ANACLA NEWS

Volume 111 | January 23, 2026

Mt. Underwood Special Engagement Sessions

This community engagement for Huu-ay-aht Citizens aims to provide updates on the Mount Underwood wildfire recovery and future processes, and facilitate Q&A to address citizens' concerns and gather input for improvements.

Port Alberni

Friday, January 30

4:30 - 6:30 p.m.

Italian Hall

(4065 6th Ave)

Anacla

Sunday, February 1

11 a.m. - 1 p.m.

House of Huu-ay-aht

Acknowledgement Ceremony for community contributions

Virtual

Friday, February 6

11 a.m. - 12 p.m.

Zoom



***Based on Anacla Citizen data base list**

Josephine Janson
January 1

Louella Dennis
January 8

Phillip Dennis
January 15

Vince Howard
January 7

Becki Nookemis
January 13

Daniel Howard
January 14

Sandra Young
January 21

Richard Nookemus
January 7

Zelta Clappis
January 12

Anne Robinson
January 27

ENVISION THE FUTURE

Shape British Columbia's First Indigenous-led destination management organization (DMO). Join us for a key community engagement workshop to discuss a Huu-ay-aht First Nations led Destination Management Organization and new tourism development funding - Municipal Regional District Tax (MRDT). **Come learn about the process and contribute your ideas for maximizing social, economic, and cultural benefits.**

Residents and local businesses in Bamfield and Anacla are welcome

MONDAY, JANUARY 26, 2026

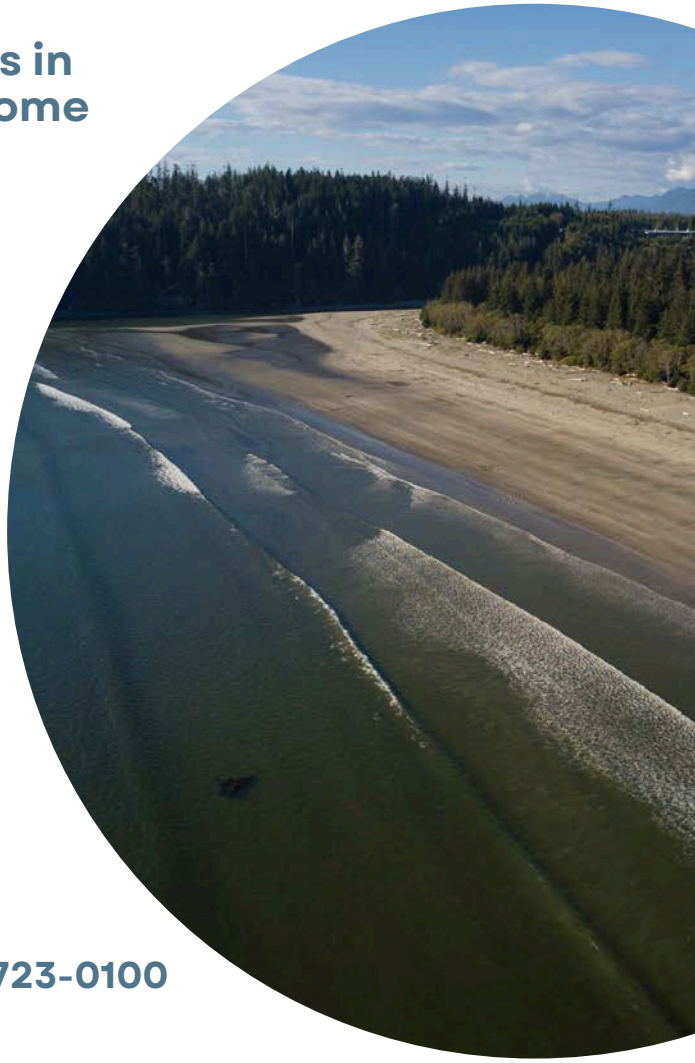
4 - 6:30 P.M.

BAMFIELD COMMUNITY SCHOOL
240 Nuthatch Rd, Bamfield

Snacks & Dinner Served

RSVP NOW
SCAN QR CODE

SCAN HERE



QUESTIONS?

piyush.p@huuayaht.org 250-723-0100

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4EVER STRATEGIES

Attention Huu-ay-aht & Maa-nulth-aht Fishers: Winter Chinook Me Too Fishery starts January 9, 2026.



Requirements:

- Registered vessel which meets marine safety requirements.
- Inshore or offshore fishing is allowed .
- Any gear type is permitted, use of plugs is not required.
- No gill net or seine net permitted.
- Non-retention of Fraser Pink Salmon.
- The fishery closes March 15, 2026 or when the allocation has been reached, whichever comes first.
- Fishers must obtain license and documentation from HFN Natural Resources Manager before fishing commences.

For more information or to sign up and get your license please contact:

Amelia Vos, Natural Resources Manager
at 250-728-3414 or amelia.v@huuayaht.org



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Huu-ay-aht Schedule January 2026

Sundays	Port Alberni: Culture Night	2:30 - 5 p.m.	3747 Church St. Port Alberni
Mondays	House of Huu-ay-aht Culture Night	7 - 9 p.m.	House of Huu-ay-aht
Thursday, January 22	Cultural Policies, Community Engagement Session	3:30 - 6 p.m.	House of Huu-ay-aht
Saturdays, January 24 & February 7	Recovery Circle	12 - 1:30 p.m.	Soaring Eagle
Monday, January 26	Envision the Future	4 - 6:30 p.m.	Bamfield Community School
Monday - Friday January 19 - 30	Homemaker Training	9 a.m. - 4 p.m.	Anacla Government Office
Mondays January 26 - March 16	Women's Circle	10 a.m. - 12 p.m.	Port Alberni Government Office
Mondays	Child & Family Wellness Drop-in	1 - 2:30 p.m.	CFW Office, ʔumʔiiqsu Centre
Fridays January 23 - February 20	Art Therapy, Huu-ay-aht Women ages 18 +	10 - 11:30 a.m.	CFW Office, ʔumʔiiqsu Centre

Youth Program Schedule January 2026

Mondays	NTC After School Club	Youth 12 +	3:15 - 5:15 p.m.	House of Huu-ay-aht
	Anacla: Culture Night	All Ages	7 - 9 p.m.	House of Huu-ay-aht

JANUARY 2026 COMMUNITY CALENDAR

HAPPY NewYear

Bamfield Community School Association

SUN	MON	TUE	WED	THU	FRI	SAT
Calendar Notes: • Celebrate Family Literacy Week: January 25 – February 1 • Come check out the BCSA Community Library during Library Hour! We have an amazing selection of free books to borrow for all ages! • Friday Night Chill has been changed to 7:00-9:00pm!				1 Winter Vacation! No School!	2 Winter Vacation! No School!	3
4	5 School's Out Gr. 4-7 BCS ~ 3 - 4:30 pm	6 School's Out Gr. 1-3 BCS ~ 3 - 4:30 pm Adult Basketball HOH ~ 7:30 pm - late	7 School's Out Gr. 4-7 BCS ~ 3 - 4:30 pm	8 School's Out Gr. 1-3 BCS ~ 3 - 4:30 pm Adult Ball Hockey HOH ~ 7:30 pm - late	9	10
11	12 School's Out Gr. 4-7 BCS ~ 3 - 4:30 pm Adult Soccer BCS ~ 7 - 8:30 pm	13 School's Out Gr. 1-3 BCS ~ 3 - 4:30 pm Library Hour BCS ~ 4:30-6:00 Adult Basketball HOH ~ 7:30 pm - late	14 School's Out Gr. 4-7 BCS ~ 3 - 4:30 pm	15 School's Out Gr. 1-3 BCS ~ 3 - 4:30 pm Adult Ball Hockey HOH ~ 7:30 pm - late	16	17
18	19 Non-instructional day, No School Adult Volleyball BCS ~ 7 - 8:30 pm	20 School's Out Gr. 1-3 BCS ~ 3 - 4:30 pm Adult Basketball HOH ~ 7:30 pm - late	21 School's Out Gr. 4-7 BCS ~ 3 - 4:30 pm Community Lunch BCS ~ 12 - 1 pm	22 School's Out Gr. 1-3 BCS ~ 3 - 4:30 pm Adult Ball Hockey HOH ~ 7:30 pm - late	23 Youth Friday Night Chill BCS ~ 7 - 9 pm	24
25 Books & Brunch BCS ~ 10:30 - 12 pm	26 School's Out Gr. 4-7 BCS ~ 3 - 4:30 pm Adult Dodgeball BCS ~ 7 - 8:30 pm	27 School's Out Gr. 1-3 BCS ~ 3 - 4:30 pm Library Hour BCS ~ 4:30-6:00 Adult Basketball HOH ~ 7:30 pm - late	28 School's Out Gr. 4-7 BCS ~ 3 - 4:30 pm	29 School's Out Gr. 1-3 BCS ~ 3 - 4:30 pm Adult Ball Hockey HOH ~ 7:30 pm - late	30	31 Pickleball Academy BCS ~ 10 - 11:30 pm

NTC Health Department in Anacla

Monday, January 26	**Youth Group at Soaring Eagle**
Wednesday, January 28	• **Clinical Counsellor** • **Quu'asa** • **Early Years Outreach Worker**
Thursday, January 29	• **Community Health Nurse** • **Mothers Support Worker** • **Quu'asa**

If you have any questions regarding a service, please contact Kimberly Nookemus at 250-728-3414 or kimberly.n@huuayaht.org or Kristen Young at 250-728-3414 or kristen.y@huuayaht.org



NEW COMPUTER EQUIPMENT

Available for community use at Soaring Eagle when open.

An opportunity for Citizens to learn digital skills!

- **6 new desktop computers**
- **6 monitors**
- **6 keyboards**
- **6 mice**
- **1 printer**



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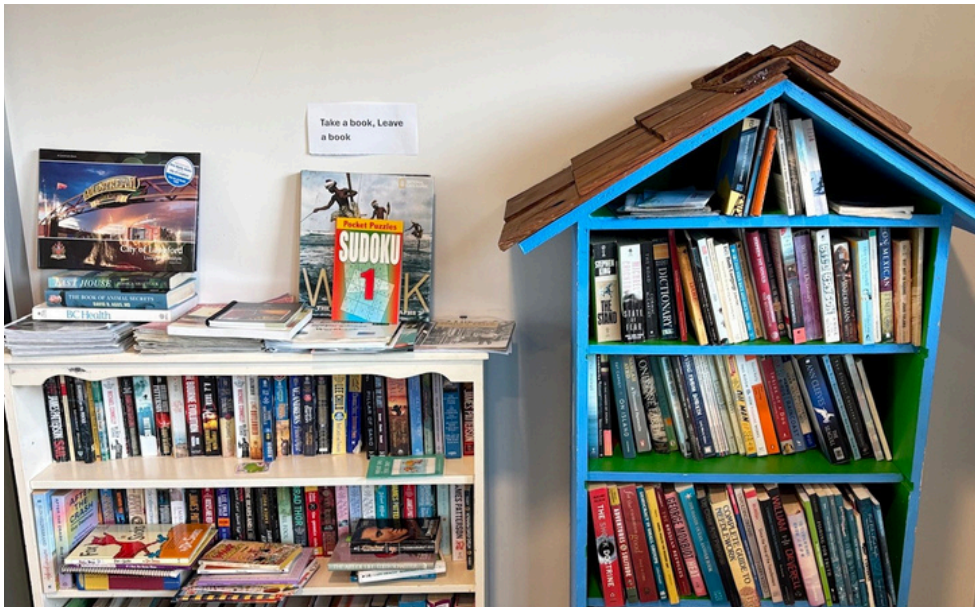
Anacla Little Library - Give a Book, Take a Book

Visit the community Book Exchange in Anacla!

The shelf is set up in the Anacla Office, between the entrance doors.

If you have gently used books you'd like to share, please bring them to the Anacla Office.

Everyone is welcome to give a book, take a book, and enjoy the exchange!



Huu-ay-aht Dance Practice

HOUSE OF HUU-AY-AHT

Mondays

7 - 9 p.m.

Bring your shawls and drums!



Community Safety Watch

Witwak are in the community to provide support, guidance, and to ensure safety in the community. They respond, report, and record incidents in the community.
They can be reached at 250-720-5275.
If it is an emergency, please dial 911, then notify Witwak.

We're Hiring!

- Strategic Initiatives Manager
- Family Support Worker
- Outreach Worker
- Cultural Wellness Worker

Full details of these postings are available on our website: https://huuayaht.org/whats-happening/work-with-us/ or scan QR code

Dad Central

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Dad Central

Type of support:

- **Building stronger parent-child relationships**
- **Handling toddler meltdowns or teen pushback**
- **Navigating co-parenting and partner communication**
- **Managing your time, energy, and mental health**
- **Developing as a leader—in your family and beyond**

Huu-ay-aht First Nations Child and Family Wellness Team has partnered with Dad Central to connect Huu-ay-aht Fathers with programs and support made for you.
If interested, please book an appointment with Drew from Dad Central using the QR Code.
To learn more about the organization, please visit www.dadcentral.ca

Please do not place flammable materials in curbside recycling carts. Lighters, propane tanks, and household batteries are at risk of exploding when compressed in curbside trucks.

Propane tanks can be dropped off for free recycling at:

- Alberni Valley Sort'nGo Center
- West Coast Landfill

Ensure lighters are empty of fuel before disposal in garbage.

Household batteries (single use & rechargeable)
are accepted for recycling at:

- Alberni Valley Sort'nGo Centre
- 3rd Ave Recycling Depot
- Canadian Tire
- Save on Foods
- No Frills
- Staples
- Tofino Co-op
- Windsor Plywood

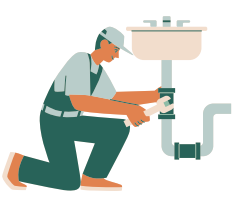


WINTER IS HERE...

Contact Huu-ay-aht infrastructure team for any Anacla housing maintenance requirements or firewood delivery.
250-728-3414









Don't have curbside organics service?

Join the Self-Haul Organics Pilot!

Sort'nGo ORGANICS





Pilot includes:

Cost $25

- 5 gallon Sort'nGo bucket (made from recycled ocean plastic)
- 15 organics drop-offs
- ½ yard of finished compost

It's not too late!

Residents of the Alberni Valley Electoral Areas, First Nations, and multi-family units can now join the self-haul organics pilot.

This includes Cherry Creek, Beaver Creek, Beaufort, Sproat Lake, Bamfield, Tseshaht First Nation, Hupacasath First Nation, Huu-ay-aht First Nations, Uchucklesaht Tribe, and the City of Port Alberni multi-family units.

- Pilot (November 20, 2025 to May 20, 2026) participants receive a 5 gallon Sort'nGo bucket made from recycled ocean plastic & 1/2 yard of finished compost on completion of 15 organics drop offs.
- The cost per 15 drop off punch card is $25.

Register at the ACRD Office (3008 Fifth Ave, Port Alberni).

2026 Seasonal Employment Opportunities
Bamfield Huu-ay-aht Group of Businesses

The Huu-ay-aht Group of Businesses (HGB) is now hiring seasonal team members for the upcoming season across our diverse operations in Bamfield. These positions offer an opportunity to work in a beautiful coastalenvironment while supporting Huu-ay-aht First Nations' economic development and creating unforgettable guest experiences across our hospitality businesses.

We have a varietyof seasonal opportunities ranging from 3–6 months, with start dates in April, May, and June. All positions conclude in September.
We offer competitive wages ($20.00–$30.00 per hour,depending on the position), seasonal retention bonuses, learning and development opportunities, and a fun, supportive work environment surrounded by breathtaking naturalbeauty. Limited employeehousing may be available.

Available Seasonal Positions

Pachena Bay Campground
·Campground Attendant (Guest Services)
·Campground Attendant (Custodial/Maintenance)
·Campground Host Accommodations

Lands
·General Labourer

Guest Services Clerk
·Housekeeper Gas Bar & Marina
·Gas / Marina Attendant Café
·Cook (Lead and Prep)
·Kitchen Helper Market
·Clerk
·Stock Person

For more information about specific roles and responsibilities, please refer to the job descriptions on our website - https://www.hfngroup.ca/careers/

What We're Looking For
·Strong customer service skills and a positive, team-oriented attitude
·Ability to work independently and collaboratively
·Willingness to take direction and adapt to changing priorities
·Availability to work weekends, evenings, and holidays, as required
·Previous experience is an asset but not required for many roles

Why Work With HGB
·Competitive seasonal wages
·A supportive and respectful workplace
·Opportunity to gain valuable hospitality and operations experience
·The chance to work in a stunning coastal environment

How to Apply
Please submit your application by January 20, 2026, including:
·A brief resume (or summary of work experience)
·The position(s) you are applying for
·Your availability
Applications can be emailed to: hradvisor@huuayaht.com

Initiate

by SMALL ECONOMY WORKS

10 WEEK VIRTUAL BUSINESS ACCELERATOR PROGRAM

BRITISH COLUMBIA



Task-based business development with access to practical business rewards



Connections to a local network of peers and Subject Matter Experts



Personalized coaching + peer learning to keep you on track and accountable

About the Initiate Rural Business Accelerator:
The Initiate Rural Business Accelerator supports rural and remote entrepreneurs to launch or scale businesses with mentorship, community support, and practical tools.

Apply by January 30th, 2026

To apply:
This **first-ever BC program** is open to rural entrepreneurs in Alberni-Clayoquot and Central Kootenay regions.

Program Dates:
February 23, 2026 - May 1, 2026
Virtual workshop times TBD (based on participant availability)

SCAN AND APPLY TO SAVE YOUR SEAT!

Learn more at smalleconomyworks.com /the-initiate-program#stream2

Supported by:

TD READY COMMITMENT

TAMARACK INSTITUTE

Community Futures Central Kootenay

Huu-ay-aht First Nations Online Training

Kim Barthell and her team from Relationship Matters are offering online seminars that the Huu-ay-aht First Nations' Child and Family Wellness Team has purchased for citizens to access.

Citizens will have access to all the seminars for one year and can watch them at their own pace. The access will expire on **February 15, 2026**.

Huu-ay-aht First Nation has created a login for all citizens to access these seminars. If you want to participate, please contact the Child and Family Wellness Team at 250-736-5066 for the login information.

Topics include:

- Becoming a Behavioural Detective: Understanding and Supporting Complex Behaviour
- Conscious Parenting
- Connection and Resilience
- The Impact of Sexual Abuse
- Self-Harm & Suicide
- Aggression in Childhood and Adolescence
- Grief and Loss
- Addiction
- Community of Support



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RUMOURS ARE NOT HARMLESS

They hurt people, our workplace, and our community



Rumours look like:

- "I heard that ___ about them…"
- Guessing why someone is off sick or on leave
- Talking about someone's performance, discipline, pay, or personal life without facts

Rumours can:

- Damage reputations and careers
- Create stress, anxiety, and mistrust
- Become bullying or harassment under our policies

At Huu-ay-aht First Nations, our values say "Do not gossip; stop gossip when it occurs."
Living ʔiisaak (respect) and ʔuʔaaɬuk (taking care of) means we speak to each other, not about each other. If you're not sure something is true, don't share it.

LEARN MORE - Scan QR codes to view resources

Guide: What is harassment and violence?

Huu-ay-aht First Nations Values and Guiding Principles.

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BCSPCA
SPEAKING FOR ANIMALS

Attention Anacla and Bamfield Huu-ay-aht Citizens!
The SPCA visits Anacla Community about once per month for pet wellness checks.

The SPCA donates pet food, blankets, beds, collars and leashes which can be found at the Anacla Government Office.

For more information contact:
Stephen Smith
stephen.s@huuayaht.org

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FANTASTIC BEASTS
Veterinary Services

Pawsitive Care Parksville

Low-Cost Vet Care and Spay/Neuter Services for Your Pets

Fantastic Beasts Veterinary Clinic's not-for-profit division is dedicated to enhancing veterinary accessibility across Vancouver Island. Our mission extends beyond animal care to support the well-being of people and pets together through our Pawsitive Care Program which provides low-cost veterinary services and low cost spay/neuter surgeries to families facing financial barriers.

Interested in Our Low-Cost Programs?

1. **Apply Online or via Email**
   Visit our website at www.fbvs.ca or email us at pawsitivecare@fbvs.ca to request an application.
2. **Eligibility Review**
   We'll review your application and annual household income to determine if you and your pet qualify for the program.
3. **Next Steps**
   Once your application is submitted, our team will contact you with further instructions.

To learn more about Pawsitive Care Parksville and low-cost pricing, please check out our website: www.fbvs.ca

Phone: (250)-947-1763 ext 3

Location: Fantastic Beasts Veterinary Clinic,
21-826 Island Hwy W, Parksville, BC, V9P 2B

FANTASTIC BEASTS
Veterinary Services

Resources for Veterinary Financial Assistance

Loan Programs:

- Health Smart Financial Services
- Petcard: Veterinary financing
- Medicard
- Fairstone
- Care Credit
- Scratch Pay

*Applying does not guarantee approval

Charities/Non-Profit Organizations:

There are some different charities/non-profit organizations that offer money to help struggling pet owners and their pets get the care they need. Some of these charities offer funding to offset the cost of emergency vet bills.

- RAPS Animal Hospital
- Balfour Friends - your vet clinic will have to submit on your behalf
- VOCAL Victoria
- National Pet Care Fund

*Applying does not guarantee approval

No Cost Preventative Care/Wellness Clinics:

*Please see specific website for guidelines on admission and what is offered at each clinic

- ~~Pawsitive Care – Parksville, BC –~~ on pause until further notice due to high volume
- Helping Paws – Nanaimo, BC
- Vets for Pets – Victoria, BC
- Spay and Neuter Cruiser - Victoria

We recommend considering pet health insurance as a long-term preventative solution, especially for animals with chronic conditions such as allergies, arthritis, etc. With insurance, you can alleviate the stress and worry of unexpected medical costs and ensure your pet receives the best possible care thorough their lifetime.

How do I transition my dog from outdoors to inside?

First: Assess your situation
Why is my dog living outdoors?

My dog's actions

» No training (jumps, chews)

» Not house trained

» Aggressive

» Too big, dirty or hairy

Steps to take

1. Ensure your dog has a veterinary exam to rule out medical issues that may be causing the unwanted behaviour.
2. Seek help from a professional dog trainer who uses humane training methods.
3. Read the tips in this brochure and visit the website for more information.
4. Consider rehoming your dog.

My actions

» Guard dog

» Cultural beliefs

» No time

» Allergies

Steps to take

1. Ensure your dog has a veterinary exam.
2. Read the information in this brochure and visit the website to learn more about what dogs need and use the tips to help bring your dog inside.
3. Consider rehoming your dog if you're not able to meet her needs.

Finally:
Keep your dog healthy and happy by providing her with regular veterinary checkups, daily exercise, play, a good quality diet and lots of time indoors as part of the family.

Think of the law

The B.C. Prevention of Cruelty to Animals Act states that a "person responsible for an animal must not cause or permit an animal to be, or continue to be, in distress."

What is distress?
Dogs are considered to be in distress who are: deprived of adequate food, water, shelter, ventilation, light, space, exercise, care or veterinary treatment, kept in conditions that are unsanitary, not protected from excessive heat or cold, injured, sick, in pain or suffering, or abused or neglected.

Your municipality's bylaw may also restrict keeping dogs on a chain or rope outside.

Notes:

The BC SPCA is committed to a "green" approach for environmentally friendly facilities and initiatives.

MIX Paper FSC® C003129

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About us

The BC SPCA is a not-for-profit animal welfare society reliant almost solely on public donations. To learn more visit **spca.bc.ca.**

BCSPCA
SPEAKING FOR ANIMALS

The British Columbia Society for the Prevention of Cruelty to Animals

BRINGING YOUR OUTDOOR DOG INSIDE



What is an outdoor dog?

Dogs living outside in a backyard, pen, on a balcony, loose on property or tethered on a chain or rope.

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SPEAKING FOR ANIMALS

The British Columbia Society for the Prevention of Cruelty to Animals

What are the risks when keeping your dog outdoors?

Health risks: Leaving your dog unprotected without proper housing in hot or cold weather can lead to heatstroke or hypothermia. Outdoor dogs are at risk for worms, fleas, ticks and disease. Illness and injuries not found early can lead to suffering, expensive vet bills or death of your dog.

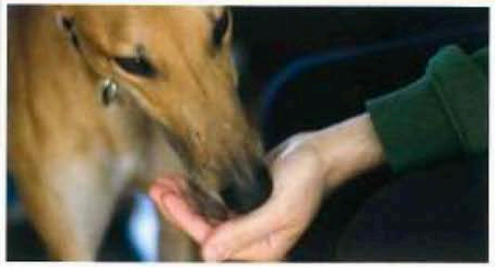
Physical harm: Dogs kept unmonitored on chains and ropes often get tangled, which can lead to strangling and other injuries. Dogs left outside are vulnerable to attacks from other animals or mistreatment by neighbours who feel they're a nuisance. Escaping a yard may result in a dog being hit by a car.



Neglect: Dogs housed outside are easily forgotten by guardians with busy lives. Not having time or forgetting may result in you neglecting your dog's basic needs like fresh water, food or ensuring a dry place to sleep. **Daily exercise and human companionship are essential to a dog's well-being; being left in a yard or on a chain isolated all day will not meet their needs.**

Behaviour problems: When isolated with limited human companionship, even friendly dogs may become bored and frustrated, leading to excessive barking, running away, aggression or depression. Anxious and fearful dogs who have no way to escape from approaching people or animals may resort to lunging, snapping or biting to protect themselves.

Liability: You can be held legally liable if your dog causes physical injury to a person whether or not it occurs on your property.



Common Questions

Where do I start? She hasn't been indoors for a long time.

Your dog needs to get used to being indoors so start slowly. Put a leash on her and bring her inside for short periods, even for just a few minutes to give her a tasty treat. Toss treats in the doorway to encourage her to enter if she is too nervous and never force her. Gradually have her spend more time inside with you. Once she is relaxed, give her time off leash in the house.

Feeding is a great way to help a dog get comfortable with being indoors.

1. Start by providing your dog with a mat when you feed her outside.
2. Feed your dog each meal on the mat; she can be standing, sitting or lying on the mat.
3. Remove the mat once she is finished eating. Bring it out again with the next meal.
4. Once she is comfortable eating on the mat, bring it and your dog on a leash indoors at feeding time.
5. Feed her on the mat in the house.
6. If she doesn't want to come inside, continue feeding on the mat but move it closer to the door.
7. Toss treats in the doorway for her to eat, while allowing her to go back outside if she's too nervous.
8. Your goal is to have your dog eating on her mat in the house and relaxing.

How can my dog guard the house if she is kept indoors?

Myth: If I leave my dog in the yard she will protect my home.

Fact: She may bark and deter people from coming into your yard but not your house. If you bring your dog inside and include her in home activities as part of the household, she will learn to bark if anyone is trying to break into your house or if she hears unfamiliar noises.



Dog Behaviour

Barking: Dogs who bark excessively may need more exercise or mental stimulation or they may suffer from separation anxiety. Have your dog examined by a veterinarian and speak with a professional dog trainer who uses humane training techniques to learn why your dog is barking and how you can help decrease this behaviour.

Aggression: If your dog is showing any signs of aggression such as: growling, snapping, biting, lunging towards people or other animals, take her in for a veterinary exam and seek help from a professional dog trainer who uses humane training techniques.

Jumping On People: When your dog jumps on you, back up or turn away. Don't say anything or push her off. Do this every time. Reward your dog with positive attention once all four feet are on the ground.



Chewing: Dogs need to chew and for some it even helps relieve anxiety. If your dog is chewing furniture or other things, talk to your veterinarian to determine if it is destructive chewing due to boredom or to separation anxiety. Exercise, play and feeding toys can help with boredom.



Training: Only use humane training techniques. **Never use harsh physical or verbal corrections with any animal.**

Housetraining

When your dog is learning to live indoors you will need to teach her when and where to urinate and defecate (eliminate) outdoors.

1. Decide on an area where you would like your dog to eliminate outdoors.
2. Start a routine visiting this area so your dog learns where she can eliminate. Visit this area in the morning, after meals, and before bedtime.
3. Go with her to the area, reward her when she eliminates in desired area and say "yes".
4. In the house, prevent any opportunities for her to have an accident by keeping her with you on a leash, don't leave her unsupervised and continue to manage her in the house for at least three weeks.
5. With no accidents for three weeks you can then loosen up your management in the house.
6. If your dog starts to have accidents following housetraining:
   a. Have a veterinary check-up to rule out any medical concerns.
   b. If there are no health concerns, go back to your housetraining plan and seek help from a professional dog trainer who uses humane techniques.
   c. **Never punish your dog, even immediately after the accident.** This is ineffective and abusive; your dog will learn to be afraid of you instead of learning to eliminate outside.
7. Visit your local BC SPCA Branch for more information on housetraining.

Visit spca.bc.ca/outdoordogs for more tips!

HUU-AY-AHT FIRST NATIONS

Patient Travel

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Due to some changes in the eligibility for accessing Medical Patient Travel
We will require the following documentation upon a Patient Travel request.

For regular appointments to the nearest provider (3-5 days to process)

Check list:

- Confirmation of appointment date and time.
- Confirmation of travel arrangements
- Confirmation of attendance, once visit is complete

Transportation

- Standard mode of transportation is by private vehicle and mileage rates
- Francis Barclay is not an approved mode of transportation, if it is the only way to and from Medical appointments, will then need to do as a Benefit Exception to FNHA for approval (5-7 days to process)
- Taxi Service will need to be submitted as a Benefit Exception to FNHA for approval (5-7 days to process)

For Specialists or Service Providers outside of the nearest provider (5-7 days to process)

Check list

- Confirmation of appointment
- Referral to the Specialist from your General Practitioner, Dentist or Optometrist
- If not nearest provider please note that we will be submitting to FNHA for approval though the Benefit Exception process (5-7 day process)
- Confirmation of travel arrangements
- Confirmation of attendance , once visit is complete.

Dental

- Dentist appointments are considered a day trip, please book appointments to allow time to get to and from in one day.
- If referred to a Oral Specialist you will need to send appointment confirmation and referral so we can do a Benefit Exception to FNHA for approval

Please contact Kimberly Nookemus, kimberly.n@huuayaht.org, or anyone from the Health team, 250-728-3414, to ensure all information is given correctly and plans are in place.

Patient Travel & Direct Deposit

Did you know Patient Travel funds can be sent through EFT
(Electronic Funds Transfer)?
If you're interested in using this service, please provide your Direct Deposit form from your bank to Finance. If your Direct Deposit form is already on file for another purpose, please inform the Finance Department, 250-723-0100, that you would like it to be used for this service as well.
For all other Patient Travel inquires, please contact Kimberly at kimberly.n@huuayaht.org or 250-728-3414

What is covered?

Mileage Rate
As of April 1, 2025, the permanent mileage rates will be:

Standard Mileage Rate:

- $0.29 per kilometre

Special Mileage Rate (for remote communities, as specified in their Funding Agreements):

- $0.35 per kilometre

HUU-AY-AHT FIRST NATIONS

Patient Travel

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Medical Transportation Benefits

First Nations Health Authority
Health through wellness

The Medical Transportation Benefit is intended to help you access medically necessary health services not available in your community of residence.

This may include coverage towards the cost of travel, meals, and accommodation. If you need help getting to or from your appointments, your Medical Transportation Benefits may also cover the cost of an escort to travel with you.

What my plan covers

You can access Medical Transportation Benefits for travel to access health services, including the following:

- Services eligible under First Nations Health Benefits (e.g., dental, vision, etc.).
- Medical services covered by the BC Medical Services Plan or a public health agency (e.g., cancer related travel).
- Publicly funded diagnostic tests and preventative screening programs.
- Traditional healers, if approved as an Exception.
- First Nations Health Authority funded Treatment Centres for substance use, recovery, and trauma programs.
- Witnessed ingestion of Opioid Agonist Treatment.

What my plan does not cover

Some types of travel that are not covered include, but are not limited to:

- Travel back to your community of residence if you become ill during non-medical related travel.
- Travel to pick up prescriptions, glasses, or medical supplies and equipment that do not need to be fitted (e.g., off the shelf braces).

For additional information on current Medical Transportation rates, escort eligibility, documentation or required travel forms, scan the QR code to visit fnha.ca/benefits/medical-transportation.

How Do I Access Coverage?

Where you access the program depends on what Nation and/or community you are from and where you live.

If you live in community, please contact your community's Patient Travel Clerk to access your Medical Transportation Benefits.

If you live outside your community, or are unsure who to contact for your travel, please call us at 1-855-550-5454.

1. **Submit your travel request and your written confirmation of appointment at least five business days before your trip to get prior approval.**
2. **Your Patient Travel Clerk or First Nations Health Benefits will send you your travel arrangements.**
3. **Attend your appointment as scheduled and get a signed Confirmation of Attendance Form from your Provider.**
4. **Submit your Confirmation of Attendance Form to your Patient Travel Clerk or to First Nations Health Benefits.**

Some requests may require additional documentation, such as an Escort Form or referral letter. First Nations Health Benefits or your Patient Travel Clerk can guide you through this process.

For more detailed information about your Medical Transportation Benefits, please scan the QR code to access the Medical Transporation Client Guide or call 1-855-550-5454.

September 2025

Meal Rates

Effective December 2, 2024, meal rates will change as reflected in the table below:

Fee schedule for meal rates

Rate type	Previous rate	Updated rate *effective December 2, 2024*
Daily rate for same-day trips lasting more than six hours.	$17.00 per person	$35.50 per person (5+ years) $17.00 per person (under 5 years)
Nightly rate for overnight trips up to six nights in duration.	$68.00 per night per person (5+ years) $29.00 per night per person (under 5 years) $283.00 per week per Client	$70.50 per night per person (5+ years) $30.00 per night per person (under 5 years) $283.00 per week per Client
Weekly rate for overnight trips of seven nights or more.	$425.00 per week per Client and approved escort*	$425.00 per week per Client and approved escort*

***Note:** The weekly rate of $425 per week is an inclusive rate for the Client and escort and applies only when the Client is an outpatient. An approved escort supporting a Client in the hospital will continue to access the weekly rate of $283 per week.

RCMP·GRC

ROYAL CANADIAN MOUNTED POLICE • GENDARMERIE ROYALE DU CANADA

INDIGENOUS PRE-CADET TRAINING PROGRAM



SPRING 2026

The Indigenous Pre-Cadet Training Program (IPTP) offers Canadian Indigenous people an opportunity to experience a modified three-week Depot training experience within the RCMP at the RCMP Training Academy in Regina, Saskatchewan.

You'll learn:

- An introduction to the Criminal Code and RCMP policy
- Physical fitness and drill
- Skills to help prepare you to apply to be a police officer

Basic Requirements:

- Be of First Nation, Inuit or Métis descent
- Be 18 years or older
- Be a Canadian citizen
- Be able to pass an enhanced reliability security check
- Be in good physical condition
- Possess a Canadian high school diploma or equivalent

For BC residents, contact us at:

e_precadet_program@rcmp-grc.gc.ca

Spring 2026
Dates: TBD

Apply by December 5, 2025

Royal Canadian Mounted Police | Gendarmerie royale du Canada

Income Assistance Notice

Community members who need to apply for Income Assistance or renew as a client of the program have the following responsibilities (Section 1.3 of Income Assistance Policy)

•To conduct themselves in a prompt, courteous and respectful manner.
•To actively seek work and attend programs, training and sessions as directed.
•If employable, to actively seek work. Clients must be available for any job they are capable of.
•To have or promptly apply for a social insurance number and to provide the appropriate identification for themselves and other family members as required.
•To provide all necessary information to the Social Development Worker and sign the application form.
•To pursue any other income that they may be entitled to, for example, employment insurance benefits, workers compensation, family maintenance, or spousal support.
•To first use any assets and income before seeking assistance from the Income Assistance Program.
•To take personal responsibility for becoming self-supporting.
•To be involved in the process of establishing eligibility for their benefits.
•To provide documentation to support their application when requested. All documentation is subject to verification. Clients providing false information will be subject to criminal charges.

Clients who meet any of the following criteria are not eligible for IA benefits: (Section 2.2 of Income Assistance Policy)

Healthy, employable, able-bodied persons between 19 and 55 years, who do not seek employment or accept available suitable employment, education, or training.

a.Persons who quit work, except with just cause.
b.People who are terminated from their job because they did not comply with reasonable job requirements (for example, by not showing up for work).
c.People who do not apply for Employment Insurance (EI) benefits, or who are disqualified from EI benefits because they failed to comply with program requirements.
d.A person who receives an unforeseen fortune or substantial monetary gain.
e.People who do not submit Monthly Renewal Forms as required.
f.Persons with monthly income or assets more than the allowable maximum (see 2.5, Income and Exemptions).

2026 payment schedule

~~January 21, 2026 (for February 2026)~~
February 25, 2026 (for March 2026)
March 25, 2026 (for April 2026)
April 22, 2026 (for May 2026)
May 27, 2026 (for June 2026)
June 24, 2026 (for July 2026)
July 29, 2026 (for August 2026)
August 26, 2026 (for September 2026)
September 23, 2026 (for October 2026)
October 21, 2026 (for November 2026)
November 18, 2026 (for December 2026)
December 16, 2026 (for January 2027)

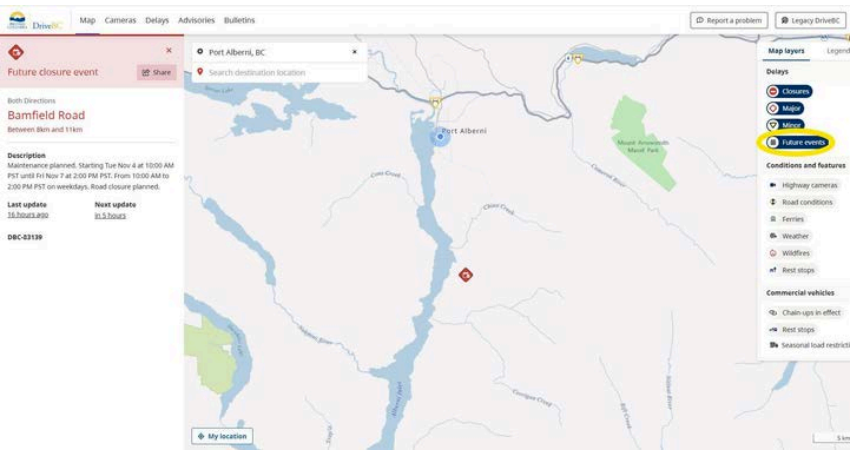
BE PREPARED FOR WINTER DRIVING CONDITIONS



- Check conditions before you go.
- Improve traction with winter tires.
- Keep and emergency kit in the car.
- Avoid travelling if it is not necessary.
- DRIVE WITH CAUTION.

huu ay aht
ANCIENT SPIRIT, MODERN MIND

Bamfield Main road closures: How to use DRIVEBC.CA



How to stay up to date on the Bamfield road activity:

1. Visit **https://www.drivebc.ca/**
2. When in the Map, on the right hand side there will be a Map Layers Menu
3. On that menu select "Future Events," this is where you can see planned closures
4. The symbol for scheduled future events is a red diamond with a calendar in it.
5. Click on the symbol to get the info.

Check **drivebc.ca** for future road closure details.

WOMEN CIRCLE

Every Monday

Starting January 19 until March 16

No session on Monday, February 16, due to Family Day Statutory Holiday

10 a.m. - 12 p.m.

(Meal Provided)

Huu-ay-aht First Nations Port Alberni Government Office (4644 Adelaide St.)

This eight-week program is designed to create a safe, culturally grounded, and empowering space for Huu-ay-aht women to come together in healing, strength, and sisterhood—honouring their stories and voices while addressing different issues that affect their well-being and community.

If you are interested or have questions, please contact Rena or Irene at 250-723-0100.

ART THERAPY

WITH BRIANNA HARVEY

For all Huu-ay-aht Women, ages 18+

Every Friday from
January 16 to February 20
10 – 11:30 a.m.
(6 sessions)

Location: CFW office at
ʔumʔiiqsu Center



Please contact Celine
at 250-731-5676
or celine.s@huuayaht.org
to register

UNITED WAY'S

School's Out Program



WITH THE BAMFIELD COMMUNITY SCHOOL ASSOCIATION

School's Out is a fun and engaging after-school program for children ages 6–12, designed to inspire, support, and spark creativity!

Starting on **Monday, September 8th**, Children will enjoy two dedicated days of programming each week, including an after-school snack and a variety of exciting activities that the kids will look forward to!



GRADES 1–3: TUESDAYS & THURSDAYS
GRADES 4–7: MONDAYS & WEDNESDAYS

3:00PM – 4:30PM AT THE SCHOOL

This program is proudly delivered by the BCSA, in partnership with United Way British Columbia (UWBC) and School District 70 (Pacific Rim).

PROGRAMMING WILL FOCUS ON...



- Identity Development
- Community Engagement & Land Stewardship
- Skills & Competencies
- Health & Wellness
- Social & Relational Well-being

Questions? Email Taylor at bcsalitfacilitator@gmail.com

REGISTRATION REQUIRED!

United Way British Columbia


Michelle Stoney