Citizen Development Review Report

March 2021



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Introduction & Background

Canada's First Nations communities face persistent challenges such as high rates of unemployment, poverty, and health problems. The federal government has been responsible for delivering to First Nations communities social and economic programs that were meant to directly improve the lives of the people living there. However, even though the federal government spends billions of dollars a year on programs and services targeted to Aboriginal peoples that address issues such as housing, health care, education, and economic development, the conditions in many First Nations communities and of many Aboriginal peoples remain significantly below the national average.

In 2012 Huu-ay-aht Executive Council enacted the Citizen Development Regulation to establish an administrative review that will assist in the development of policies and programs to encourage and enable Huu-ay-aht Citizens to reach their full potential. The Citizen Development Review Officer will every four years prepare a Citizen Development Report to include the review of Huu-ay-aht Citizen development policies, programs, and legislation.

Huu-ay-aht Philosophy

Values of the Huu-ay-aht Peoples are reflected in their ancient culture. ?iisaak (respect for), Hisuk ma cawak (everything is connected), ? uu?atuk (taking care of) are core Huu-ay-aht values.

Huu-ay-aht Strategic Objective

Citizen Development through empowerment & support

All Huu-ay-aht children grow up safe, healthy, and connected to our families, our Huu-ay-aht culture, and values; families stay together.

Citizens receive support to be physically, spiritually, emotionally, and mentally healthy.

Quality education and employment opportunities are available and accessible for all Huu-ay-aht.

Executive Summary

The Citizen Development Review Report describes and summarizes the outcomes of the Citizen Development Regulation project designed to review and assess Huu-ay-aht citizens wellness. In January 2019 the Citizen Development Officer began engagement with Huu-ay-aht Citizen Development Committee and staff to develop the project plan.

The key area's of the Citizen Development Project work plan:

- Research
  - Review of existing Community Services
  - Review of existing policies, procedures and legislation
  - Discussions with Citizen Development Committee
  - Review of external resources and influences
- Consultation with Staff and Conduct Citizen Survey
  - Meeting set ups
  - Develop questionnaires and survey tools
  - Conducting interviews
  - Internal and external surveys
  - Public meetings

The project experienced set backs to the timeline as community engagement was postponed due to other department engagement and then restricted due to COVID 19. The Citizen Development Officer was unable to have any public meetings or conduct interviews with Citizens. The Citizen Development Survey, posted on Facebook and in the Huu-ay-aht News Letter, was open for 6 weeks and received 80 survey responses.

This report gives an overview of the information we have about the vital Community Services programs provided to Huu-ay-aht citizens. It seeks to identify influences on citizen development and offers recommendations for how Huu-ah-aht can work towards implementing programs to promote citizen wellness. The greatest strength of this report is in the opportunity it brings to have conversations in community about what matters to every family and every citizen in order for their health and development. Effective community service programming, staff involvement and citizen engagement have proven to be the solution to challenges in the past, and can be in the future.

Many things combine to affect the health of our communities including income, education, biology, access to health services, the physical environment, as well as social support systems and connections to culture. Huu-ay-aht citizens share challenges and experiences with other Indigenous citizens living in remote and rural settings. Social, educational, and employment opportunities can be limited. These stresses can be complicated by other risk factors, like challenges in the family home, relationships, or finances, and can have an impact on a person's health. We know that having a connection to Culture and Community, Health Services, Education and Employment sets up the trajectory for a healthier life. However, we also know that it is these and other determinants of health and the context of people's lives that determines the health of individuals. A holistic approach involving all sectors of citizen wellness must be taken. Together, Huu-ay-aht leaders, staff and citizens must look for solutions to address health and wellness and inequities by identifying and implementing opportunities that will result in measurable, long term, and positive impacts for Huu-ay-aht citizens.

This report gives an overview of the information we have about the vital Community Services programs provided to Huu-ay-aht citizens. It seeks to identify and explain influences on citizen development and offers recommendations for how Huu-ah-aht can work together towards citizen wellness. The greatest strength of this report is in the opportunity it brings to have conversations in community about what matters to every family and every citizen in order for their health and development. Effective community service programming, staff involvement and citizen engagement have proven to be the solution to challenges in the past, and can be in the future.

The Citizen Development Review Report describes and summarizes the outcomes of the Citizen Development Regulation project designed to review and assess Huu-ay-aht Community Services.

Community Services

1.Social Development

Social Development Program

Social development is about improving the well-being of every individual in society so they can reach their full potential. The success of society is linked to the well-being of each citizen. Social development means investing in people. It requires the removal of barriers so that all citizens can journey toward their dreams with confidence and dignity. It is about refusing to accept that people who live in poverty will always be poor. It is about helping people so they can move forward on their path to self-sufficiency.

Social Development Program Review

Huu-ay-aht's Community Services Department provides social assistance, emergency funding, family violence prevention, funeral subsidy, workshops, low-income parent support programming and income tax filing.

The Huu-ay-aht First Nation Fiscal Financing Agreement (FFA) sets the responsibilities of Huu-ay-aht for ensuring, either directly or indirectly, the provision of Federally Supported Programs and Services, Implementation Activities and Provincially Supported Programs and Services.

Huu-ay-aht First Nation will ensure the provision of the following Federally Supported Programs and Services:

- Income assistance and services, including basic needs, shelter, guardian financial assistance and special needs.
- Non-insured health benefits.
- Training, education, and support initiatives to reduce reliance on income assistance.
- Local community programs that contribute to physical, emotional, and social well-being, including adult in-home care, family violence and children's programs, but not including residential and institutional programs and services for individuals with physical and mental handicaps.

Social Development Program Opportunities

- Develop a Program and Services Delivery Act to ensure the delivery of the Federally Supported Programs and Services and provide the overarching guiding principles for the following:

1. Organization

- Executive responsibility and delegation
- Director of Programs and Services responsibility, delegation and authority
- Chief Executive Officer responsibility and authority
- Director of Finance responsibility

2. Fiscal Agreements

- Executive Responsibility

3. Population Data Base

4. Program or Service Delivery Agreements

- Executive responsibility
- Required provisions

5. Health Services

- Health Services provider designation
- Health Services

6. Social Services

- Child and Family Services Agreement
- Social Services

7. Education Programs

- Early Childhood Education
- Kindergarten to grade 12
- Post-Secondary Funding

8. Local programs and Services

- Executive and legislative functions, and the administration, management, and operation of Huu-ay-aht's Institutions,
  - Record management
  - Conduct of any referenda's
  - Financial management
  - Insurance of any permits or licenses in respect of activities on Huu-ay-aht First Nation Lands
  - Appointment of any officers required for the enforcement of Huu-ay-aht enactments
- Establishment and operation of any fire department, voluntary or otherwise,
- Development, implementation, and annual updating of an emergency preparedness response plan.

2. Social Services

Social Services Project

In July 2016, Huu-ay-aht Executive Council appointed an independent Social Services Panel to:

- Consult extensively with Huu-ay-aht children, mothers, fathers, foster parents, the Citizen Development Committee and other key individuals, organizations, and governments,.
- Develop case studies to illustrate (based on evidence) the problems with the social service system.
- Consider preventative programs, community resources, Huu-ay-aht involvement in decisions, proactive notice, lateral violence, anger management, restorative justice, social worker burnout, healing centers, addiction treatment, safe homes, cultural programs, etc.
- Prepare specific recommendations to Executive Council on "made in Huu-ay-aht" changes to Huu-ay-aht laws, social services agreements, policies, programs, services, and facilities.
- Recommend an implementation plan and sufficient funding sources.

Social Services Panel Recommendation 17

The Citizen Development Officer, which is already provided for under Huu-ay-aht legislation, must be appointed at all times and:

- Must function as external independent monitor and systems advocate (similar to the function of the Representative for Children and Youth at the provincial government level),
- Will be an important aspect of transparency and accountability in advancing initiatives to bring Huu-ay-aht children home and improve outcomes for youth and families,
- Will function as systems advocate for Huu-ay-aht youth and families— to explain and ensure that youth and families are accessing and receiving all wrap around support services that are available and ensure FSW and PSW exercise their full mandates with respect to each youth and family.
- Must be independent of any Huu-ay-aht government department, and reports must be public —this independence must be established by legislation providing for the above responsibilities.
- Will monitor reports and recommendations made by the Implementation and Oversight Committee and monitor Huu-ay-aht government responses and actions and make monitoring reports public.

Social Services Panel Recommendations for Social Development Programs

- Implementation & Over-site Committee
- Quality Assurance Committee
- Baby Welcoming Program
- Food, Necessities & Shelter Support
    - Fresh Food Basket
    - Transportation Assistance
    - Shelter Assistance
    - Diaper Allowance
    - School & Activity Assistance
    - Other Emergency Supports available at FSW &PSW
- Addiction Treatment & Mental Health Counselling
- Transition Support Program
    - Day Centers/Family Centers
- Support and Safety Mechanisms in Anacla
    - Safe houses
    - Host homes
    - More services and meetings
    - Youth Specific Councilors
    - Regular transportation
    - Playground update
    - Elder Liaisons
- Cultural Programs
    - Cultural & Youth Support Workers
    - House Groups
    - Transportation Access
    - Youth appropriate activities
- Parental Education & Support
- Anti-Violence Program
    - Link to Community Policing
    - Safe Places & Safe People
- Elders Liaison Support Program
- Legal Advocates
    - Children & Youth
    - Parents
- Jordan’s Principal

Social Services Project Review

Huu-ay-aht Community Services and Child and Family Wellness departments have been working to achieve the recommendations made by the Social Services Panel . Many programs and supports implemented have made instrumental effects on family wellness and and have resulted in 27 children in care returning to family. The recommendations are recognised in the departments and programs are being implemented, however reporting and data collection is not occurring enough to measure effectiveness.

The Social Services Panel recommended the establishment of two committees:

1. **Implementation and Oversight Committee** that would monitor and oversee the implementation of the recommendations and make further recommendations to Huu-ay-aht Government.
2. **Quality Assurance Committee** that would report to and advise the Implementation and Oversight committee of any broader issues that need addressing

The Citizen Development Officer is to review the reports and recommendations made by the Oversight Committee and monitor Huu-ay-aht government responses and actions, and make monitoring reports public. The reports and recommendations to Executive Council were not provided to the Citizen Development Officer and committee minutes were not always taken. The recommendations of the Social Services Panel for the committees and the Citizen Development Officer roles are to ensure the planning, decision making and monitoring structures are effective and transparent. There is a gap in the transparency and oversight reporting of the Social Service Panels recommendations and implementation.

Further, there is a contradiction between the Social Services Panel Recommendation 17 “The Citizen Development Officer, which is already provided for under Huu-ay-aht Legislation, must be appointed at all times” and the Citizen Development Regulation which states “Executive Council must appoint a qualified individual as Citizen Development Review Officer for a term not to exceed 12 months.”

The Social Services Panel has recently conducted a survey to review Huu-ay-ahts implementation of the 30 recommendations and their impact on citizens wellness and development. The survey report is in the process of being completed and will be made available to Huu-ay-aht Executive Council and citizens.

Social Services Project Opportunities

- Programs provided to Huu-ay-aht citizens should (at a minimum)have the following information collected, or provided to by an agent or contractor delivering the program or service:
    - date, time and location
    - description of program
    - number of participants
    - successes and challenges
    - recommendations to address further needs
- Amend the Citizen Development Regulation expanding the role of the Citizen Development Officer to include the duties as per Social Services Panel Recommendation 17.
- Ensure minutes and reports from the Quality Assurace and Implementation & Oversight Committees are made available to the Citizen Development Committee and Officer.
- Continue implementation of programs and services recommended by the Social Services Panel



Social Assistance Program

Individuals and families are responsible for managing their individual financial affairs and maintaining themselves to the extent their resources permit. The Huu-ay-aht Social Assistance Program provides financial support to eligible adults and their dependants that are unable to meet their basic needs.

Standards for Federally Supported Programs

The Fiscal Financing Agreement sets the parameters for Huu-ay-aht's Social Development or Income Assistance Policy and Procedures as follows:

Huu-ay-aht's Social Development or Income Assistance Policy and Procedures must insure the following:

- There is equality of access to programs and services,
- Objectivity needs or income tests are conducted for applicant who apply for programs or services,
- A formally defined benefits schedule specifying types of income assistance available, the rates of assistance and conditions and criteria for eligibility, is publicly available,
- There is an impartial process for the appeal of an administrative decision not to provide, to discontinue or to reduce income assistance to an individual,
- An administrative system that ensures confidentiality of applicant information; and
- In respect of the Federal Supported Programs and Services Huu-ay-aht First Nation will ensure that Nation Child Benefit Program savings will be invested in accordance with the program.

Social Development Reporting

Huu-ay-aht First Nation will ensure that the following information is collected, or provided to it by an agent or contractor delivering the social development program or service, and that this social development program or service information is provided to Canada in accordance with the reporting procedures:

- Income assistance of individuals to whom that assistance is provided, by category of assistance, age and gender,
- Enrollment and completion rates in training and employment programs of individuals to whom those programs are provided,
- National child benefit reinvestment program.

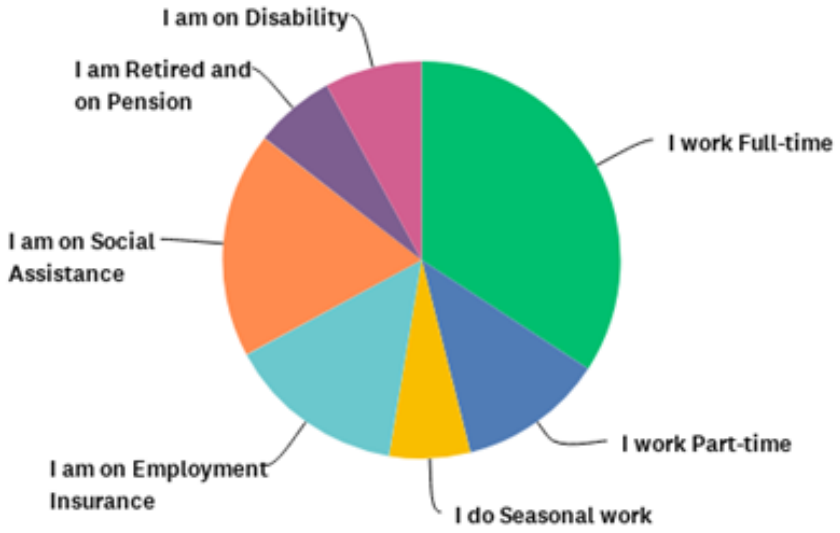
Social Assistance Program Review

Huu-ay-aht Fisrt Nation Income Assistance Policy and Procedures Manual is in draft form and is comprised of sections from many previous years. The manual is very in-depth and comprehensive however it is not an enacted policy approved by Committee or Executive Council. The Citizen Development Officer was not provided any of the Fiscal Financing Agreement Reports as set out in Schedule C.

Social Assistance Program Opportunities

- Finalize the Income Assistance Policy and Procedures Manual to ensure that the provisions set in the Fiscal Financing Agreement are mandated.
- Social Development - Income Assistance Reports must be provided to Canada in accordance with the reporting procedures set out in Schedule C of the Fiscal Financing Agreement. Reports to be provided to the Quality Assurance and Citizen Development Committees for review and input towards programming for Huu-ay-aht Citizens. The reports be made available to the Citizen Development Officer for review and input into the Citizen Development Review Report.

19% of the Citizen Development Survey respondents stated they were on Social Assistance.



Crisis Grant Program

A crisis is defined as an unforeseen instability or danger, as in health, safety, economic leading to a decisive change, a dramatic emotional or circumstantial upheaval in a person's life. Examples: lost job, health emergency, inability to meet basic needs (food, shelter, heat), infrastructure required to ensure health or safety.

Crisis Grant Program Review

The purpose of the Crisis Grant Program is to provide one time assistance (per fiscal year) to individual HFN citizens experiencing unforeseen hardship or crisis.

Crisis Grant Program Opportunities

- Develop an annual review and analysis report to include the access rates of the program and determine any trends in the reasons for accessing the program. The report to be included into an annual department report and presented to the Quality Assurance and Citizen Development Committees. Report to be made available to the Citizen Development Officer for review and input into the Citizen Development Review Report.
- Support citizens that access the Crisis Grant with access to wrap around supports ie; training and education programs.

When citizens were asked if they could cover their monthly expenses almost one half can not confidently cover their monthly expences.

ANSWER CHOICES	RESPONSES	
I often cover my monthly expenses with money left over	15.79%	12
I can cover my monthly expenses	38.16%	29
I am sometimes short on my expenses at the end of the month	27.63%	21
I am always short on my expenses at the end of the month	21.05%	16
Total Respondents: 76		

Elder Support Program

The world we live in is ever-changing and Elders play an important role of teaching balance and sharing and honouring the wisdom of our ancestors. Traditional lifestyles include healthy local foods, high levels of physical activity, and connecting to our spiritual well-being. This ensures optimal health and wellness. To achieve a healthy lifestyle, there are some key areas over which we can support our Elders:

1. Healthy Eating

Healthy eating is the foundation for maintaining good health. Choosing whole foods that are close to nature, traditional foods, and eating a variety of foods in moderation will help you to achieve good health and wellness.

2. Being Active

Getting active and staying active benefits more than just our bodies. It helps to stay engaged in life, improves mood and mental health, increases independence later in life and gives opportunities to meet new people. It also boosts confidence and self-esteem – and some studies show that physical activity can improve sleep and reduce the risk of health issues like dementia by keeping minds in good condition.

3. Nurturing Spirit

Traditional and spiritual healing can be used to prevent and treat chronic conditions and promote health and wellness. It refers to health practices, approaches, knowledge, and beliefs incorporating plant, animal and mineral-based medicines, spiritual therapies, manual techniques, and exercises.

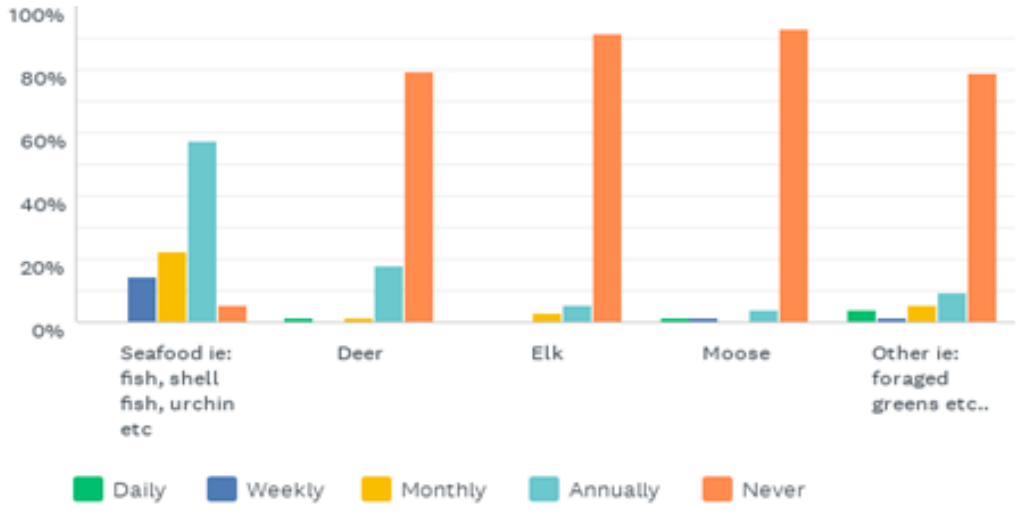
Elder Support Program Review

In 2017 the Huu-ay-aht Elder Support Program offered $200 per month for Huu-ay-aht Elders. In 2018 that was increased to $500 per month. The program was extended into 2019\20 to assist with housing and home repairs.

Elder Support Program Opportunities

- Ensure elders have access to foods from the land by developing community led gardens, fishing, hunting, trapping, or foraging and picking programs and activities that are specifically accessible to Elders.
- Implement cultural activities that support a healthy and active lifestyle. Berry picking, hunting, canoeing, and dancing are great examples of cultural activities that can benefit Elders.
- Programs provided to Huu-ay-aht citizens should (at a minimum)have the following information collected, or provided to by an agent or contractor delivering the program or service:
  - date, time and location
  - description of program
  - number of participants
  - successes and challenges
  - recommendations to address further needs
- Develop an annual review and analysis report to include the access rates of the program and determine any trends in the reasons for accessing the program. The report to be included into an annual department report and presented to the Quality Assurance and Citizen Development Committees. Report to be made available to the Citizen Development Officer for review and input into the Citizen Development Review Report.

Citizen Development Survey responses show that seafood is typically available to citizens but other traditional foods are not as accessible.



Funeral Assistance Program

Funeral Assistance Program Review

The purpose of the Funeral Assistance Policy is to aid HFN families with the costs of funeral expenses and arrangements for deceased HFN citizens. Funding can only be accessed once all other financial avenues have been exhausted (social development, wills, life insurance). The funeral costs and associated costs upon approval of the application will be paid directly to the Funeral Home providing the services and are up to maximum $2,500.

Funeral Assistance Program Opportunities

- Develop an annual review and analysis report to include the access rates of the program and determine any trends in the reasons for accessing the program. The report to be included into an annual department report and presented to the Quality Assurance and Citizen Development Committees. Report to be made available to the Citizen Development Officer for review and input into the Citizen Development Review Report.
- Implement financial planning programs and awareness information for citizens.



5. Child and Family Wellness

Following the publication of the Social Services Project in 2017, the Child and Family Wellness Department was developed to address the disproportionate number of Huu-ay-aht children and youth in care and to bring children home. The Department has grown from one employee to seven full-time employees, as well as contractors, to help respond to the needs of Huu-ay-aht children, youth and families. The departments goal is to prevent the removal of children from their homes and strengthen families through individual and group support. In July 2019, the Child and Family Wellness Department moved to a new office to offer a more confidential and private space dedicated to one on one citizen support and groups

Child and Family Support Program

The Child and Family Wellness Department provides assistance to children, parents and families who are involved with the child protection system. This includes court advocacy, safety planning, family planning, cultural planning, legal support, counselling, parent education, addiction support, and connection to external services.

Child and Family Support Program Review

Protection Support Workers provide support to citizens wanting to strengthen their families and prevent crises before they happen by providing in-home and community support; advocate for citizens meeting with Social Workers and other community agencies; support citizens to help develop plans to have their children returned home or be placed with family; attend court with citizens involved in child protection system; facilitate groups.

Family Support Liaison Workers connect with citizens, couples and families wanting home and community-based support and prevention services; facilitate groups; advocate for citizens during meetings with Social Workers and other community service providers; support citizens to get to appointments, obtain housing and complete housing applications, help citizens access health care and other community resources.

Family Ties and Preservation Worker ensures that the rights of children in care are upheld; that children in care stay connected to family, Huu-ay-aht culture, traditions, and community. Creates Cultural Plans and Family Trees for all Huu-ay-aht children in care or living with family and provides information to non-Huu-ay-aht caregivers and Social Workers about Huu-ay-aht culture, traditions, protocols and cultural events.

Child and Family Support Program Opportunities

- Develop an analysis report to include the access rates of the program and determine any trends in the reasons for accessing the program. The report to be included into an annual department report and presented to the Quality Assurance and Citizen Development Committees. Report to be made available to the Citizen Development Officer for review and input into the Citizen Development Review Report.
- Continue implementation of programs and services recommended by the Social Services Panel

Emergency Support Program

The Child and Family Wellness team supports citizens through child protection, advocacy, individual support, parenting support, connecting to community partners, virtual groups and financial support (food, shelter, utilities, legal bills for child protection cases, formula).

Emergency Support Program Review

Child and Family Wellness staff have set up after-hours phone access for the purpose of emergency support to citizens for child protection, safety and mental health issues.

Financial resources are available for citizens access supports in a crisis situation with the following restrictions:

- Accessed other community supports, such as food banks, prior to being given Purchase Orders for groceries.
- Staff have set new protocol in place with respect to Purchase Orders and now require 2-3 business days to process (unless an emergency).
- Staff are requesting bank statements from citizens who try to access regular supports .
- Messaging is given to citizens that financial supports are intended to be for emergency, not reoccurring situations.

Emergency Support Program Opportunities

- Develop an Emergency Support Policy to outline the criteria for the grant to ensure there is not an overlap with the Community Services department Crisis Grant Program.
- Develop an analysis report to include the access rates of the program and determine any trends in the reasons for accessing the program. The report to be included into an annual department report and presented to the Quality Assurance and Citizen Development Committees. Report to be made available to the Citizen Development Officer for review and input into the Citizen Development Review Report.

Counselling Program

According to the Canadian Mental Health Association, one in five individuals in Canada will experience a mental health issue in their lifetime. Like physical illnesses, mental illnesses can take many forms. When people engage in mental health counselling, they often gain:

- personal empowerment and insight
- hope
- acceptance of life
- life skills
- wellness
- prevention of future mental health distress

Counselling Program Review

The Clinical Counsellor provides:

- Individual, couples, family and group counselling sessions.
- Sessions for citizens of all ages who would like support with trauma, grief and loss, parenting, relationship, mental health, substance use and other challenges.
- Assists citizens wanting to go to Detox, Treatment and Second Stage Housing through the pre-admission counselling, assistance with application/admission, transitions and after-care plan implementation.
- Group facilitation.
- Referrals to community partners.

Counselling Program Opportunities

- Develop an annual review and analysis report to include the access rates of the program and determine any trends in the reasons for accessing the program. The report to be included into an annual department report and presented to the Quality Assurance and Citizen Development Committees. Report to be made available to the Citizen Development Officer for review and input into the Citizen Development Review Report.

SMART Recovery Program

SMART Recovery's approach to behavioural change is built around our 4-Point Program®:

- Building and maintaining the motivation to change.
- Coping with urges to use.
- Managing thoughts, feelings, and behaviours in an effective way without addictive behaviours.
- Living a balanced, positive, and healthy life.

SMART Recovery Program Review

The SMART Recovery Program is a free, weekly group in Anacla to help citizens resolve problems with any addiction (such as drugs, alcohol, gambling or over-eating). Citizens will find and develop the power within themselves to change and lead fulfilling and balanced lives. Participants ranged from 0-4 per session.

SMART Recovery Program Opportunities

- Develop an analysis report to include the access rates of the program and any facilitator recommendations and challenges. The report to be included into an annual department report and presented to the Citizen Development Committee. Report to be made available to the Citizen Development Officer for review and input into the Citizen Development Review Report.

ʔuuʔałuk Group

Taking Care Of… In this context, this is about taking care of present and future generations as well as taking care of self.

ʔuuʔałuk Group Review

The ʔuuʔałuk Group is a sixteen week program where women learn strategies for taking care of self (ʔuuʔałuk) and developing healthy relationships with self and others.

ʔuuʔałuk Group Opportunities

- Develop an analysis report to include the access rates of the program and any facilitator recommendations and challenges. The report to be included into an annual department report and presented to the Citizen Development Committee. Report to be made available to the Citizen Development Officer for review and input into the Citizen Development Review Report.

3. Health

Many programs offered to Huu-ay-aht citizens are delivered by Nuu-chah-nulth Tribal Council (NTC): health promotion, health education, home visits, chronic condition management, education, and assessments of needs, connecting to external services, illness prevention, immunizations, vaccinations, flu clinic, pandemic & communicable disease education, prevention and control, pre-natal and neo-natal vitamins, and access to care, and coordination of basic dental services in Anacla. There is also assistance with coordination of patient travel and medical assistance (prescriptions, medical equipment, cataracts, vitamins, and coordination of hospital aftercare).

Nuu-chah-nulth Tribal Council Health Services Agreement

Huu-ay-aht has a service agreement with Nuu-chah-nulth Tribal Council for the delivery of Health Care Services specified under the Fiscal Financing Agreement.

Fundamental principles of the agreement:

- Huu-ay-aht purchases an interest in health care programs and services - not entering into a fee for service agreement.
- Huu-ay-aht will transfer to NTC an amount proportionate to the cost of delivering the same service to other First Nations for which NTC is funded by the First Nation Health Authority.
- Huu-ay-aht and NTC recognize that community health planning and service delivery requires ongoing collaboration between HFN and NTC to best meet citizen needs.

Nuu-chah-nulth services provided to Huu-ay-aht:

- Immunization and communicable disease control,
- Shared community health promotion and prevention,
- Home and community care nursing assessment, support, and monitoring,
- Clinical counselling,
- Management and supervision for services funded under the FFA and to provide access to additional health services from other funding sources.

Community Health Program

Community health is the intersection of healthcare, economics, and social interaction. Community health is a medical specialty that focuses on the physical and mental well-being of the people in a specific geographic region. This important subsection of public health includes initiatives to help community members maintain and improve their health, prevent the spread of infectious diseases, and prepare for natural disasters.

The Fiscal Financing Agreement sets the parameters for Huu-ay-aht's Community Health Programs and Services as follows:

Huu-ay-aht First Nation will ensure the provision of the following Federally Supported Programs and Services to Indians ordinarily residing on it Maa-nulth First Nation Lands:

- Immunization and communicable disease control; (to be delivered on an aggregate basis) Community health promotion and prevention programs; and
- Home and community care. (to be delivered on an aggregate basis)

Huu-ay- aht's Health Policy and Procedures must insure the following:

- Programs and services will be delivered in accordance with a community health plan,
- the principals of the Canadian Health Act will be upheld,
- there will be an impartial process in place for the appeal of an administrative decision to not provide, to discontinue or to reduce services or benefits to an individual,
- there will be equality of access to programs and services by all eligible individuals; and
- in respect of in-home care, including home care nursing, a formally defined benefits schedule specifying types of assistance available, rates of assistance and conditions and criteria for eligibility, will be available to Indians ordinarily resident on its Maa-nulth First Nation Lands and, upon request, to Canada.

Community Health Program Reporting

The HFN Fiscal Financing Agreement sets the parameters for Huu-ay-aht's Community Health Reporting as follows:

The following health status and service delivery information will be collected on an annual basis and made available, upon request, to Canada, in accordance with the reporting procedures C.1 to C.5 set out in Schedule C of the Fiscal Financing Agreement:

- immunization status,
- incidence of communicable diseases; and
- home and community care program essential service elements (in-home care, home care nursing)

Huu-ay-aht First Nations will provide a report annually, in accordance with the reporting procedure C.6 set out in Schedule C, to Health Canada comprising:

- a summary of health programs and services delivered,
- data on health services, operations, and results,
- a report on challenges and changes to the health status of Indians ordinarily resident on its Maa-nulth First Nation Lands; and
- if applicable, an updated community health plan.

Huu-ay-aht First Nation will evaluate all federally supported health programs and services and report to Health Canada every five years in accordance with the reporting procedure C.7 set out in the Schedule C of the Fiscal Financing Agreement. The evaluation report will include the following elements:

- a summary of health programs and services delivered,
- data on health services, operations, and results,
  challenges and changes to the health status of Indians ordinarily resident on its Maa-nulth First Nation Lands; and
- an updated community health plan stemming from the 5-year evaluation report.

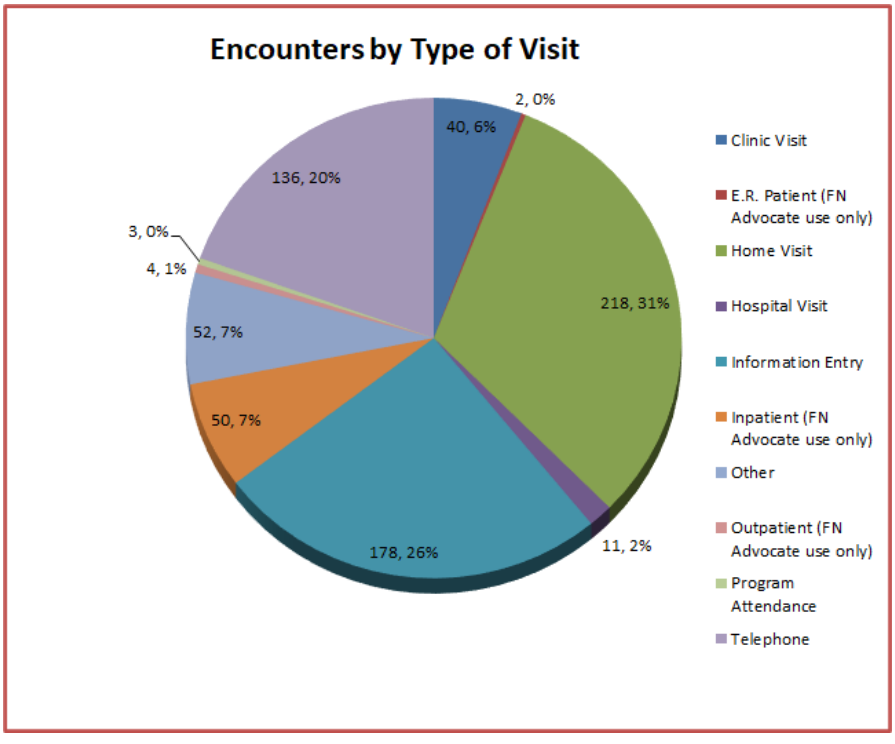
Community Health Program Review

The Fiscal Financing Agreement outlines the Health Program and reporting requirements to be delivered to Huu-ay-aht citizens. The reports provided from Nuu-cha-nulth were not all complete. Many details required to compile efficient measurable information on citizen attendance such as; time and dates of programs and feedback from program facilitator, were omitted from the reports. The Community Health plan has not been developed as per the agreements. The Community Health Plan is the guide for Nuu-ch-nulth and Huu-ay-aht to plan effective Health Programs that support community wellness.

Community Health Program Opportunities

- Work with Nuu-cha-nulth Tribal Council to complete a Community Health Plan as required in the Fiscal Agreement
- Further work with Nuu-chah-nulth Tribal Council to ensure that reporting standards under the Fiscal Financing Agreement standards are being met.
- Provide the Fiscal Financing Agreement Reports to the Citizen Development and Quality Assurance Committees for review.
- The reports be made available to the Citizen Development Officer for review and input into the Citizen Development Review Report.

Nuu-cha-nulth Tribal Council report of encounters April 1, 2019 to Sept 30, 2019



Mental Health Program

Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices. Mental Wellness means a lot more than the absence of mental illness – it takes in all areas of a person's life. Mental wellness is the presence of factors that promote and maintain physical, mental, emotional, and spiritual balance.

Teechuktl Mental Health Department of Nuu-chah-nulth Tribal Council provides counselling, traditional healing, and other services that support the mental, emotional, and spiritual well-being of Nuu-chah-nulth individuals, families, and communities.

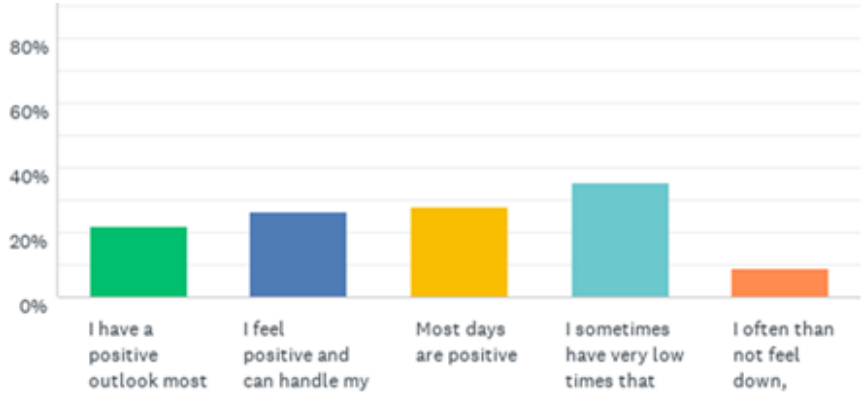
Counseling Services

- Teechuklt Counselling
- Crisis Counselling
- Indian Residential School Counselling

Quu'asa Program

- Traditional cultural and spiritual healing
- Counselling
- Cultural support
- Resource materials
- Residential School resolution support
- Referrals to Treatment programs

When citizens were asked how they would rate their overall mental health in the Citizen Development Survey we saw a good majority satisfied with their mental health, however over 35% report struggling on a daily basis.



Mental Health Program Review

Huu-ay-aht offers connection to addictions counselling, supports, treatment centers, travel to treatment, grief and loss workshops, suicide prevention, violence prevention. This is an area for potential growth. There are glaring gaps in service for citizens. Counselling support is only available on Wednesdays from 10:30 am until 1 pm in the Anacla community. There are no formal support groups available (AA, NA, children who witness abuse, etc.) through the Nation but Nuu-chah-nulth Tribal Council helps connect citizens to the appropriate resources.

Mental Health Program Opportunities

- Mental Health plan to be included into the Huu-ay-aht Health Plan developed under the Fiscal Financing Agreement or the Huu-ay-aht Program and Services Delivery Act (recommended)

- Program review and monitoring to ensure programs for individuals and families to be mentally healthy and well approaches are:
    - Making progress on the social detriments of health,
    - Remove stigma around metal health and wellness,
    - Address chronic underfunding in this area,
    - Grounded in Huu-ay-aht culture, and
    - Incorporate community-driven and Nation based decision-making.

- Encompasses a range of fully integrated programs and services including but not limited to:
    - Culture and traditional healing,
    - Health and wellness literacy, promotion, prevention, capacity-building, education,
    - Early identification and intervention,
    - Wrap-around supports, including aftercare,
    - Harm reduction,
    - Crisis response,
    - Trauma-specific services,
    - Withdrawal management/detox,
    - Trauma-informed person/family-centered treatment/services, and
    - Coordination of care and care planning.

4. Non-Insured Health Benefits

Alternative Health Care Program

Alternative health care" – A variety of therapeutic or preventive health-care practices that are not typically taught or practiced in traditional medical communities and offer treatments that differ from standard medical practice. Homeopathy, herbal medicine, neuro feedback, and acupuncture are types of alternative medicine. Items not covered are tea leaf readings/ psychics. "Traditional healing" - embodies the use of native plants, as well as is a whole philosophy and spiritual practice surrounding health and well-being.

Alternative Health Care Program Review

The purpose of the Alternative Health Care and Traditional Healing program is to provide Huu-ay-aht citizens with opportunities to seek alternative care options for achieving optimal health and wellness.

This policy applies to:

- All Huu-ay-aht citizens over the age of 18 years of age,
- A legal representative of a minor Huu-ay-aht child (under the age of 18 years)

Citizens can access up to a maximum of $500.00 for services, healers, and medicines, vitamins, or traditional medicines that are not normally covered by other programs once the budget is exhausted applications will be denied.

It is unclear if the policy is still active as 4.3 "This funding is time limited funding as a result of the "Specific Claims" negotiations. It is subject to the availability of funds. This program is considered a temporary program and may not continue after March 2017.

Alternative Health Program Opportunities

- Determine through prior years usage, the need of the program and allocate an annual budget accordingly.
- Update the Alternative Health Care and Traditional Healing Policy .
- Develop an annual review and analysis report to include the access rates of the program and determine if there are trends in the reasons for accessing the program. The report to be included into an annual department report and presented to the Citizen Development Committee. Reports to be made available to the Citizen Development Officer for review and input into the Citizen Development Review Report.

Dental Program

The Indigenous people of Canada (including First Nations, the Inuit and the Métis) have remained one of the most disadvantaged groups in the Canadian healthcare system for decades. This is reflected in the dental care system as well.
The auditor general of Canada's fall 2017 report brought to light two devastating facts:

- Inuit and First Nations people have nearly twice as much dental disease as other Canadians.
- Health Canada does not know whether its dental programming for Indigenous Canadians is actually improving their oral health.

Dental Program Review

The purpose of the Dental Policy program is to help alleviate the financial burden of the high-cost dental fees that are not covered under FNHA or any medical plan. This will allow for citizens to access dental services and improve their oral health and provide citizens the opportunity to eat nutritional food and remain healthy.

Citizens can access funding for dental work that is over $200.00 per family. Employable families are only eligible for 50% coverage of this dental expense. Examples: braces, bridges, crowns. Once the budget is exhausted applications will be denied. This is one time funding per fiscal year.

It is unclear if the policy is still active: 4.3 "This funding is time limited funding as a result of the "Specific Claims" negotiations. It is subject to the availability of funds. This program is considered a temporary program and may not continue after March 2019".

Dental Program Opportunities

- Determine through prior years usage, the need of the program and allocate an annual budget accordingly.
- Update the Dental Policy.
- Develop an annual review and analysis report to include the access rates of the program and determine any trends in the reasons for accessing the program. The report to be included into an annual department report and presented to the Citizen Development Committee. Report to be made available to the Citizen Development Officer for review and input into the Citizen Development Review Report.

Patient Travel Program

Patient Travel Program Review

Medical patient travel benefits are available to assist clients to access medically required health services that cannot be obtained in the community of residence.
The funding for this program comes from First Nations Health Authority. The program is only facilitated by the Huu-ay-aht First Nations. HFN does not set the policy or procedures for this program.

Travel rates:

- $0.225 per kilometer paved roads.
- $0.29 per kilometer gravel roads.
- $10/day meals (must be 6 hours traveling)
- Hotel rooms & taxes (no incidentals) – must be efficient and economical.
- Extra funding may be available for travel costs of an escort (patient must be medically incapacitated or a minor child).

Benefits may be provided for patients to access the following types of medically required health services:

- medical services defined as insured services by BC Medical Services (e.g. physician, specialist, hospital care);
- diagnostic tests and medical treatments covered by provincial/territorial health plans alcohol, solvent, drug abuse and detox treatment
- traditional healers (must be pre-authorized); and
- Non-Insured Health Benefits (vision, dental, mental health).

Huu-ay-aht Patient Travel Subsidy does not match the information provided on Huu-ay-aht website.

Patient Travel Program Opportunities

- Update the Patient Travel Subsidy Program information to meet the terms of FNHA policies.

- Develop an annual review and analysis report to include the access rates of the program and determine any trends in the reasons for accessing the program. The report to be included into an annual department report and presented to the Citizen Development Committee. Report to be made available to the Citizen Development Officer for review and input into the Citizen Development Review Report.

4. Education, Trades & Training

Education Program

The Huu-ay-aht government and administration recognizes that learning is not confined to childhood or the classroom but takes place throughout life and in a range of situations. Huu-ay-aht First Nations has some policies and programs that supports citizens learning journey. Huu-ay-aht will also assist in accessing resources available to citizens current community and region.

The HFN Fiscal Financing Agreement sets the parameters for Huu-ay-aht's Federally Supported Programs and Services for Eligible Students as follows:

- Instructional services for Eligible Students attending Kindergarten to Grade 12
- Instructional support services including:
  - Ancillary services for eligible Students attending Kindergarten to Grade 12,
  - Accommodation,
  - Student allowances,
  - Guidance and counselling, and
  - Comprehensive instructional support services,
- Transportation for Eligible Students, and
- In respect for Huu-ay-aht First Nation Citizens, wherever they reside in Canada, financial support to attend accredited post-secondary education or training institutions.

"Eligible Student" – means an Indian, ordinarily resident on Maa-nulth First Nation Lands, who is enrolled in and attending a federal, provincial, a private or independent school recognized by the province as \an elementary or secondary institution, a band operated school, or a school operated by Huu-ay-aht First Nations.

Education Program Reporting

Huu-ay-aht First Nation will ensure that the following information is collected, or provided to it by an agent or contractor delivering the program or service as per Procedure C.13 and C.14 of the Fiscal Financing Agreement:

- Enrollment and completion rates and numbers of Eligible Students by type of educational institution, Kindergarten to Grade 12, and
- Enrollment and completion rates and number of individuals by type of educational institution, Post-secondary

Education Program Review

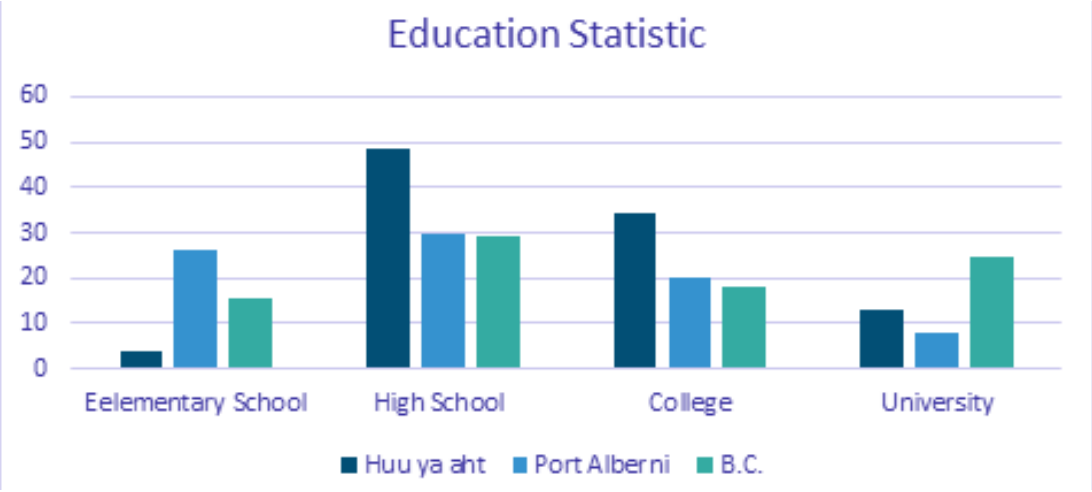
Huu-ay-aht Education Department supports citizens through the following programs:

- School Supply Allowance Program
- Attendance Recognition
- Student Recognition Award Programs
- Support for learners with extra learning needs
- Bus passes
- Recreation support and tutoring.
- Child and youth worker at the community school provides cultural and language education,
- One on one support,
- After-school programs and classroom support.
- Post-secondary support

Education Program Opportunities

- Education Program Reports must be provided to Canada in accordance with the reporting procedures set out in Scedule C of the Fiscal Financing Agreement. Reports to be provided to the Quality Assurance and Citizen Development Committees for review and input towards programming for Huu-ay-aht Citizens. The reports to be made available to the Citizen Development Officer for review and input into the Citizen Development Report.

The Citizen Development Survey statistics showed high percentage of Huu-ay-aht Citizens completing high school and college.



Early Childhood Education Program

Paawats Himwitsa Review

In February 2006, the Huu-ay-aht Elders (Nananiiqsu), parents and children started meeting to plan a language nest program. The community hosted an 8-week language nest pilot project and in 2007 hired an Early Childhood Educator to facilitate the program and to expand services to include preschool and childcare.The language nest was named “Paawats” meaning “nest” in Huu-ay-aht. The Early Childhood Educator’s role is to implement a quality program for the children. Children are gifts from the Creator and deserve the best care and education we can give them.

The Anacla Paawats is a licensed facility with Island Health. Paawats operates three times per week year-round. Whenever possible, parents are encouraged to attend with their children, so that they learn enough to encourage language at home. The early childhood educator supports the children’s learning by planning play activities that are appropriate to the age and skill levels of the children. The children play and learn through a variety of activities including art, playdough, blocks, puzzles, and books. The elders bring Huu-ay-aht knowledge including traditional teachings, culture, and language. The elders speak to the children and each other in Huu-ay-aht language as much as possible. We have a language circle time of approximately 15 – 20 minutes where the children enjoy songs, rhymes, and games in Huu-ay-aht. The children who attend learn Huu-ay-aht words for indigenous animals, body parts, colors, counting, family names (grandma, baby, etc.) and a variety of commonly used words and phrases. After language circle, everyone enjoys a nutritious lunch.

Building on the success of Anacla Paawats, the Port Alberni Paawats was opened in November 2014 and is serving Huu-ay-aht families in the Port Alberni region.

Early Childhood Education Opportunities

- Develop an annual review and analysis report to include the access rates of the program and determine any trends in the reasons for families not accessing the program. The report to be included into an annual department report and presented to the Quality Assurance and Citizen Development Committees. Report to be made available to the Citizen Development Officer for review and input into the Citizen Development Review Report.

Youth & School Support Program

Education supports include school supply allowance, student recognition, support for learners with extra learning needs, bus passes, recreation support and tutoring. Child and youth worker at the community school provides cultural and language education, one on one support, after-school programs and classroom support.

School Supply Allowance Review

Kindergarten & Grades 1 – 5 receive a $50 Staples gift card; Grades 6 -12 receive a $100 cheque.

Attendance Recognition Review

HFN encourages Huu-ay-aht children to attend school regularly. Regular attendance in school helps children keep up with their studies and peers, makes it easier to learn to read and can build a child's confidence. Good attendance in school also sets the stage for the rest of their lives to do well in high school, college and at work.

Huu-ay-aht First Nations' students completing Grade 1 through 12 are eligible to apply for attendance recognition at the end of every school year.
·Recognition rate is based on grade level & attendance of 10 months and approximately 180 days of instruction in a school year.

- Grades 1 through 9: $10.00 a month = $ 100.00
- Grades 10 through 12: $20.00 /month = $ 200.00

Students are permitted 15 days of absences for illness during the school year. If more than 15 absences are reported, the student may qualify for a reduced recognition amount. Students do not qualify for attendance recognition if they are absent for 35 or more days during the school year. Students in self-paced learning/home schooling do not qualify for the attendance recognition program.

Graduation Recognition Review

Huu-ay-aht First Nations' citizens who have completed (High School, Post-Secondary, Trades, Adult Dogwood) graduation requirements are eligible to apply for financial recognition from the Nation.

Student Recognition Awards Review

ƛiišin Academic Excellence Award

HFN recognizes academic achievement for students who have completed Grades 4 through 12 with an overall GPA of at least 6.0 (a “B” average). Eligible students with a GPA of at least 6 for the year (summary of all report cards for the year) will be awarded Honour Roll recognition of $150.

Kiixʔin Chief Louie Award

For Huu-ay-aht students in grades K – 12 who demonstrate and understand “Ancient Spirit, Modern Mind”. Applicants will embrace ʔiisaak (respect), Hišuk ma c̓awak (everything is one and all is connected), ʔuuʔałuk (taking care of), huupiistał (teaching others), have good attendance and always try their best. Must have the support of a teacher/principal AND a Huu-ay-aht Haẇiił or Elder.

Kathy Nookemus Memorial Award

For Huu-ay-aht students in grades 1 – 12 who have overcome adversity, try their best at everything, and are a positive role model for other students with personal struggles. Student should have an Individual Education Plan (IEP) or attend an alternate school or program.

Hišuk ma c̓awak Healthy & Active Award

For Huu-ay-aht students in grades K – 12 who are living healthy and active lives through community connections and extra-curricular activities including sports, clubs, groups and classes; e.g. Hip Hop Class, Sports Team, Marital Arts Class, Gymnastics Club, Swim Club, Cooking Class, etc. Must have the support of a teacher, coach, or an Elder.

ʔiisaak Community & Culture Award

For Huu-ay-aht students in grades K – 12 who are involved with their community through events and culture, e.g., Dance Practice, Wellness Workshops, After School Club, Regalia Making, Potlatches, Feasts, Beach Clean-up, Aboriginal Day Celebrations, Community Carving Project, etc. Must have the support of a teacher, community worker, or an Elder.
Cultural Crafts

Youth & School Support Program Opportunities

- Develop Kindergarten to Grade 12 Education Policy for procedures and agreements under the Fiscal Financing Agreement or the Program and Services Delivery Act (recommended) to include provisions for instructional services, instructional support services and transportation for eligible students.
- Education Program Reports must be provided to Canada in accordance with the reporting procedures set out in Schedule C of the Fiscal Financing Agreement. Reports to be provided to the Quality Assurance and Citizen Development Committees for review and input towards programming for Huu-ay-aht Citizens. The reports to be made available to the Citizen Development Officer for review and input into the Citizen Development Report.
- Develop an annual review and analysis report to include the access rates of the program. The report to be included into an annual department report and presented to the Quality Assurance and Citizen Development Committees. Report to be made available to the Citizen Development Officer for review and input into the Citizen Development Review Report.

Post-secondary Education Program

Post-Secondary Program Policy Review

Huu-ay-aht First Nations Post-Secondary Program Policy sets the guidelines for:

- Eligible Programs
- Withdrawals
- Approval of Applications
- Performance
- Appeals
- Additional Supports

The Education Department administers the Huu-ay-aht First Nations Post-Secondary Program, under the direction of the Director of Community Services with many courses and programs eligible to be funded through the HFN Post-Secondary Program. Courses must be an accredited program offered at an accredited institution to qualify for funding.

Eligible programs:

- Post-secondary courses, or any college or university program leading to a certificate, diploma, or degree.
- Trades and Applied Technology Programs (Foundational and Apprenticeship programs).
- Adult Basic Education (ABE), Occupational and Workplace Training, and any other employment-related education courses.
- Graduate-level programs that lead to a diploma, certificate, master's degree, or a doctorate.
- Post Secondary Preparation

Post-secondary Program Opportunities

- Education Program Reports must be provided to Canada in accordance with the reporting procedures set out in Scedule C of the Fiscal Financing Agreement. Reports to be provided to the Quality Assurance and Citizen Development Committees for review and input towards programming for Huu-ay-aht Citizens. The reports to be made available to the Citizen Development Officer for review and input into the Citizen Development Report.

Trades & Training Program

Trades & Training Sponsorship Program Review

The HFN Education department may sponsor a program for citizens to receive training, gain skills, and find employment. This may be a one-day program like a First Aid course or an Excel course for example, an H2S course, or something more extensive that builds skills. HFN also looks for partners to support training needs through employers or other training organizations.

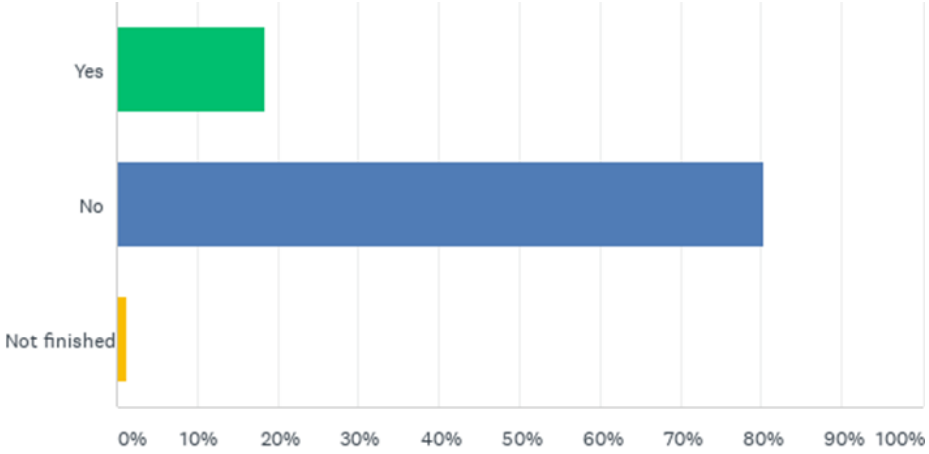
Huu-ay-aht offers:

- Funding for clothing and equipment that is required to work.
- Support with resume and cover letter writing as well as interview readiness.
- Job placement support.
- Targeted information about upcoming training and employment programs at employment agencies (like INEO, NETP, WorkBC).

Trades & Training Sponsorship Program Opportunities

- Develop an annual review and analysis report to include the access rates of the program and determine any trends in the reasons for accessing the program. The report to be included into an annual department report and presented to the Quality Assurance and Citizen Development Committees. Report to be made available to the Citizen Development Officer for review and input into the Citizen Development Review Report.

80% of the Citizen Development Survey respondents have not utilized any Huu-ay-aht offered Education Programs



6. Language & Culture

Cultural Program

The Cultural Program was developed in 2011 to provide cultural support to its citizens, government, and administrative programs. Today, the program provides support to the Nananiiqsu Society, Paawats, Bamfield Community School, children in care, Traditional Foods, Food Fish, HFN Communications and general administration.

Cultural Program Review

The Cultural program aids citizens who want to learn about Huu-ay-aht culture and includes traditional teachings, cultural protocol, language, craft/art workshops, dance practice, drumming practice, Nananiiqsu (Elders group), cultural events, support for citizens hosting cultural events, assistance with food fish distribution, and educating staff about protocol and traditions.

Area's of cultural support for citizens include:

- Guidance for using cultural protocols, ceremonies, regalia, or practices.
- Family trees.
- Dance practice.
- Cultural crafts.
- Questions about important places, foods, people, items.
- Access to an Elder.
- Tell you which chief's house you belong to.

The following programs are facilitated within the cultural department at HFN:

- Nananiiqsu Society support
- Food Fish (Distribution only)
- Special event requests
- Dance practices and Culture night

Cultural Program Opportunities

- Develop an annual review and analysis report to include the access rates of the program. The report to be included into an annual department report and presented to the Quality Assurance and Citizen Development Committee. Report to be made available to the Citizen Development Officer for review and input into the Citizen Development Review Report.

Elder Liaison and Cultural Advisor Program

Cultural and Elder advisors preserve a way of life based on spirituality, sacredness, reciprocity, education and social responsibility by helping to integrate traditional cultural factors that protect and enhance the health and well-being of citizens.

Elder Liaison Cultural and Advisor Program Review

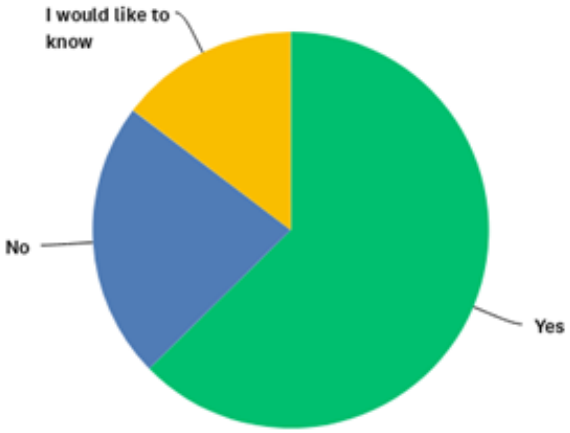
Huu-ay-aht Cultural and Spiritual Advisor offers cultural and spiritual support such as brushings, smudging, bathing in river, and prayers; sobriety support; referrals to Child and Family Wellness Team and community partners.

Huu-ay-aht Elder Liaison primarily supports elders through hospital visits and supports families with funeral arrangements/funeral support. Outreach services such as hospital visitation, home visits, talk about grief and loss issues; Elder support; support for any citizen wanting to connect with an Elder.

Elder Liaison and Cultural Advisor Program Opportunities

- Develop an analysis report to include the access rates of the program and any recommendations and challenges. The report to be included into an annual department report and presented to the Quality Assurance and Citizen Development Committee. Report to be made available to the Citizen Development Officer for review and input into the Citizen Development Review Report.

Citizens have great awareness and interest in Family Tree - from the respondents 63% are aware of their Family Tree and 15% of the 22% that do not would like to know.



Cultural Crafts Program

Cultural craft tells a story – the story of where it came from, who made it, the culture and heritage. A cultural craft has an authentic relationship with the people and the place it comes from. Creative and cultural expression can promote community strength and resilience, in turn contributing to improved health outcomes.

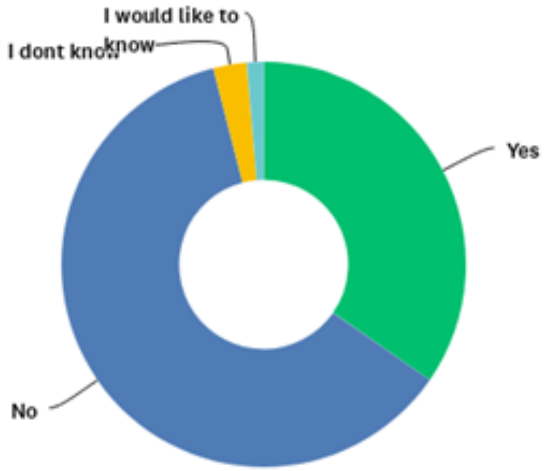
Cultural Crafts Program Review

This group provides an opportunity for citizens living in Port Alberni and Anacla to connect with one another and learn cultural crafts such as beading, weaving, drawing, painting and Regalia making. Knitting and crocheting will also be taught, dependent upon participant interest.

Cultural Crafts Program Opportunities

- Programs provided to Huu-ay-aht citizens should (at a minimum)have the following information collected, or provided to by an agent or contractor delivering the program or service:
  - date, time and location
  - description of program
  - number of participants
  - successes and challenges
  - recommendations to address further needs

When asked Do you have a traditional name? The majority (61%) of respondent citizens did not have a Traditional name while 35% do.



Cultural Events

Baby Welcoming Event

Huu-ay-aht hosted a Baby Welcoming event June 2019 where nine babies were honoured in person, with the baby gifts sent to the two babies who couldn't attend. Fourteen parents were present (1 mother was unable to attend but babe came with family). Twenty-one family members attended plus a social worker and the Child and Family Wellness Team and some Executive Council. Babies were presented with cedar headbands, drums and drumsticks, animal bath toys, cultural board books. Family had a luncheon at Tseshaht Community Center with drumming and singing.

Honouring Family Connections Event

A major priority of the Social Services Program is to reduce the number of children in care and to return children to their families and we lift our hands and honour families who have worked hard to have children returned to them or have cared for Huu-ay-aht children. Honouring Family Connections was a celebration for parents, caregivers and children and the commitment they have made to one another.
Huu-ay-ahy hosted a Blanketing Ceremony where the children and youth were presented with a blanket with their family name and a Devil's Claw bead for protection. Seven families participated and 18 children were blanketed.

Cultural Events Opportunities

- Programs provided to Huu-ay-aht citizens should (at a minimum)have the following information collected, or provided to by an agent or contractor delivering the program or service:
    - date, time and location
    - description of program
    - number of participants
    - successes and challenges
    - recommendations to address further needs

Warriors Program

The Warriors Program is a traditional land-based leadership program for Huu-ay-aht young men ages 9-18 from remote communities. Adult mentors from within our community as well as adult mentors from outside the Nation, meet with youth for the following activities:

- survival skills.
- leadership development
- wellness information
- facilitation skills, teaching our young men how to lead this program for our Nation

Warriors Program Review

One weekend per month (48 hours) the youth will be out on Hahouthlee (traditional territory) learning Huu-ay-aht teachings and stories. Youth will have opportunities to learn about and integrate the Sacred Principles of ʔiisaak, ʔuuʔałuk and Hišuk ma c̓awak by spending one evening per week (3-4 hours) helping elders and other community members.
Seven youth have joined the program but attendance has been reduced due to COVID. The program is still under development as staff is looking at funding opportunities, training plans and activities.

Warriors Program Opportunities

- Develop an analysis report to include the access rates of the program and any facilitator recommendations and challenges. The report to be included into an annual department report and presented to the Quality Assurance and Citizen Development Committees. Report to be made available to the Citizen Development Officer for review and input into the Citizen Development Review Report.

When citizens were asked, how would you rate your overall satisfaction with your Spiritual Cultural Health, 46% did not feel connected.

ANSWER CHOICES	RESPONSES	
I attend Spiritual or Cultural events weekly	8.00%	6
I attend Spiritual or Cultural events bi weekly	2.67%	2
I attend Spiritual or Cultural events monthly	5.33%	4
I attend Spiritual or Cultural events bi-annually (a couple times a year)	37.33%	28
I do not feel connected	46.67%	35
TOTAL		75

7. Recreation & Sport

Recreation Support Program

In the Truth and Reconciliation Report (2015), sport and recreation are identified as tools for social development to improve the health and well-being of individuals and communities. Sport means different things to different peoples and groups. For many individuals, the primary purpose of sport is to build self-esteem among youth. Sport and activity gives youth a sense of purpose and direction, and, in some cases, helps them to engage in more appropriate activity during their free time while they find their way in the world.

Tlu-piich Games (NTC Program) Review

The Tlu-piich Games is an annual gathering of Nuu-Chah-Nulth First Nations, of all ages. In a spirit of friendship and unity, the games provide an opportunity of community and social interaction and participation in sport and traditional events. Promoting a healthy balanced lifestyle through family-oriented activities, focusing on Youth, the Games will enhance the lives of all participants. The games go on for 5 days in the summer and include Canoe Races, Basketball Tournament, Track & Field, Fast Ball, Slow Pitch

Recreation Support Opportunities

- Ensure all Huu-ayaht Citizens have access to traditional Aboriginal sports and recreational activities that nurture mental, physical, emotional, and spiritual health. Allocate an annual budget to support Healthy Activity Programs.
- Create more opportunities for our youth to participate in healthy and fun activities through partnerships with societies such as ISPARC.
- Develop an annual review and analysis report to include the access rates of the programs. The report to be included into an annual department report and presented to the Quality Assurance and Citizen Development Committees. Report be made available to the Citizen Development Officer for review and input into the Citizen Development Review Report.

Next Steps

Huu-ay-aht Citizens have the right to define what health and wellness means to them, how it should be measured, and how data should be owned and stewarded "as it best reflects their aspirations and needs. The process of developing indicators, and the indicators themselves, should be acknowledged and developed by Huu-ay-aht Citizens.

Recommendation:

Huu-ay-aht work towards developing a more comprehensive citizen wellness monitoring strategy.

Key steps to the continuance of implementing Huu-ay-aht's Citizen Development and Community Service Programs:

1. Provide Citizens the opportunity to review the report by giving public notice of the report.
2. Opportunities have been provided for each program and should be implemented by staff and overseen by the Quality Assurance and Citizen Development Committee.

3. Citizen Development Committee to provide Executive Council a progress report on Huu-ay-aht citizen development by Sept 30, 2021.

4. Ensure Huu-ay-aht staff have the capacity and financial resources to implement programs that lead to Citizen Development.

Conclusion

This report provides opportunities and a starting point to support the Citizen Development Project and citizen wellness. One of the most important next steps will be determining what exactly Huu-ay-aht staff and citizens are aiming to measure (e.g. broad health goals or shared priorities), which will inform the extent of measurement (i.e. whether this takes the form of several indicators, an action item added to the next Citizen Development Officer Report, or a full citizen wellness monitoring strategy) and, finally, the actual indicators themselves.

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