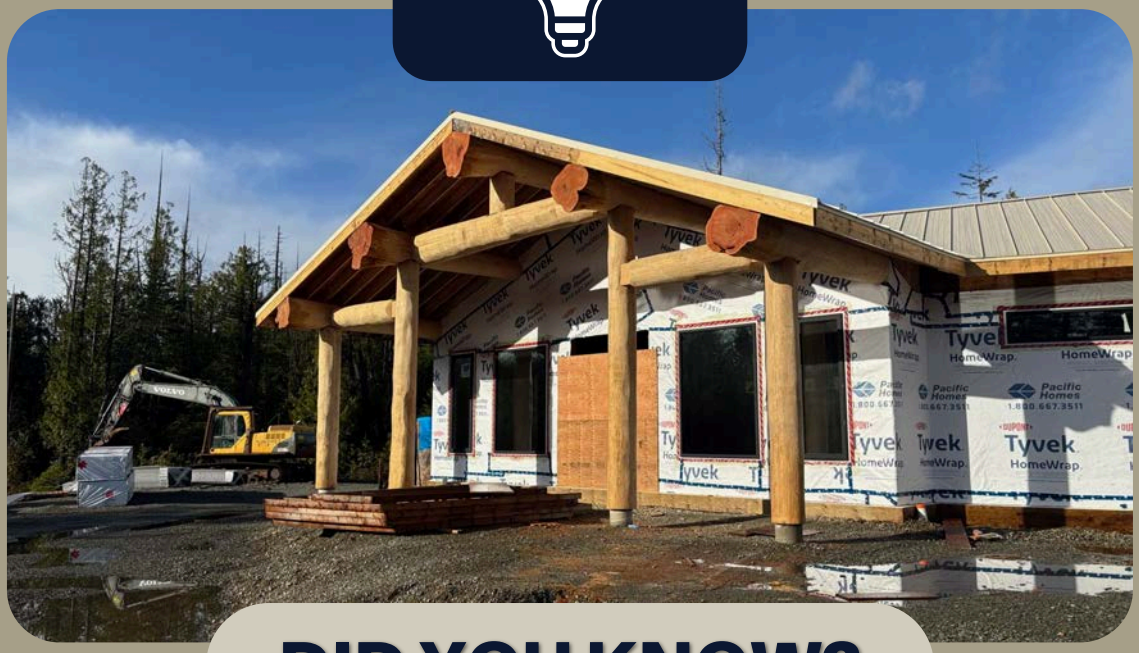


WINTER IS HERE...

Contact Huu-ay-aht infrastructure team for any Anacla housing maintenance requirements or firewood delivery.
250-728-3414







DID YOU KNOW?

- The Cultural & Visitor Information Centre is under construction with the roof and windows now installed. The proposed parking lot design for the cultural center is being designed with construction starting in 2026.

- The ʔumʔiiqsu Centre upgrades are waiting on permit approval with The City of Port Alberni.

- Huu-ay-aht First Nations (HFN) Economic Development has officially launched Destination Management Organization (DMO) and Municipal & Regional District Tax Program (MRDT) readiness project as of Monday, November 3. This initiative will help us build a sustainable tourism framework, strengthen cultural tourism, and improve visitor management across our territory. This work is proudly 95% funded by Indigenous Tourism BC (ITBC) and Island Coastal Economic Trust (ICET), providing significant support as we prepare to lead one of the first Indigenous led DMOs in Canada. **The second public engagement will be hosted at the Bamfield Community School on January 26, from 4:30 – 6:00 p.m.**

- The water treatment project will begin construction in the spring of 2026 and will be completed by March 31, 2028. The project will provide a new treatment building, distribution lines and a new supply line for lower Anacla.

- Communications launched a Website Development and Design Project. The new website is to be complete end of March 2026.



BCSPCA

SPEAKING FOR ANIMALS

Attention Anacla and Bamfield Huu-ay-aht Citizens!
The SPCA visits Anacla Community about once per month for pet wellness checks.

The SPCA donates pet food, blankets, beds, collars and leashes which can be found at the Anacla Government Office.

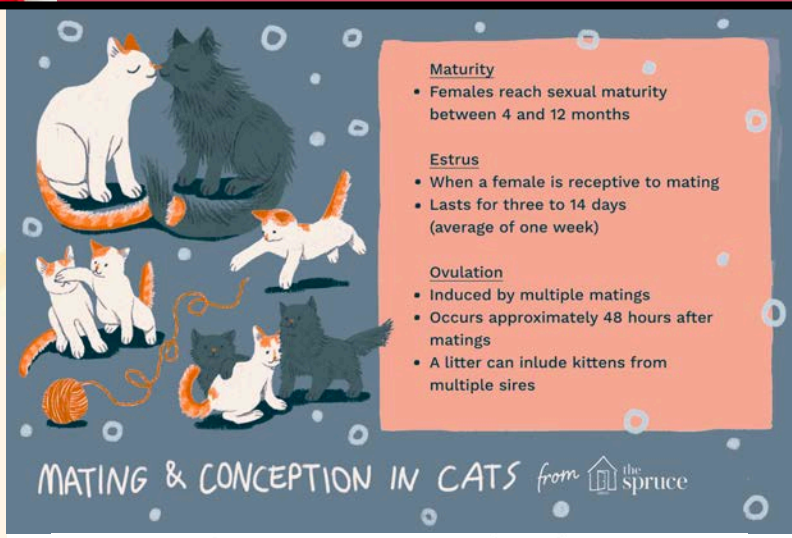
For more information contact:
Stephen Smith
stephen.s@huuayaht.org

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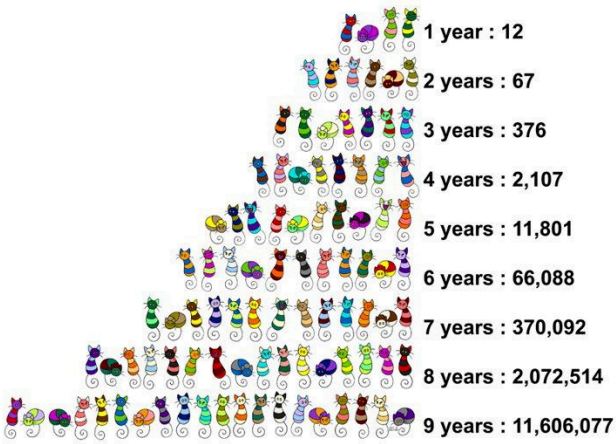
Fear Free™ SHELTERS

Pet-Friendly House Plants

Money Tree 	Phalaenopsis Orchid 	Echeveria Secunda 
Cast Iron Plant 	Peperomia Obtusifolia 	Beaucarnea Recurvata 
Areca Palm 	Boston Fern 	Maranta 



An unspayed female cat, her mate, and all of their offspring producing 2 litters per year, with 2.8 surviving kittens per litter can total :



AGGRESSION TO PEOPLE

REDUCING & MANAGING DOG AGGRESSION TOWARDS PEOPLE

BCSPCA
DOGSENSE

This information is to help you prevent or reduce **mild** aggression only. It is recommended that you consult your veterinarian and a qualified trainer to help you with a dog that is showing aggression towards people. Make sure that your trainer has credentials and knows how to modify fear and aggression in a safe force-free manner. Trainers who use verbal or physical punishment or intimidation should not be used as this can make the problem worse and your dog afraid of you.

RECOGNIZING THE PROBLEM

Aggression is a normal canine behaviour. It is normal in all animals. Dogs use aggression to defend themselves from a perceived threat and to protect their valued resources. They also use aggression when they are fearful to try to get the thing that scares them to move away.

Most dogs give off warning signals before they actually bite. These warning signals are good. The dog is telling the person that he feels uncomfortable and to please back away. Respect this warning and maintain distance. It is very, very important not to punish a dog for giving a warning signal.

Dogs punished for growling or other warning signals may not growl next time. Instead they may go directly to a bite.

Common threat signals include: hard eye, growling, snarling, snapping and biting.

Dogs with food guarding issues may also may exhibit the following warning signals: Cessation of eating (freeze) and accelerated eating in addition to the above.

AGGRESSION TOWARDS PEOPLE FALLS INTO 2 TYPES:

1) Aggression towards strangers.
2) Aggression towards family members.

1) Aggression towards strangers

When a dog is uncomfortable around strangers or certain types of strangers (men, men with beards etc.) it is usually because they were either bred to be guard dogs or they were not fully socialized as a puppy.

When a dog encounters someone they feel uncomfortable around, they want to increase the distance between them and the person. They can either flee or make the person go away by behaving aggressively. The underlying emotion is fear and anxiety.

Some dogs and some breeds are genetically more difficult to socialize. Dogs bred to be guard dogs can be wary of strangers. It is important to realize that dogs cannot tell the difference between a stranger who is a burgler and a stranger who is an old friend of the family.

It is not always possible to transform an unsocialized dog into a dog who loves all people or a guard dog to be friendly to strangers. Management is important in these cases to keep people safe. A dog with a history of aggression or biting can be conditioned to love a muzzle and always wear it when he may encounter the type of person he fears. Even if progress is made and the fear is reduced there is never a 100% guarantee that the dog will never bite again. A muzzle can give a dog freedom to be out in the world and the owner relief from worry that he may bite.

SAFETY TIPS

Never force yourself on an unfamiliar dog. Stand back and face sideways and let him decide whether to approach or not. **Do not** look the dog in the eye or bend over him or pat him on the head. Instead crouch down and look away. If the dog approaches in a friendly way, let him sniff you and then gently rub him on his chest.

Young children should never be left unsupervised with dogs. Do not let your child jump on or bother your dog and always keep them away when a dog is eating or has a favorite bone or toy. It is important to teach your child how to safely interact with dogs.

Reducing fear or anxiety towards strangers

In order to change the underlying fear a dog must be taught that the scary person predicts good things. A qualified trainer will develop a plan to expose your dog slowly and at a distance to the types of people that he fears. The scary person will be consistently paired with a super delicious treat. Overtime, the goal is for the dog to realize that the scary person predicts great things. His underlying emotion changes from fear to happiness at the site of the previously scary person.

Preventing aggression towards strangers

It is wonderful if the puppy or adult dog that you adopt is friendly to strangers. However you can help to prevent future aggression towards people by pairing people of all types, with good things for your dog. When your puppy sees a child, give him a high value treat. When he sees a person with a cane, give him a treat. Ask strangers to give your dog treats. This teaches your dog that while he used to only like meeting new people, now he loves it because new people predict great things for him.

2) Aggression towards family members

The 3 most common reasons a dog shows aggression towards family members are:

1. Resource Guarding
2. Body Handling Issues
3. Pain or illness

Resource Guarding

This occurs because some dogs have retained the guarding instinct from their wolf ancestors. Dogs may guard food, locations, people or other objects such as toys or even unusual items such as kleenex. It is important to understand that resource guarding has nothing to do with the dog trying to be dominant over you. They simply have a strong inborn instinct to guard.

Reducing food or object guarding

Do not take this personally. Your dog is not doing this to upset or dominate you. He is doing it because he cannot help it. Teach your dog to enjoy having things taken from him by feeding him in a separate area and do not allow anyone to go near him when he is eating. Remove the food bowl at non-meal times as some dogs guard an empty bowl.

Make a list of items that he has guarded and be careful of controlling access to those things. Never try to forcefully remove something from a dog, as this can result in a bite. If your dog grabs something that is not dangerous simply ignore him. If he grabs something that is either dangerous or valuable, go to the fridge and get a handful of very high value of food. Throw the food far away from where the dog is with the guarded object. When he goes to eat the food calmly pick up the guarded item.

If you have a dog who guards food or items put him in a crate or in another room if children come to visit. There can be tragic consequences if a child drops a piece of food and goes to grab it at the same time as the dog. Do this even if you have completed the training and you can safely remove items from your dog. Consider him always a risk of guarding around children and visitors.

Prevention of food and object guarding

If you adopt and the dog is fine with you taking things from them, this is great. You can add an extra measure of safety by regularly trading whatever your dog has for something even better and then return the item to the dog.

The steps to prevent guarding are:

Food Guarding

1) Walk up to dog
2) Remove food bowl
3) Drop in a piece of a really yummy treat
4) Return food bowl

Item Guarding

1) Walk up to dog
2) Remove bone or toy
3) Give a nice treat
4) Return item to dog

These preventative measures teach your dog that not only is it ok when you take things from him but it is very, very good for him as he gets something even better. Over time your dog will love it when you take things from him.

Location Guarding

Some dogs have an instinct to guard wherever they are laying down. Dogs may growl or snap when someone approaches them and/or tries to get them to move off the couch or bed.

Teach your dog the “off” cue so he will happily vacate locations. When you have visitors, especially children, do not allow your dog to rest on any furniture as he may guard visitors. Never force your dog off of furniture.

Sleeping Dogs

Some dogs snap and bite if they are suddenly awoken from sleep. If this is occurs do not allow him to sleep in your bed and do not touch him when he is sleeping. If you need to wake your dog, call him to you instead of touching him.

Body Handling Issues

The main reason that dogs growl or bite when touched is that they were not handled and taught as puppies that it is ok when humans touch them. Some dogs will be aggressive when someone tries to touch their paws or ears, others are afraid when a person grabs their collar or tries to groom them. The warning signals include a stiffening of the body, a hard stare, growling, snarling ,snapping or biting when touched.

You can teach your dog to like being touched and handled. Even dogs who need sedation for nail trims can learn to love having their nails cut.

Prevention of Body Handling Problems

If you adopt a puppy it is important to teach him that it is great when people touch him. Handle all parts of your puppy especially his paws, ears and mouth. Follow each touch with a tasty treat. The puppy will learn to love being handled.

Pain or Illness

If an adult dog who is usually fine being handled and now is suddenly aggressive when being touched contact your veterinarian. Change in behaviour can be a sign of pain or illness.

Huu-ay-aht First Nations Online Training

Kim Barthell and her team from Relationship Matters are offering online seminars that the Huu-ay-aht First Nations' Child and Family Wellness Team has purchased for citizens to access.

Citizens will have access to all the seminars for one year and can watch them at their own pace. The access will expire on **February 15, 2026**.

Huu-ay-aht First Nation has created a login for all citizens to access these seminars. If you want to participate, please contact the Child and Family Wellness Team at 250-736-5066 for the login information.

Topics include:

- Becoming a Behavioural Detective: Understanding and Supporting Complex Behaviour
- Conscious Parenting
- Connection and Resilience
- The Impact of Sexual Abuse
- Self-Harm & Suicide
- Aggression in Childhood and Adolescence
- Grief and Loss
- Addiction
- Community of Support



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RCMP·GRC

ROYAL CANADIAN MOUNTED POLICE • GENDARMERIE ROYALE DU CANADA

INDIGENOUS PRE-CADET TRAINING PROGRAM



SPRING 2026

The Indigenous Pre-Cadet Training Program (IPTP) offers Canadian Indigenous people an opportunity to experience a modified three-week Depot training experience within the RCMP at the RCMP Training Academy in Regina, Saskatchewan.

You'll learn:

- An introduction to the Criminal Code and RCMP policy
- Physical fitness and drill
- Skills to help prepare you to apply to be a police officer

Basic Requirements:

- Be of First Nation, Inuit or Métis descent
- Be 18 years or older
- Be a Canadian citizen
- Be able to pass an enhanced reliability security check
- Be in good physical condition
- Possess a Canadian high school diploma or equivalent

For BC residents, contact us at:

e_precadet_program@rcmp-grc.gc.ca

Spring 2026
Dates: TBD

Apply by December 5, 2025

Royal Canadian Mounted Police | Gendarmerie royale du Canada

HUU-AY-AHT FIRST NATIONS

Patient Travel

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Due to some changes in the eligibility for accessing Medical Patient Travel
We will require the following documentation upon a Patient Travel request.

For regular appointments to the nearest provider (3-5 days to process)

Check list:

- Confirmation of appointment date and time.
- Confirmation of travel arrangements
- Confirmation of attendance, once visit is complete

Transportation

- Standard mode of transportation is by private vehicle and mileage rates
- Francis Barclay is not an approved mode of transportation, if it is the only way to and from Medical appointments, will then need to do as a Benefit Exception to FNHA for approval (5-7 days to process)
- Taxi Service will need to be submitted as a Benefit Exception to FNHA for approval (5-7 days to process)

For Specialists or Service Providers outside of the nearest provider (5-7 days to process)

Check list

- Confirmation of appointment
- Referral to the Specialist from your General Practitioner, Dentist or Optometrist
- If not nearest provider please note that we will be submitting to FNHA for approval though the Benefit Exception process (5-7 day process)
- Confirmation of travel arrangements
- Confirmation of attendance , once visit is complete.

Dental

- Dentist appointments are considered a day trip, please book appointments to allow time to get to and from in one day.
- If referred to a Oral Specialist you will need to send appointment confirmation and referral so we can do a Benefit Exception to FNHA for approval

Please contact Kimberly Nookemus, kimberly.n@huuayaht.org, or anyone from the Health team, 250-728-3414, to ensure all information is given correctly and plans are in place.

Patient Travel & Direct Deposit

Did you know Patient Travel funds can be sent through EFT
(Electronic Funds Transfer)?
If you're interested in using this service, please provide your Direct Deposit form from your bank to Finance. If your Direct Deposit form is already on file for another purpose, please inform the Finance Department, 250-723-0100, that you would like it to be used for this service as well.
For all other Patient Travel inquires, please contact Kimberly at kimberly.n@huuayaht.org or 250-728-3414

What is covered?

Mileage Rate
As of April 1, 2025, the permanent mileage rates will be:

Standard Mileage Rate:

- $0.29 per kilometre

Special Mileage Rate (for remote communities, as specified in their Funding Agreements):

- $0.35 per kilometre

HUU-AY-AHT FIRST NATIONS

Patient Travel

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ANCIENT SPIRIT. MODERN MIND

Medical Transportation Benefits

First Nations Health Authority
Health through wellness

The Medical Transportation Benefit is intended to help you access medically necessary health services not available in your community of residence.

This may include coverage towards the cost of travel, meals, and accommodation. If you need help getting to or from your appointments, your Medical Transportation Benefits may also cover the cost of an escort to travel with you.

What my plan covers

You can access Medical Transportation Benefits for travel to access health services, including the following:

- Services eligible under First Nations Health Benefits (e.g., dental, vision, etc.).
- Medical services covered by the BC Medical Services Plan or a public health agency (e.g., cancer related travel).
- Publicly funded diagnostic tests and preventative screening programs.
- Traditional healers, if approved as an Exception.
- First Nations Health Authority funded Treatment Centres for substance use, recovery, and trauma programs.
- Witnessed ingestion of Opioid Agonist Treatment.

What my plan does not cover

Some types of travel that are not covered include, but are not limited to:

- Travel back to your community of residence if you become ill during non-medical related travel.
- Travel to pick up prescriptions, glasses, or medical supplies and equipment that do not need to be fitted (e.g., off the shelf braces).

For additional information on current Medical Transportation rates, escort eligibility, documentation or required travel forms, scan the QR code to visit fnha.ca/benefits/medical-transportation.

How Do I Access Coverage?

Where you access the program depends on what Nation and/or community you are from and where you live.

If you live in community, please contact your community's Patient Travel Clerk to access your Medical Transportation Benefits.

If you live outside your community, or are unsure who to contact for your travel, please call us at 1-855-550-5454.

1. **Submit your travel request and your written confirmation of appointment at least five business days before your trip to get prior approval.**
2. **Your Patient Travel Clerk or First Nations Health Benefits will send you your travel arrangements.**
3. **Attend your appointment as scheduled and get a signed Confirmation of Attendance Form from your Provider.**
4. **Submit your Confirmation of Attendance Form to your Patient Travel Clerk or to First Nations Health Benefits.**

Some requests may require additional documentation, such as an Escort Form or referral letter. First Nations Health Benefits or your Patient Travel Clerk can guide you through this process.

For more detailed information about your Medical Transportation Benefits, please scan the QR code to access the Medical Transporation Client Guide or call 1-855-550-5454.

September 2025

Meal Rates

Effective December 2, 2024, meal rates will change as reflected in the table below:

Fee schedule for meal rates

Rate type	Previous rate	Updated rate *effective December 2, 2024*
Daily rate for same-day trips lasting more than six hours.	$17.00 per person	$35.50 per person (5+ years) $17.00 per person (under 5 years)
Nightly rate for overnight trips up to six nights in duration.	$68.00 per night per person (5+ years) $29.00 per night per person (under 5 years) $283.00 per week per Client	$70.50 per night per person (5+ years) $30.00 per night per person (under 5 years) $283.00 per week per Client
Weekly rate for overnight trips of seven nights or more.	$425.00 per week per Client and approved escort*	$425.00 per week per Client and approved escort*

***Note:** The weekly rate of $425 per week is an inclusive rate for the Client and escort and applies only when the Client is an outpatient. An approved escort supporting a Client in the hospital will continue to access the weekly rate of $283 per week.

Income Assistance Notice

Community members who need to apply for Income Assistance or renew as a client of the program have the following responsibilities (Section 1.3 of Income Assistance Policy)

•To conduct themselves in a prompt, courteous and respectful manner.
•To actively seek work and attend programs, training and sessions as directed.
•If employable, to actively seek work. Clients must be available for any job they are capable of.
•To have or promptly apply for a social insurance number and to provide the appropriate identification for themselves and other family members as required.
•To provide all necessary information to the Social Development Worker and sign the application form.
•To pursue any other income that they may be entitled to, for example, employment insurance benefits, workers compensation, family maintenance, or spousal support.
•To first use any assets and income before seeking assistance from the Income Assistance Program.
•To take personal responsibility for becoming self-supporting.
•To be involved in the process of establishing eligibility for their benefits.
•To provide documentation to support their application when requested. All documentation is subject to verification. Clients providing false information will be subject to criminal charges.

Clients who meet any of the following criteria are not eligible for IA benefits: (Section 2.2 of Income Assistance Policy)

Healthy, employable, able-bodied persons between 19 and 55 years, who do not seek employment or accept available suitable employment, education, or training.

a.Persons who quit work, except with just cause.
b.People who are terminated from their job because they did not comply with reasonable job requirements (for example, by not showing up for work).
c.People who do not apply for Employment Insurance (EI) benefits, or who are disqualified from EI benefits because they failed to comply with program requirements.
d.A person who receives an unforeseen fortune or substantial monetary gain.
e.People who do not submit Monthly Renewal Forms as required.
f.Persons with monthly income or assets more than the allowable maximum (see 2.5, Income and Exemptions).

2026 payment schedule

January 21, 2026 (for February 2026)
February 25, 2026 (for March 2026)
March 25, 2026 (for April 2026)
April 22, 2026 (for May 2026)
May 27, 2026 (for June 2026)
June 24, 2026 (for July 2026)
July 29, 2026 (for August 2026)
August 26, 2026 (for September 2026)
September 23, 2026 (for October 2026)
October 21, 2026 (for November 2026)
November 18, 2026 (for December 2026)
December 16, 2026 (for January 2027)

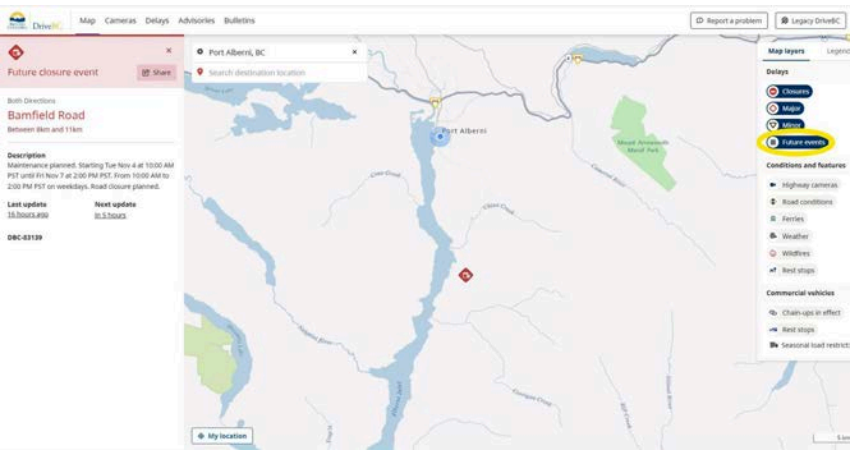
BE PREPARED FOR WINTER DRIVING CONDITIONS



- Check conditions before you go.
- Improve traction with winter tires.
- Keep and emergency kit in the car.
- Avoid travelling if it is not necessary.
- DRIVE WITH CAUTION.

huu ay aht
ANCIENT SPIRIT, MODERN MIND

Bamfield Main road closures: How to use DRIVEBC.CA



How to stay up to date on the Bamfield road activity:

1. Visit **https://www.drivebc.ca/**
2. When in the Map, on the right hand side there will be a Map Layers Menu
3. On that menu select "Future Events," this is where you can see planned closures
4. The symbol for scheduled future events is a red diamond with a calendar in it.
5. Click on the symbol to get the info.

Check **drivebc.ca** for future road closure details.

WOMEN CIRCLE

Every Monday

Starting January 19 until March 16

No session on Monday, February 16, due to Family Day Statutory Holiday

10 a.m. - 12 p.m.

(Meal Provided)

Huu-ay-aht First Nations Port Alberni Government Office (4644 Adelaide St.)

This eight-week program is designed to create a safe, culturally grounded, and empowering space for Huu-ay-aht women to come together in healing, strength, and sisterhood—honouring their stories and voices while addressing different issues that affect their well-being and community.

If you are interested or have questions, please contact Rena or Irene at 250-723-0100.

ART THERAPY

WITH BRIANNA HARVEY

For all Huu-ay-aht Women, ages 18+

Every Friday from
January 16 to February 20
10 – 11:30 a.m.
(6 sessions)

Location: CFW office at
ʔumʔiiqsu Center

Please contact Celine
at 250-731-5676
or celine.s@huuayaht.org
to register



UNITED WAY'S

School's Out Program



WITH THE BAMFIELD COMMUNITY SCHOOL ASSOCIATION

School's Out is a fun and engaging after-school program for children ages 6–12, designed to inspire, support, and spark creativity!

Starting on **Monday, September 8th**, Children will enjoy two dedicated days of programming each week, including an after-school snack and a variety of exciting activities that the kids will look forward to!



GRADES 1–3: TUESDAYS & THURSDAYS
GRADES 4–7: MONDAYS & WEDNESDAYS

3:00PM – 4:30PM AT THE SCHOOL

This program is proudly delivered by the BCSA, in partnership with United Way British Columbia (UWBC) and School District 70 (Pacific Rim).

PROGRAMMING WILL FOCUS ON...



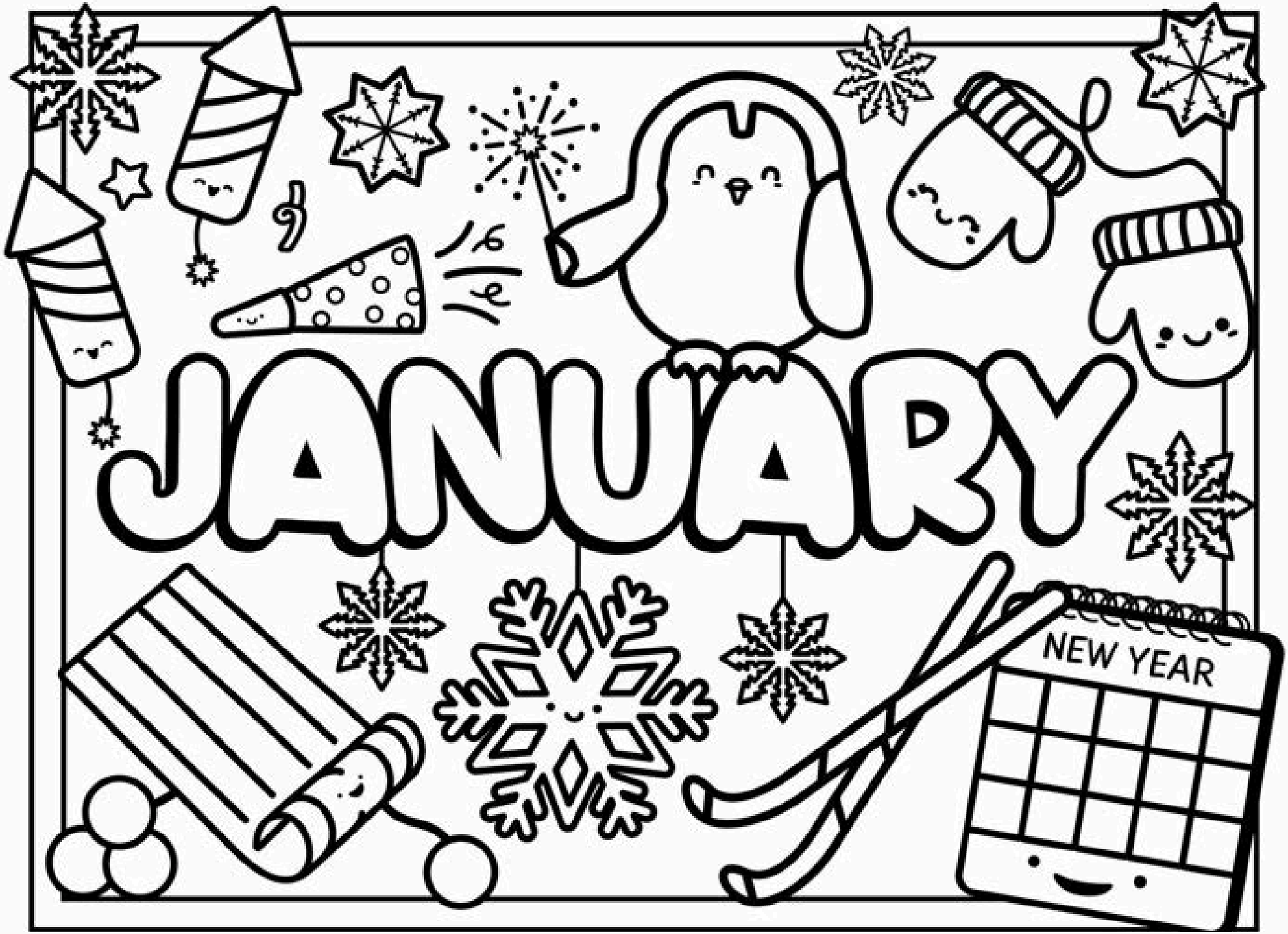
- Identity Development
- Community Engagement & Land Stewardship
- Skills & Competencies
- Health & Wellness
- Social & Relational Well-being

Questions? Email Taylor at bcsalitfacilitator@gmail.com

REGISTRATION REQUIRED!



United Way British Columbia


JANUARY
NEW YEAR