ANACLA NEWS

Volume 92 | March 28, 2025



The Anacla Government Office and Anacla Paawats Daycare will be closed on Thursday, April 3, for All Staff Training.

We apologize for the inconvenience. If needing assistance, please contact the Port Alberni Office at 250-723-0100. Anacla facilities will reopen on Friday, April 4.

The Port Alberni Government Office and Port Alberni Paawats Daycare will be closed on Friday, April 4, for all staff training.

We apologize for the inconvenience. If needing assistance, please contact the Anacla Office at 250-728-3414. Port Alberni facilities will reopen on Monday, April 7





*Based on Anacla Citizen data base list

Patrick Nookemus
March 25

Barry Halvorson
March 29

Leonard Nookemis
March 29

Jacqueline Mack
April 9



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ANCIENT SPIRIT, MODERN MIND

March 21, 2025

Re: Housing Manager Departure

The Board of the Maʔas taqimł Housing Society is posting this message to announce the departure of Housing Manager, Aaron Enns. Aaron leaves us with our thanks for his work as our Housing Manager. We wish him well as he moves on to new challenges.

Until we have recruited a permanent Housing Manager, we have appointed **Kurt Kranz** to the role of Interim Housing Manager. Please contact the Interim housing Manager at (250) 731-5001 or manager@hfnha.org for any housing-related issues until further notice.

Sincerely,

MAʔAS TAQIMŁ HOUSING SOCIETY

DocuSigned by:
Charlie Clappis
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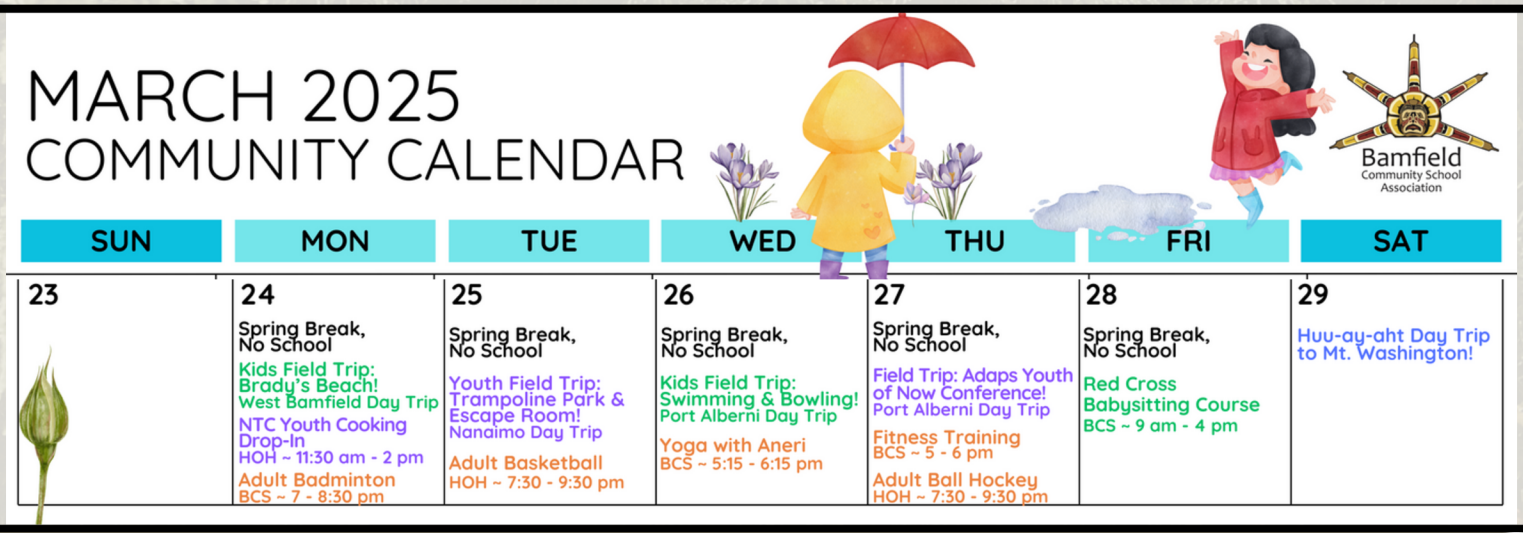
Board Chair

Kurt will be at the Housing Office 5 days a week from 7 a.m. to 2:30 p.m.

Office: Anacla Government Office, 170 Nookemus Road, Anacla, B.C., V0R 1B0
Phone: 1.888.644.4555 | 250.728.3414 | Fax: 250.728.1222
Mail: Port Alberni Government Office, 4644 Adelaide Street, Port Alberni, B.C., V9Y 6N4 | Phone: 250.723.0100 | Fax: 250.723.4646

Huu-ay-aht Schedule March 2025

Sun. March 30	**Anacla Culture Night**	**2:30 - 5 p.m.**	**Soaring Eagle**
Mon. March 31	**Men & Women Sewing Class (13 years and up)**	**6:30 - 8:30 p.m.**	**Soaring Eagle**



Huu-ay-aht Schedule April 2025

Thurs. April 3	Anacla Office & Anacla Paawats Closed	8:30 a.m - 4 p.m.:	Port Alberni will remain open on this day. Reopen on Friday, April 4
Fri., April 4	Port Alberni Office & Paawats Closed	8:30 a.m - 4 p.m.	Anacla will remain open on this day. Reopen on Monday, April 7
Sun., April 6	Port Alberni Culture Night	2:30 - 5 p.m.	3747 Church St
Thurs., April 10	Building Meaningful Relationships Workshop	9:30 a.m. - 2 p.m.	Port Alberni Government Office
Wed., April 16	Hike to Higher Ground: Tsunami Preparedness	TBD	Upper and Lower Anacla to the Bamfield Fire Hall
Thurs., April 17	Building Meaningful Relationships Workshop	9:30 a.m. - 2 p.m.	Port Alberni Government Office
Sun., April 27	Anacla Culture Night	2:30 - 5 p.m.	Soaring Eagle

NTC Health Department in Anacla

APRIL

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Wednesday — April 2
- Quu?asa
- Homecare

Thursday — April 3
- Child & Youth Mental Health Counsellor
- Cultural Support

Monday — April 7, 14, & 28
- Early Years Outreach Worker, (Afterschool)

Wednesday — April 9
- Community Health Nurse
- Dietitian
- Quu?asa

Thursday — April 10
- Early Years Outreach Worker
- Child & Youth Mental Health Counsellor
- Cultural Support

Wednesday — April 16
- Community Health Nurse
- Harm Reduction

Thursday — April 17
- Child & Youth Mental health Counsellor
- Cultural Support

Wednesday — April 23
- Community Health Nurse
- Quu?asa

Thursday — April 24
- Early Years Outreach Worker
- Child & Youth Mental Health Counsellor
- Cultural Support

Wednesday — April 30
- Community Health Nurse
- Harm Reduction

Contact

If you have any questions regarding a service, please contact Kimberly Nookemus at 250-728-3414 or kimberly.n@huuayaht.org or Kristen Young at 250-728-3414 or kristen.y@huuayaht.org

Monday Night Drop-in Sports

7:00 - 8:30 pm at the Community School

Drop-in fees (**$5 per player**) help to fund our children's programming.
10-session punch cards are available for $50, and can also be used for yoga.
Thank you for your contribution!

Ages 15+, teens play free.

In March

- **Mar 3 - Dodgeball**
- **Mar 10 - Volleyball**
- **Mar 17 - Dodgeball**
- **Mar 24 - Badminton**
- **Mar 31 - Dodgeball**

Important - Anacla Residents

It has been noticed that Citizens and Community members have been entering the HFN Woodlot without notice. HFN Woodlot operates the Elders Firewood Program, and there is machinery operating in the lot. Having people enter without notice is a safety issue. We ask the community to not enter the woodlot where the program is ran.

If you are needing Firewood, please call the Anacla Office at 250-728-3414 and the reception will assist in filling out the request

House of Huu-ay-aht Update:

I want to inform you that the flooring contractor will begin work on the House of Huu-ay-aht starting Wednesday, March 26, 2025. The renovations are expected to take approximately two weeks, during which time the space will be unavailable for any use. Thank you for your understanding.

Huu-ay-aht Gathering Sewing Night

Join Cory for a sewing class! This is for all Huu-ay-aht Citizens, ages 13 and older

Anacla
Monday, March 31
6:30 - 8:30 p.m.
Soaring Eagle

Maintenance Requests

For repairs in Huu-ay-aht rental units, elder houses, and government buildings. Call the Anacla Government offices at 250-728-3414. They will fill out a maintenance request form. **Please Note: Requests may take 3 - 5 business days**

Huu-ay-aht First Nations Online Training

Kim Barthell and her team from Relationship Matters are offering online seminars that the Huu-ay-aht First Nations' Child and Family Wellness Team has purchased for citizens to access.

Citizens will have access to all the seminars for one year and can watch them at their own pace. The access will expire on **February 15, 2026**.

Huu-ay-aht First Nation has created a login for all citizens to access these seminars. If you want to participate, please contact the Child and Family Wellness Team at 250-736-5066 for the login information.

Topics include:

- Becoming a Behavioural Detective: Understanding and Supporting Complex Behaviour
- Conscious Parenting
- Connection and Resilience
- The Impact of Sexual Abuse
- Self-Harm & Suicide
- Aggression in Childhood and Adolescence
- Grief and Loss
- Addiction
- Community of Support



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Building Meaningful Relationships

"Building Meaningful Relationships" is a workshop that delves into gaining more awareness about our attachment styles and their influence on behaviour and communication. You will learn some tools to effectively communicate to foster open, authentic relationships with your family, friends, and co-workers. The workshop also offers strategies for emotional regulation and self-regulation, enhancing conflict resolution skills, and maintaining meaningful relationships.

Facilitators: Clinical Counsellors: Irene Cordero and Rena Johnson

Lunch will be provided, and **registration is required**.

Dates: Thursdays, April 10 & 17, 2025
Time: 9:30 a.m. - 2 p.m.
Location: Port Alberni Government Office Boardroom
Register: Contact Irene Cordero or Rena Johnson at 250-723-0100



Dentist Dr. Parth Naik will be in community from Wednesday, April 30, to Friday, May 2, 2025, to provide dental care!

📅 Date: April 30 – May 2, 2025
📍 Location: Anacla Government Office
📩 Appointments: Email info@northravendental.com to book your spot!

Easter Egg Hunt
Saturday, April 19, at Centennial Park.
Time is 11:00 a.m. for gathering and hunting!
Hosted by: Bamfield Community Hall Society

Child & Family Wellness
Drop-in snack and Chat

Date: Thursdays, starting April 10, 2025
Where: Anacla Government Office
Time: 12 - 1 p.m.
Topics: Self Care, Parenting tips, Stress Management, Conflict Resolution, Communication, Boundaries, Crafting, Affordable activities, & cooking on a budget

BCSA ANNOUNCEMENTS

DROP-IN GROUP FITNESS CLASSES

With Alessandra!

Bamfield Community School Association





Join us for fun weekly **CIRCUIT TRAINING WORKOUTS** in a friendly, supportive environment!

Classes will involve variations and customizable exercises to improve strength, endurance and cardio!

THURSDAYS
5 - 6 PM
AT THE SCHOOL

$10 ADULT DROP-IN FEE

Proceeds will support our Youth Basketball and Volleyball Program!

Alessandra has lots of experience coaching and working in the fitness industry. She looks forward to being your biggest hype woman!

Linda Smith

Nurse Navigator

Port Alberni - Southern Region



Services I can offer to your Family & Community include:

One To One

- Provide healthcare resources.
- Liaise with Island Health and/or physicians and Nurse Practitioners, including registration with the Ministry of Health to be assign a new primary care provider (if previous on has retired or if never had a doctor before for instance).
- Provide referrals to appropriate contacts.
- Identifying resources to access a primary care provider.
- Ensure accessibility to healthcare documents and information.
- Support community members with treatment center applications in collaboration with a counsellor.
- Arrange to be present during appointments if support needed (Linda does not transport community members)
- Assist with discharge planning along side the Indigenous Liaison Nurses
- Explain healthcare issues or concerns
- Provide assistance and direction if community members have complaint about services while in the hospital

Training Experience

- Licensed Practical Nurse
- CPR/First Aid
- ASIST Training
- Crisis Intervention & Management Training
- TB SCREENING

Communities Served

Based in Port Alberni Health department office
14 nuuchahnulth nations

Contact Information

Linda Smith
Phone: 250-724-3939 or 250-731-5392
Email: linda.smith@nuuchahnulth.org

HUU-AY-AHT FIRST NATIONS

Patient Travel

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Due to some changes in the eligibility for accessing Medical Patient Travel
We will require the following documentation upon a Patient Travel request.

For <u>regular appointments</u> to the nearest provider (3-5 days to process)

Check list:

- Confirmation of appointment
- Confirmation of travel arrangements
- Confirmation of attendance, once visit is complete

<u>Transportation</u>

- Standard mode of transportation is by private vehicle and mileage rates
- Francis Barclay is not an approved mode of transportation, if it is the only way to and from Medical appointments, will then need to do as a Benefit Exception to FNHA for approval (5-7 days to process)
- Taxi Service will need to be submitted as a Benefit Exception to FNHA for approval (5-7 days to process)

For <u>Specialists or Service Providers outside</u> of the nearest provider (5-7 days to process)

Check list

- Confirmation of appointment
- Referral to the Specialist from your General Practitioner, Dentist or Optometrist
- If not nearest provider please note that we will be submitting to FNHA for approval though the Benefit Exception process (5-7 day process)
- Confirmation of travel arrangements
- Confirmation of attendance , once visit is complete.

Dental

- Dentist appointments are considered a day trip, please book appointments to allow time to get to and from in one day.
- If referred to a Oral Specialist you will need to send appointment confirmation and referral so we can do a Benefit Exception to FNHA for approval

Please contact Kimberly Nookemus, kimberly.n@huuayaht.org, or anyone from the Health team, 250-728-3414, to ensure all information is given correctly and plans are in place.

Patient Travel & Direct Deposit

Did you know Patient Travel funds can be sent through EFT (Electronic Funds Transfer)?

If you're interested in using this service, please provide your Direct Deposit form from your bank to Finance. If your Direct Deposit form is already on file for another purpose, please inform the Finance Department, 250-723-0100, that you would like it to be used for this service as well.

For all other Patient Travel inquires, please contact Kimberly at kimberly.n@huuayaht.org or 250-728-3414

Income Assistance Notice

Community members who need to apply for Income Assistance or renew as a client of the program have the following responsibilities (Section 1.3 of Income Assistance Policy)

•To conduct themselves in a prompt, courteous and respectful manner.
•To actively seek work and attend programs, training and sessions as directed.
•If employable, to actively seek work. Clients must be available for any job they are capable of.
•To have or promptly apply for a social insurance number and to provide the appropriate identification for themselves and other family members as required.
•To provide all necessary information to the Social Development Worker and sign the application form.
•To pursue any other income that they may be entitled to, for example, employment insurance benefits, workers compensation, family maintenance, or spousal support.
•To first use any assets and income before seeking assistance from the Income Assistance Program.
•To take personal responsibility for becoming self-supporting.
•To be involved in the process of establishing eligibility for their benefits.
•To provide documentation to support their application when requested. All documentation is subject to verification. Clients providing false information will be subject to criminal charges.
Clients who meet any of the following criteria are not eligible for IA benefits: (Section 2.2 of Income Assistance Policy)

Healthy, employable, able-bodied persons between 19 and 55 years, who do not seek employment or accept available suitable employment, education, or training.

a.Persons who quit work, except with just cause.
b.People who are terminated from their job because they did not comply with reasonable job requirements (for example, by not showing up for work).
c.People who do not apply for Employment Insurance (EI) benefits, or who are disqualified from EI benefits because they failed to comply with program requirements.
d.A person who receives an unforeseen fortune or substantial monetary gain.
e.People who do not submit Monthly Renewal Forms as required.
f.Persons with monthly income or assets more than the allowable maximum (see 2.5, Income and Exemptions).

Government of Canada | Gouvernement du Canada

In your community

Canada

Canada Revenue Agency

- Benefits and Credits available such as Canada Child Benefit
- Disability Tax Credit
- GST/HST Credit
- Tax slips, forms and resources

Service Canada

- Pension information on Old Age Security and Canada Pension Plan
- Get a Social Insurance Number (birth certificate in most cases will be required)
- Receive an access code to sign up for online My Service Canada
- Canadian Dental Care Plan information
- General Government of Canada information

Please come in during the dates and times below to ask questions about any of our programs.

10:00 to 3:00 Tuesday April 8, 2025

170 Nookemus Rd

Anacla Government Office

Presented by: Service Canada and the Canada Revenue Agency

Student Summer
EMPLOYMENT

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Deadline:
Thursday, May 1, 2025

Are you a student looking for full-time or part-time work?
Apply now for a Huu-ay-aht First Nations Government student job! Explore careers in Administration, Daycare, Lands & Natural resources, Communications, IT, Culture, and more — in Port Alberni, Anacla, or Bamfield.

Who can apply?
- ✓ Students aged 16–25
- ✓ Registered full-time in secondary or post-secondary studies
- ✓ Preference given to Huu-ay-aht citizens

Where to apply?
We ask that all applicants fill out the HFN Student & Youth Employment Program Application that can be found on our website under our current job postings.

www.huuayaht.org/work-with-us/ | 250.728.3414 | hr@huuayaht.org

2025 payment schedule

~~January 15, 2025 (for February 2025)~~
~~February 19, 2025 (for March 2025)~~
~~March 19, 2025 (for April 2025)~~
April 16, 2025 (for May 2025)
May 21, 2025 (for June 2025)
June 25, 2025 (for July 2025)
July 23, 2025 (for August 2025)
August 27, 2025 (for September 2025)
September 24, 2025 (for October 2025)
October 22, 2025 (for November 2025)
November 19, 2025 (for December 2025)
December 17, 2025 (for January 2026)

WE ARE HIRING

TENANT SUPPORT WORKER

- **Location:** ʔumʔiiqsu (Oomiiqsu) Centre (Port Alberni).
- **Salary:** $60,000 - $80,000 per year
- **Hours:** 25.5 – 42.5 hours per week

WHAT YOU WILL DO:

Key responsibilities include ensuring a safe environment for mothers and children, providing prevention-focused support through culturally sensitive, trauma-informed practices, assisting with personal goals and agency concerns, facilitating groups, offering parenting support, and managing conflicts and crises.

TENANT SUPPORT WORKER

- **Part-time** (20 hours per week)
- **Location:** Anacla Government Office
- **Hourly pay:** $25 - $30

WHAT YOU WILL DO:

The mail and delivery person will handle mail pickup, sorting, and distribution in upper and lower Anacla, along with managing the citizen mailbox database and key distribution.

COMMUNICATION ASSISTANT

- **Part-time**, 6 months with possible extension, 20 - 25 hours per week
- **Location:** Port Alberni Government Office
- **Salary:** $25-$30 per hour

WHAT YOU WILL DO:

The Communications Assistant supports the Communications Department in engaging the Huu-ay-aht community and enhancing communication between the government, administration, development corporation, and citizens.

CULTURAL WELLNESS WORKER

- Full-time
- **Location:** Port Alberni Government Office
- **Salary:** $43,000 - $51,000

WHAT YOU WILL DO:

Reporting to the Cultural Wellness Administrator, the Cultural Wellness Worker is an integral position for the Huu-ay-aht First Nations Cultural Wellness Program. The position is responsible for delivering Huu-ay-aht First Nation knowledge training, participating in and/or leading cultural events and providing advice and/or guidance on cultural protocols.

ʔUMʔIIQSU CENTRE

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SEND YOUR COVER LETTER AND RESUME TO:
hr@huuayaht.org

CONTACT
250-728-3414

Huu-ay-aht First Nations

Support is available



Teechuktl Mental Health
250-724-3939

- Mental health and addictions support
- Harm reduction (prevention, supplies, and training including Naloxone kits)
- Suicide prevention
- Murdered and missing Indigenous girls and women (MMIWG) support
- Residential school support worker

Quu'asa Wellness
250-724-5757

- Culture support
- Clinical counselling

Huu-ay-aht Child and Family Wellness Department
250-723-0100

Huu-ay-aht Cultural Team
250-728-3414 or 250-723-0100

24-Hour Crisis Support

First Nations & Inuit Hope or Wellness Help Line
1-855-242-3310

Vancouver Island Crisis Line
Toll-free in BC 1-888-494-3888

1-800-SUICIDE (1-800-784-2433)
Call if you are considering suicide, or are concerned about someone who may be at risk of suicide.

Mental Health Support
310-6789
Emotional support and resources for mental health and substance use disorders

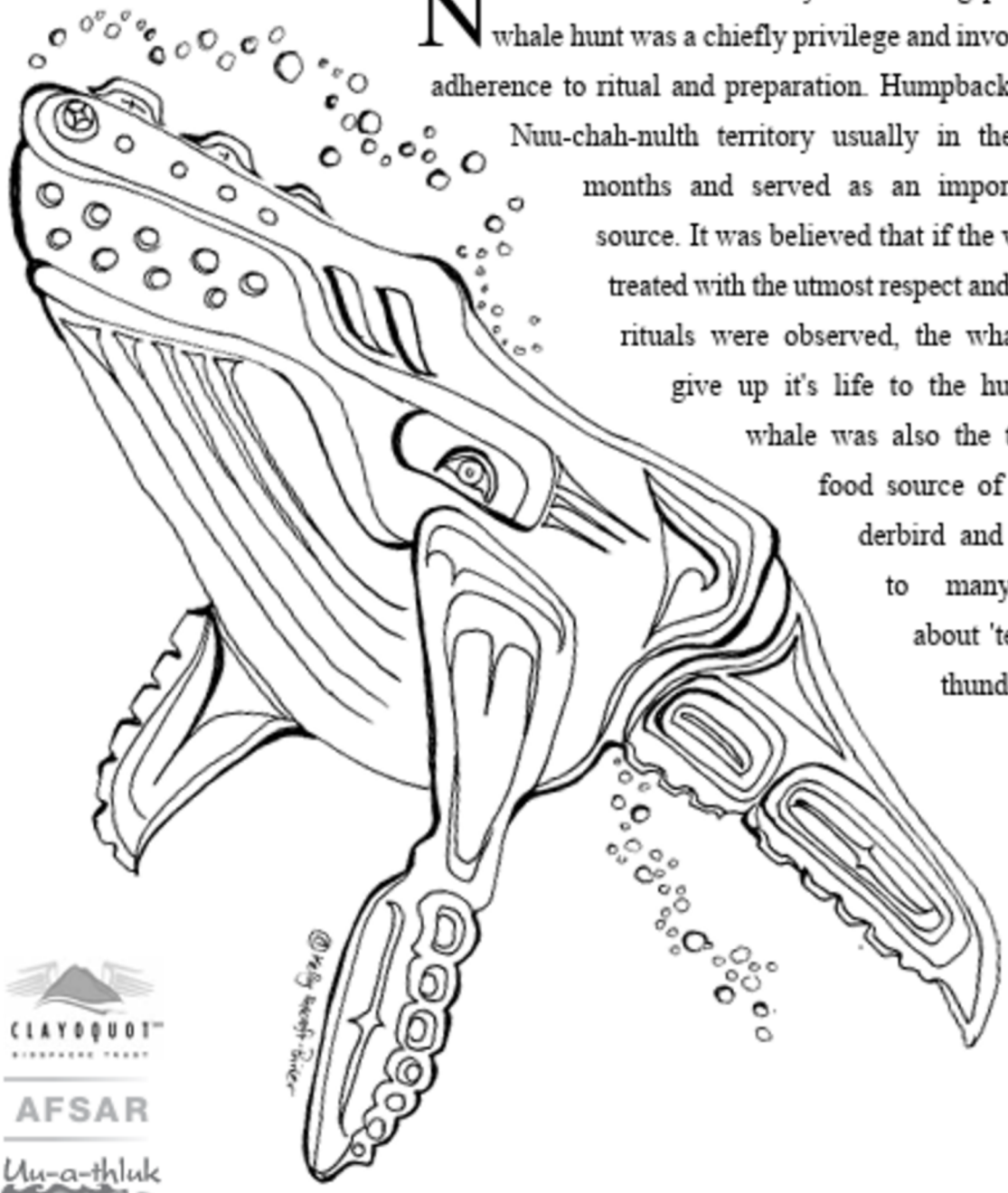
Indian Residential School Survivor and Family
1-800-721-0066

9- 8-8: Suicide Crisis Helpline (Text or Call)
988

Kuu-Us Crisis Line
Adults/Elders 250-723-4050
Child/Youth 250-723-2040
Toll Free: 1-800-588-8717
Metis Line 1-833-638-4722

HUMPBACK WHALE

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Nuu-chah-nulth traditionally are whaling people. The whale hunt was a chiefly privilege and involved strict adherence to ritual and preparation. Humpbacks lived in Nuu-chah-nulth territory usually in the summer months and served as an important food source. It was believed that if the whale was treated with the utmost respect and all proper rituals were observed, the whale would give up it's life to the hunter. The whale was also the traditional food source of the thunderbird and is linked to many stories about 'teetskin' or thunderbird.

CLAYOQUOT BIOSPHERE TRUST

AFSAR

Uu-a-thluk